SELFIDE LOTION

DESCRIPTION
A reddish-brown suspension containing 2.5 g of selenium sulfide per 100 ml.

INDICATION
For the treatment of seborrhoeic dermatitis, tinea versicolor, dandruff and as an adjunct in the treatment of tinea capitis.

RECOMMENDED DOSE
SCALP TREATMENT - Apply **Selfide Lotion** to wet hair, lather and leave on scalp for 3 minutes. Rinse. Repeat treatment. Then rinse thoroughly in running water. Use twice weekly at first, then as necessary as physician directs.

SKIN TREATMENT - Apply undiluted to affected areas for 10 minutes. Rinse thoroughly. Repeat daily for 1 week or as physician directs.

ROUTE OF ADMINISTRATION
For topical use.

CONTRAINDICATIONS
- Hypersensitivity to any of the ingredients.
- Do not allow contact with broken and severely inflamed skin.

WARNINGS AND PRECAUTIONS
- For external use only. Keep out of eyes; if **Selfide Lotion** gets into the eyes, wash thoroughly with cold water.
- Do not leave the lotion in contact with the hair or skin for more than the recommended duration as irritation, burning sensation or blistering may occur and do not use more often than recommended.
- **Selfide Lotion** is not to be ingested.
- In the event of accidental ingestion, take all appropriate measures immediately.
- **Selfide Lotion** must not be applied to or on infected or broken skin as this may cause systemic absorption of the selenium sulfide.

PREGNANCY AND LACTATION
Avoid during pregnancy and breastfeeding.

SIDE EFFECTS
Immune system disorder
Frequency unknown: Hypersensitivity, rash and urticarial.

Skin and subcutaneous tissue disorder
Frequency unknown: Irritation and sensitization, sometimes described as a burning sensation, blistering can occur, especially if the shampoo is kept in contact with hair or skin for longer than the recommended duration.
Alopecia can occur. Hair colour changes may occur; this can be avoided or minimized by thorough washing of the hair after treatment.

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Seborrhoea (oiliness of hair and scalp) or application site dryness may occur.

INTERACTION WITH OTHER MEDICAMENTS
- If the hair has been damaged by chemical substances (like dyeing or bleaching products or as a result of a permanent wave or relaxing treatment) or if the hair is grey or white, discoloration of the hair may occur. In order to avoid discoloration of the hair it must be thoroughly rinsed immediately after use.
- **Selfide Lotion** should be very thoroughly rinsed from hair before dyeing, tinting, or permanent waving the hair. It should not be applied for a period of two days before or after any of these procedures.
- Gold, silver and other metallic jewellery should be removed prior to use of **Selfide Lotion**, since discoloration of the metals may occur.

SYMPTOMS AND TREATMENT OF OVERDOSE
If ingested, vomiting should be provoked and general supportive measures given.

EFFECTS ON ABILITY TO DRIVE AND USE MACHINES
No studies on the effect on the ability to drive or use machines have been performed.

PHARMACODYNAMICS
Selenium sulfide appears to have a cytostatic effect on cells of the epidermis and follicular epithelium, thus reducing corneocyte production. Selenium sulfide acts as an antiseborrhoeic agent which effectively controls itching and scaling dandruff. It has activity against certain dermatophytes including *Pityrosporum orbiculare*, the organism causing pityriasis versicolor (tinea versicolor).

PHARMACOKINETICS
Not applicable.

EXCIPIENT
Titanium dioxide, Bentonite, Citric acid, Sodium dihydrogen phosphate, Sodium chloride, Colour perfume, Texapon 103L, Comperlan LD, Cutina AGS, Dehyton K, Cetiol HE, Bronidox L.

PACKING AND STORAGE CONDITION
Bottle of 60 or 120 ml.

Store in a cool dry place, below 30 °C.
Keep out of reach of children.
IF SWALLOWED SEEK MEDICAL ADVICE IMMEDIATELY.

Shelf life: 3 years

MANUFACTURED BY:
T.O. CHEMICALS (1979) LTD.
280 Soi Sabaijai, Suthisarnwinijai Road,
Samsennok, Huay-Kwang,
Bangkok 10310, Thailand.

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