

BENCODYL LINCTUS

Diphenhydramine HCL/Ammonium Chloride/Sodium Citrate/Menthol Crystal (14mg/135mg/57mg/ 1.1 mg per 5ml)

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What BENCODYL LINCTUS is used for

BENCODYL LINCTUS is used to relieve unproductive cough. It is also used in the treatment of parkinsonism and for the prevention of motion sickness.

How BENCODYL LINCTUS works

BENCODYL LINCTUS works by blocking a certain natural substance (histamine) that your body makes during an allergic reaction. Its drying effects on such symptoms as watery eyes and runny nose are caused by blocking another natural substance made by your body (acetylcholine).

Ammonium Chloride acts indirectly by irritating gastric mucosa which causes vomiting that will increase respiratory tract fluid secretion thus decreasing viscosity of sputum and presumably making it easier to cough up.

Menthol works to relieve symptoms of bronchitis, sinusitis and other similar conditions which can cause coughing.

Sodium Citrate works as mucolytic, an agent which breaks

down mucus, so that coughing up the phlegm is easier.

Before you use BENCODYL LINCTUS

-When you must not use it

Do not take BENCODYL LINCTUS if you:

- Are allergic to any medicine containing diphenhydramine or ammonium chloride or to any other ingredients listed at the end of this leaflet.
- Do not give this medication to premature infants or neonates.
- Do not use this medicine in children under 2 years of age.
- Do not take this medicine after the expiry date printed on the pack or
- If the packaging is torn or shows signs of tempering.
- If it has expired or is damaged, return it to your pharmacist for disposal.
- If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

- Before you start to use it

- To be used with caution and doctor's or pharmacist advice in children 2 to 6 years of age.
- Tell your pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.
- Tell your doctor or pharmacist if you are pregnant or plan to become pregnant or are breastfeeding.
- Your doctor or pharmacist can discuss with you the risk and benefits involved.

- Taking other medicines

- Tell your pharmacist the medicines, including any that you get without a prescription from your pharmacy, supermarket of health food shop. Some medicines and BENCODYL LINCTUS may interfere with each other. They may be affected

by BENCODYL LINCTUS or may affect how well it works.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

How to use BENCODYL LINCTUS

How much to use

- For adults take 5 to 10 ml, 3 to 4 times daily.
- For children take 2.5 to 5ml, 3 to 4 times daily.

When to use it

To be taken daily 3 to 4 times (every 6- 8 hours), if required.

How long to use it

Cough or cold medicine is usually taken only for a short time until your symptoms clear up.

If you forget to use it

- Since cough and cold medicine is usually taken only as needed, you may not be on a dosing schedule. If you are taking the medication regularly, take the missed dose as soon as you remember.
- If it is almost for your next dose, skip the missed dose and take the medicine at your next regularly scheduled time. Do not take extra medicine to make up the missed dose.

If you use too much (overdose)

- Seek emergency medical attention if you think you have used too much of this medicine. Overdose of antihistamine may cause irregular movement of the muscle, serious fever, sleeplessness, nervousness, disrupt in heartbeat, involuntary of muscle contraction and muscle twitching.

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While you are using it

Things you must do

- Talk to your pharmacist or doctor if your symptoms do not improve.
- Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.
- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking BENCODYL LINCTUS.
- Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

- Do not use any other over-the-counter medication such as cough, cold or allergy medication without first asking your doctor or pharmacist.
- If you take certain products together you may accidentally take too much of this medicine.
- Read the label of any other medicine you are using to see if it contains diphenhydramine.
- Do not take diphenhydramine to treat any other complaints unless your pharmacist or doctor tells you to.
- Do not give your medicine to anyone else, even if they have the same condition as you.
- Do not take more than the recommended dose unless your pharmacist or doctor tell you.

Things to be careful of

- Diphenhydramine can cause side effects that may impair your thinking or reactions. Be careful if you drive, operate machinery or do anything that requires you to be awake and alert.
- Avoid drinking alcohol. It can increase some of the side effects of diphenhydramine.

Side effects

Tell your pharmacist or doctor if you do not feel well while you are taking BENCODYL LINCTUS. This medicine helps most people, but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects. Do not be alarmed by the following list of side effects. You may not experience any other then. Ask your pharmacist or doctor to answer any questions you may have.

Tell your doctor or pharmacist if you notice any of the following and they worry you:

- drowsiness,
- blurred vision,
- dryness of mouth, nose or throat,
- difficult or painful of urination (micturition),
- gastrointestinal disturbances.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of BENCODYL LINCTUS

-Storage

Keep container tightly closed. Store below 30°C. Protect from light. Keep out of reach of children.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

Dark brown liquid with raspberry flavour.

-Ingredients

Active ingredients
Diphenhydramine HCl,
Ammonium Chloride, Sodium Citrate, Menthol Crystal.

Inactive ingredients

Citric Acid Anhydrous, Sodium Benzoate BP, Raspberry flavour, Liquid Caramel, Liquid Glucose, Purified Water and Sugar Syrup.

MAL number:

MAL19860108AZ

Manufacturer and Product Registration Holder

KCK Pharmaceuticals Industries Sdn Bhd
Plot 61, Bayan Lepas Industrial Park Phase 4, Lintang Bayan Lepas 1, 11900 Bayan Lepas, Pulau Pinang, Malaysia.

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