

WINAMOL CF Tablets

Paracetamol / Pseudoephedrine Hydrochloride / Chlorpheniramine Maleate (325 mg/ 30 mg/ 2mg)

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What WINAMOL CF is used for

It is used to relief symptoms of headache, muscular ache, fever, sneezing, nose congestion, itchy and watery eyes associated with flu, common colds and allergic rhinitis (inflammation of the mucous membrane inside the nose).

How WINAMOL CF works

WINAMOL CF contains Paracetamol, Pseudoephedrine hydrochloride and Chlorpheniramine maleate as actives. Paracetamol works to stop the pain message from getting through the brain. Paracetamol also works in the brain to reduce fever. Pseudoephedrine hydrochloride is a decongestant which unblocks your nose and sinuses helping you breathe more easily. Chlorpheniramine maleate is an antihistamine which can help to relieve the symptoms of allergies.

Before you use WINAMOL CF

-When you must not use it

Tell your doctor before using WINAMOL CF if you are:

- allergic to paracetamol, pseudoephedrine, chlorpheniramine, other antihistamines or any of the other ingredients in the product.
- taking or have taken in the past two weeks drugs called monoamine oxidase inhibitors (MAOI's)
- taking other medicines for the relief of colds and flu, congestion or blocked nose, stimulant drugs called amphetamines (sometimes used to treat attention deficit disorders), or appetite suppressants, or other medicines containing antihistamines (sometimes used to treat allergy)

-Pregnancy and breastfeeding

Tell your doctor or pharmacist if you are pregnant, planning to get pregnant or are breastfeeding. Ask your doctor or pharmacist for advice before taking any medicine.

This product should not be used in pregnancy and breastfeeding unless considered essential by a physician.

-Before you start to use it

Check with your doctor before use if you have severe hypertension, severe coronary artery disease or severe renal impairment.

Caution should be exercised in patients:

- with liver impairment, or mild to moderate kidney impairment.
- With cardiovascular disease, arrhythmias, hypertension, hyperthyroidism, prostatic enlargement, diabetes, glaucoma, or pheochromocytoma (a tumor near the kidney), epilepsy, bronchitis (lung infection), bronchiectasis (excess mucus build up in the lung) and bronchial asthma.
- taking beta-blockers or other anti-hypertensives.

This preparation contains PARACETAMOL. Do not take any other paracetamol containing medicines at the same time.

-Taking other medicines

Inform your doctor or pharmacist before taking this medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop. Some medications and this product can interfere with each other.

You should talk to you doctor or pharmacist if you are on the following:

- warfarin and other coumarins (medicines used to thin the blood).
- pseudoephedrine hydrochloride-containing products and MAOIs (or within two weeks of stopping MAOI)
- decongestant, appetite suppressant and amphetamine-like psychostimulants
- Pseudoephedrine-containing products

- chlorphenamine and hypnotics or anxiolytics (anti anxiety)
- medicines containing phenytoin for fits.

How to use WINAMOL CF

-How much to use

Always use WINAMOL CF exactly as your doctor has prescribed. You should check with your doctor or pharmacist if in doubt.

The usual dose:

Adults (including the elderly) and children 12 years and over:

Take 1 to 2 tablets every 4 to 6 hours as needed.

Maximum daily dose: 8 tablets in 24 hours.

Maximum duration of continued use without medical advice: 7 days.

Minimum dosing interval: 4 hours

Children aged 6-11 years:

Take 1 tablet every 4 to 6 hours as needed.

Maximum daily dose: 4 tablets in 24 hours.

Maximum duration of continued use without medical advice: 3 days.

Minimum dosing interval: 4 hours

Not recommended for children under the age of 6 years, except under medical advice.

-When to use it

For oral administration.

Minimum dosing interval: 4 hours.

Do not exceed the stated dose or frequency of dosing.

Should not be used with other products containing paracetamol, decongestant or antihistamines, including cough and cold preparations.

-How long to use it

Continue taking WINAMOL CF as your doctor recommended. If symptoms persist, consult your doctor.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

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Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using WINAMOL CF

Things you must do

- Inform your doctor or pharmacist if symptoms persist after taking this medication.
- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking WINAMOL CF.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor.
- Do not give WINAMOL CF to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

Avoid drinking alcohol with this medicine. This product may cause drowsiness, dizziness, or blurred vision. You should not drive or operate machinery until you are sure you are not affected.

ALLERGY ALERT: Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters and rash. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance immediately.

Side effects

Like all medicines, WINAMOL CF can cause side effects, although not everybody gets them. Visit your doctor

or pharmacist immediately if you experience any side effects after taking this medicine. Stop taking this medicine and tell your doctor immediately if you develop this common side effects or any reactions other than listed below:

- Nervousness, Insomnia.
- Dizziness
- Vomiting, dry mouth, nausea
- Sedation, somnolence
- Disturbance in attention, abnormal coordination, dizziness, headache
- Blurred vision
- Nausea, dry mouth
- Fatigue

These reactions are rare. Cutaneous hypersensitivity reactions including skin rashes, angioedema, Stevens Johnson Syndrome/Toxic Epidermal Necrolysis have been reported.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and disposal of WINAMOL CF

Storage

Store below 30°C. Protect from light. Keep out of reach of children.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

White to off-white colour, circular biconvex tablet with debossing 'CF' on top and plain on the bottom.

Mode of administration

Oral

Dosage Form

Uncoated tablets

Packaging

Packed as in 10 tablets per Alu-PVDC blister pack.

-Ingredients

-Active ingredient

Paracetamol, Pseudoephedrine Hydrochloride, Chlorpheniramine Maleate.

-Inactive ingredients

Microcrystalline Cellulose, Pregelatinized starch, Colloidal Anhydrous Silica/Colloidal Silicone Dioxide (Aerosil), Stearic Acid, Potassium Sorbate, Povidone K25 (Kollidon K25).

-MAL number

MAL23036011AZ

Manufactured by and Product Registration Holder

KCK Pharmaceutical Industries Sdn. Bhd.

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