

CETRIZIN 10MG TABLET

Cetirizine dihydrochloride (10mg)

WHAT IS IN THIS LEAFLET?

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Read this entire leaflet before you start taking the medication.

- Keep this leaflet. You may need to read again.
- Ask your doctor or pharmacist if you need more information or advice.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

1. WHAT *CETRIZIN* IS USED FOR

CETRIZIN contains the active ingredient *Cetirizine dihydrochloride*.

CETRIZIN is used to treat:

- Allergic symptom
- Hay fever
- Hives
- Itching
- and other allergic conditions.

2. HOW *CETRIZIN* WORKS

In an allergic reaction the body releases histamine. Histamine causes rashes, sneezing, itching and other allergic ailments. *CETRIZIN* contains *Cetirizine dihydrochloride* which is an antihistamine compound that helps to stop histamine from working in the body that can cause allergy symptoms.

3. BEFORE YOU TAKE *CETRIZIN*

When you must not take it

Do not take *CETRIZIN* if you:

- Have ever had allergic reaction to *CETRIZIN*, the active ingredient *Cetirizine dihydrochloride*, or to any other ingredients in this product.
- Are pregnant, or think you are pregnant.
- Breast feeding or plan to breast feed.

If you are not sure whether you should start taking this medicine, consult your doctor.

Before you start to take it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Taking / using other medicines

Inform your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Pregnancy and breast-feeding

Tell your doctor if you are pregnant; think you are pregnant or planning to become pregnant. *CETRIZIN* is not recommended during pregnancy and may cause harm to your baby.

Tell your doctor if you are breastfeeding or about to start breastfeeding. *CETRIZIN* is not recommended for mothers who are breastfeeding. Your doctor may choose another treatment for you if you wish to breastfeed.

4. HOW TO TAKE *CETRIZIN*

Always take *CETRIZIN* exactly according to the instructions given to you by your doctor or pharmacists. If you are unsure, check with your doctor or pharmacist.

How much to take

- *Adults and children above 12 years*
Start by taking 10mg per day. Depending on your response and severity of the symptoms, the dosage can be increased to 20mg a day.
- *Children 6 years and above*

Start by taking 10mg per day as a single dose, or for easier consumption the tablet can be cut into half and given as 2 doses of 5mg taken twice daily.

When to take it

Take your medicine at the same time every day.

Taking with food and drink

CETRIZIN can be taken with or without food.

How long to take it

Continue to take your medicines as long as your doctor tells you.

If you forget to take it

Take your dose as soon as you remember and continue to take it as you would normally. Do not take a double dose to make up for the dose you missed or taking more doses at a time. This may cause unwanted side effects.

If you take too much (overdose)

If you or anyone else takes too many tablets, you should immediately go to your nearest hospital emergency department or tell your doctor. Do this even if there are no signs of discomfort or poisoning. Take the carton or any remaining tablets you have with you.

Severe drowsiness maybe observed after an overdose of *CETRIZIN*.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

5. WHILE YOU ARE USING *CETRIZIN*

Things you must do

- Always take *CETRIZIN* exactly according to the instructions given to you by your doctor or pharmacists. If you are unsure, check with your doctor or pharmacist.
- Inform your doctor or pharmacist if you are taking or if you have recently taken any other medicines, including

medicines obtained without a prescription such as supplements or traditional medicines.

- Tell your doctor or pharmacist immediately if you notice any side effects, or if the side effects gets serious or anything else that make you feel unwell.
- If you become pregnant, or plan on becoming pregnant while taking *CETRIZIN*, tell your doctor immediately.
- If you are about to be started on a new medicine, remind your doctor and pharmacist that you are taking *CETRIZIN*.

Things you must not do

- Do not stop taking your medicines without consulting your doctor. It is important to keep taking your medicine even if you feel well.
- Do not use *CETRIZIN* after the expiry date which is stated on the carton and blister.
- Do not give this medication to anyone else, even if they have the same condition as you.

Things to be careful of

- **Driving and using machines**
Be careful when driving or operating machineries while you are taking *CETRIZIN*. *CETRIZIN* may cause dizziness or drowsiness in some people. If you experience dizziness or drowsiness, consult your doctor before attempting such activities.

Drinking alcohol together with *CETRIZIN* may worsen the dizziness and drowsiness symptoms.

6. POSSIBLE SIDE EFFECTS

All medicines can have side effects. *CETRIZIN* may cause unwanted side effects although not everybody gets them.

Tell your doctor or pharmacist if you notice the following side effects:

- Headache
- Dizziness
- Drowsiness
- Agitation
- Dry mouth
- Gastrointestinal discomfort

Tell your doctor or pharmacist immediately if you notice the side effect continues or getting serious or anything else that make you feel unwell. Other side effects not listed above may also occur in same people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

7. STORAGE AND DISPOSAL OF *CETRIZIN*

Storage

Store in a cool dry place below 30°C.
Store in original package to protect from light, heat and moisture.

Keep out of the reach and sight of children.

Disposal

The expiry date of *CETRIZIN* is printed on the carton and blister. Do not use if after expiry date.

If your doctor tells you to stop taking *CETRIZIN* or the expiry date has passed, ask your pharmacist what to do with the remaining medicines.

8. PRODUCT DESCRIPTION

What it looks like?

CETRIZIN 10mg tablet is a long round end biconvex tablet with bisec line on one side and coated with white film. *CETRIZIN* comes in strip of 10 tablets per strip and packed in boxes of 10 and 50 blister each.

Ingredients

The active ingredient:
Each tablet contains 10mg of *Cetirizine dihydrochloride*.

The other ingredients are:
Colloidol silicon dioxide, Hydroxypropyl methyl cellulose, Polysorbate, Lactose, Sodium starch glycolate, Corn starch, Polyethylene glycol, Povidone, Magnesium stearate, Titanium dioxide.

Registration Number
MAL20034217AZ

9. MANUFACTURER AND PRODUCT REGISTRATION HOLDER

Manufacturer:

T.O.CHEMICALS (1979) LTD.
53 Lieb-Klong 7 Road, Moo 4,
Bueng Kham Phroi, Lam Luk Ka,
Pathumthani 12150. Thailand.

Product Registration Holder

IMEKS Pharma Sdn. Bhd.
No. 5 & 9, Jalan Udang Harimau 2,
Medan Niaga Kepong,
51200 Kuala Lumpur. Malaysia.

Date of Revision:

27/07/2023

Serial Number

NPRA(R2/1)230724/1111