

# REXOM ASCORBIC ACID TABLET

Ascorbic Acid (100 mg)

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**What Rexom Ascorbic Acid is used for**  
For Vitamin C deficiency.

## How Rexom Ascorbic Acid works

Rexom Ascorbic acid contains ascorbic acid which will prevent ascorbic acid deficiency in the body.

## Before you use Rexom Ascorbic Acid

### -When you must not use it

Do not take this medicine if you have:

- An allergy to any of the ingredients listed in this leaflet.
- Hyperoxaluria (too much oxalate crystals in the urine).

### -Before you start to use it

Talk to you doctor before taking this medicine.

### Pregnancy and lactation

Talk to you doctor before taking this medicine if you are pregnant, might become pregnant or are breastfeeding.

Pregnant women should exercise caution. Ascorbic acid is excreted in breast milk.

### -Taking other medicines

Inform your doctor or pharmacist before taking this medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Rexom Ascorbic Acid may interfere with each other. They may be affected by Rexom Ascorbic Acid or may affect how well it works.

- Ascorbic acid increases the renal excretion of amphetamine.

- The plasma concentration of ascorbate is decreased by smoking and oral contraceptives.
- Ascorbic acid increases the absorption of iron.
- Concomitant administration of aspirin and ascorbic acid may interfere with absorption of ascorbic acid.
- Renal excretion of salicylate is not affected and does not lead to reduce anti-inflammatory effects of aspirin.
- Concomitant administration of aluminium- containing antacids may increase urinary aluminium elimination.
- Concurrent administration of antacids and ascorbic acid is not recommended, especially in patient with renal insufficiency.
- Co-administration with amygdalin can cause cyanide toxicity.
- Concurrent administration of ascorbic acid with deferoxamine enhances urinary iron excretion.

## How to use Rexom Ascorbic Acid

### -How much to use

Always use Rexom Ascorbic Acid exactly as your doctor has prescribed. You should check with your doctor or pharmacist if in doubt.

### The usual dose:

Adult: 100-250 mg once or twice daily

Children above 6 years old: 100 mg three times daily for one week followed by 100mg daily until symptoms abate.

### -When to use it

Use as directed by your doctor or pharmacist.

### -How long to use it

Continue taking Rexom Ascorbic Acid as your doctor recommended. If symptoms persist, consult your doctor.

### -If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking large dose may cause diarrhoea and the formation of renal oxalate calculi (kidney stone), acidosis (too much acid in the body fluids) or haemolytic anaemia (red blood cell hemolysis) in certain individuals with a deficiency of glucose 6-phosphate dehydrogenase.

## While you are using Rexom Ascorbic Acid

### -Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are taking Rexom Ascorbic Acid.

### -Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor.
- Do not give Rexom Ascorbic Acid to anyone else, even if they have the same symptoms or condition as you.

### -Things to be careful of

Increase intake of ascorbic acid over a prolonged period may result in an increased renal clearance of ascorbic acid.

Deficiency may result if the intake is reduced or withdrawn rapidly.

## Side effects

Like all medicines, Rexom Ascorbic Acid can cause side effects, although rarely occur when used within the prescribing limits.

If side effects persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- Nervous system disorders: headache.
- Vascular disorders: flushing.
- Gastrointestinal disorders: nausea, vomiting and stomach cramps. Large

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doses of ascorbic acid may cause diarrhoea.

- Skin and subcutaneous tissue disorders: redness of skin.
- Renal and urinary disorders: Patients known to be at risk of hyperoxaluria (excessive urinary excretion of oxalate) should not ingest ascorbic acid doses exceeding 1g daily as there may be increased urinary oxalate excretion.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]”

## Storage and disposal of REXOM Ascorbic Acid

### -Storage

Keep container tightly closed. Store in dry place below 30°C. Protect from light.

Keep medicine out of reach of children.

### -Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### -What it looks like

Orange round and top scored.

### -Ingredients

Each tablet contains:

-Active ingredient  
Ascorbic Acid (100mg)

-Inactive ingredients

Icing Sugar, Lactose, Sodium Saccharin, Sunset Yellow, Kollidon PVP, Corn Starch, Orange Captarome, and Magnesium Stearate

### -MAL number

MAL19911363XZ

## Manufacturer and Product Registration Holder

KCK Pharmaceutical Industries Sdn. Bhd.

Plot 61, Bayan Lepas Industrial Park  
Phase 4, Lintang Bayan Lepas 1,  
11900 Bayan Lepas, Pulau Pinang,  
Malaysia.

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18/03/2025

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