

FlameX Forte Oral Suspension

Sodium Alginate/ Dried Aluminium Hydroxide/ Calcium Carbonate/ Simethicone (250mg/100mg/75mg/25mg per 5ml)

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What FlameX is used for

FlameX is indicated in the relief of symptoms of gastroesophageal reflux such as acid regurgitation, heartburn and indigestion. It also helps to relieve gastrointestinal conditions caused by excessive gas (flatulence).

How FlameX works

FlameX contains aluminium hydroxide and calcium carbonate as antacid to reduce gastric acidity in the stomach. Sodium alginate is used with an antacid to reduce reflux and Simethicone helps to reduce flatulence.

Before you use FlameX

-When you must not use it

Tell your doctor before using FlameX if you have hypersensitivity to any of the ingredients.

-Pregnancy and breastfeeding

Tell your doctor or pharmacist if you are pregnant, planning to get pregnant or are breastfeeding. FlameX may be used during pregnancy, but under supervision of a doctor.

-Before you start to use it

Use with caution for children younger than 12 years old.

-Taking other medicines

Inform your doctor or pharmacist before taking this medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and FlameX may interfere with each other. They may be affected by FlameX or may affect how well it works.

Aluminium compounds and calcium salts interact with many other drugs. Interactions can be minimized by giving the aluminium compound and calcium carbonate and any other medication 2 to 3 hours apart.

How to use FLAMEX

-How much to use

Always use FlameX exactly as your doctor has prescribed. You should check with your doctor or pharmacist if in doubt.

The usual dose:

Adults and children over 12 years: 10-20 ml after meals and at bedtime, up to four times a day.

Children under 12 years: Should be given only on medical advice.

-When to use it

Use as directed by your doctor or pharmacist.

-How long to use it

Continue taking FlameX as your doctor recommended. If symptoms persist, consult your doctor.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

It may lead to gastric hyper secretion and acid rebound. Calcium carbonate can cause hypercalcaemia, particularly in patients with kidney impairment or after high doses.

While you are using FlameX

Things you must do

- Inform your doctor or pharmacist if symptoms persist after taking this medication.
- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking FlameX
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor.
- Do not give FlameX to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

If symptoms do not improve after seven days, the clinical situation should be reviewed.

Treatment of children younger than 12 years of age is not generally recommended, except on medical advice.

Side effects

Like all medicines, FlameX can cause side effects, although not everybody gets them.

If symptoms persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- Aluminium hydroxide is astringent and may cause constipation. In large doses can cause intestinal obstruction.
- May lead to phosphate depletion accompanied by increased bone resorption and elevated calcium in the urine (hypercalciuria) with the risk of softening of the bone (osteomalacia) in patients with low-phosphate diets.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers →

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Reporting Side Effects to Medicines
(ConSERF) or Vaccines (AEFI)]

Storage and disposal of FlameX

Storage

Store below 30°C.

Keep medicine out of reach of children.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

Orange colour suspension with peppermint flavour.

-Ingredients

-Active ingredient

Sodium Alginate, Dried Aluminium Hydroxide, Calcium Carbonate, Simethicone

-Inactive ingredients

Sodium Bicarbonate, Sodium Methylparaben, Sodium Propyl Paraben, Cetylpyridinium Chloride, Sodium Saccharin, Microcrystalline Cellulose, Carboxymethyl Cellulose Sodium, Xanthan Gum, Sorbitol Solution 70%, Sugar Syrup, Sunset Yellow, Peppermint oil, Hydrogenated castor oil and Purified Water.

-MAL number

MAL19096033X

Manufacturer and Product

Registration Holder

KCK Pharmaceutical Industries Sdn. Bhd.

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