

REXOMTM FOLIC ACID TABLET

Folic Acid (5mg)

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What REXOMTM Folic Acid is used for

For prevention and treatment of folate deficiency states and prevention of neural tube defect in the foetus.

How REXOMTM Folic Acid works

REXOMTM Folic Acid contains folic acid, a member of the vitamin B group essential in the production and maintenance of new blood cells.

Before you use REXOMTM Folic Acid

-When you must not use it

Do not use REXOMTM Folic Acid if you

- are hypersensitive to folic acid or other ingredients of the product.
- have low red blood cells and other vitamin B12 deficiency
- have cancer
- have rare hereditary problems of sugar intolerance.

-Before you start to use it

Pregnancy and lactation

Talk to your doctor before taking this medicine if you are pregnant, might become pregnant or are breastfeeding.

Use in pregnancy is often beneficial. Folic acid is excreted in breast milk.

-Taking other medicines

Inform your doctor or pharmacist before taking this medicines, including any that you get without a prescription

from your pharmacy, supermarket or health food shop.

Some medicines and REXOMTM Folic Acid may interfere with each other.

For example:

- Anti-seizures including phenytoin, sodium valproate, carbamazepine and barbiturates.
- Antibiotics such as chloramphenicol and trimethoprim/sulfamethoxazole.
- Lithium therapy.
- Nitrous oxide anaesthesia.
- Ethanol and aspirin.

How to use REXOMTM Folic Acid

-How much to use

Always use REXOMTM Folic Acid exactly as your doctor has prescribed.

You should check with your doctor or pharmacist if in doubt.

The usual dose:

For the prevention and treatment of folate deficiency states.

Adult:

Initially 2 - 4 tablets daily for 14 days or until adequate response obtained.

Maintenance dosage: Half to 2 tablets daily.

Child up to 1 year: 0.25mg/kg daily

1 - 5 years: Half tablet daily

6-12 years: 1 tablet daily

For prevention of neural tube defect in the foetus:

1 tablet daily starting before pregnancy and continued through the first trimester.

-When to use it

Use as directed by your doctor or pharmacist.

-How long to use it

Continue taking REXOMTM Folic Acid as your doctor recommended. If symptoms persist, consult your doctor.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your

next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using REXOMTM Folic Acid

-Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking REXOMTM Folic Acid.
- Tell your doctor immediately if you become pregnant while taking this medication.

-Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give REXOMTM Folic Acid to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

It is not intended for healthy pregnant women where lower doses are recommended, but for pregnant women with folic acid deficiency or women at risk for the reoccurrence of neural tube defects.

Side effects

Like all medicines, REXOMTM Folic Acid can cause side effects, although not everybody gets them.

If side effects persist, do not take the medicine and refer to the doctor.

The side effects associated with the use of folic acid include:

- gastrointestinal disorders: eating disorder, nausea, abdominal distension and flatulence.

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- immune system disorders: allergic reactions comprising reddening or itching of the skin, rash, shortness of breath and serious allergic reactions.

Serial Number:

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You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and disposal of REXOM™ Folic Acid

-Storage

Keep container tightly closed. Store below 30°C. Protect from heat and light.

Keep medicine out of reach of children.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

Yellow colour, round with top score tablet.

-Ingredients

-Active ingredient

Folic Acid

-Inactive ingredients

Lactose monohydrate, magnesium stearate, corn starch and deionised water.

-MAL number

MAL19911375XZ

Manufacturer and Product

Registration Holder

KCK Pharmaceutical Industries Sdn. Bhd.

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Date of revision

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