

REXOM™ HYDROCORTISONE CREAM 1%

Hydrocortisone Acetate BP (1% w/w)

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What REXOM™ Hydrocortisone is used for

It is indicated for the treatment of eczema, infantile eczema, atopic dermatitis, dermatitis herpetiformis, contact dermatitis, seborrhoeic dermatitis, neuro-dermatitis, forms of psoriasis and intertrigo.

How REXOM™ Hydrocortisone works

REXOM™ Hydrocortisone Cream 1% contains 1% w/w Hydrocortisone Acetate BP which is absorbed systemically. Occlusion or use over extensive areas increases absorption of topical dosage forms. It is metabolized in skin.

Before you use REXOM™ Hydrocortisone**-When you must not use it**

- If you are allergic (hypersensitive) to Hydrocortisone Acetate or any of the other ingredients of Hydrocortisone Cream 1%.
- If you have tuberculous infection of skin, fungus infection, herpes simplex, vaccinia, varicella and extensive open wound.

-Before you start to use it

You must tell your doctor if:

- You have allergies to any medicine which you have taken previously to treat your current condition. .
- You are pregnant, trying to become pregnant or breast-feeding.

-Taking other medicines

Always inform your doctor and pharmacist if you are taking any other medicines, including herbal tonics,

supplements and medicines that you buy without prescription.

How to use REXOM™ Hydrocortisone

Always take this medicine exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure. Do not take this medicine by mouth. This medicine is only for topical application.

-How much to use

Apply a thin layer to the affected skin area one to three times daily. When dilution is required, the diluted cream should not be used two weeks after issue.

-When to use it

Use as directed by your doctor or pharmacist.

-How long to take it

Continue using REXOM™ Hydrocortisone for as long as your doctor recommends.

-If you forget to take it

- If you forget a dose, use it as soon as you remember it.
- However, if it is nearly time for the next dose, skip the missed one.
- Do not use a double dose to make up for a forgotten dose.

-If you use too much (overdose)

Symptoms of toxicity that is associated with topical corticosteroids therapy may be characterized as either local or systemic. Symptoms are described under 'Side effects'.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it**-Things you must do**

Tell your doctor if your symptoms worsen or they do not improve.

If you do become pregnant whilst using REXOM™ Hydrocortisone, tell your doctor.

-Things you must not do

Do not give REXOM™ Hydrocortisone Cream 1% to anyone else, even if their symptoms seem similar or they have same condition as you. Your doctor has prescribed REXOM™ Hydrocortisone for you and your condition.

-Things to be careful of

Corticosteroids should not be used in the presence of infection.

Long term topical use is best avoided especially in children and during pregnancy.

Side effects

Like all medicines, REXOM™ Hydrocortisone may cause side effects, although not everybody gets them. The following side effects may happen with this medicine.

- impaired wound healing
- thin fragile skin
- petechiae and ecchymoses
- facial erythema
- increased sweating
- may suppress reactions to the skin tests

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Consult your doctor or pharmacist if you are in doubt or for any further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]
Storage and Disposal

Storage and Disposal**-Storage**

Do not use after the expiry date stated on the label. The expiry date refers to the last day of that month.

Keep container tightly closed. Store below 30°C. Protect from freezing, heat and direct light.

Keep out of reach of children.

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-Disposal

Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

White to off-white colour, smooth, homogenous cream.

-Ingredients

- Active ingredient

Hydrocortisone Acetate BP

- Inactive ingredients

Emulsifying Wax, Liquid Paraffin BP, White Soft Paraffin BP, Methyl Paraben, Propyl Paraben and Purified Water.

MAL number

MAL19860159AZ

Manufacturer and Product

Registration Holder

KCK Pharmaceutical Industries Sdn.

Bhd.

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