

Conart-MSM Sachet for Oral Solution

Glucosamine Sulphate 1500mg, Chondroitin Sulphate 1200mg, Methylsulfonylmethane 1500 mg

What is in this leaflet

1. What Conart-MSM is used for
2. How Conart-MSM works
3. Before you take Conart-MSM
4. How to use Conart-MSM
5. While you are using Conart-MSM
6. Side effects
7. Storage and disposal
8. Product description
9. Manufacturer & product registration holder
10. Date of revision
11. Serial Number

1. What Conart-MSM is used for

Conart-MSM is used to relieve osteoarthritis joints problems.

2. How Conart-MSM works

It helps to reduce joint pain, swelling and improves movement of the joints.

3. Before you use Conart-MSM

-When you must not use it

If you are allergic to glucosamine or chondroitin or methylsulfonylmethane or any of the ingredients in it.

-Before you start to use it

Read carefully the instruction from your medical provider and this leaflet to understand how this medication to be taken

-Taking other medicines

Talk to your doctor or a pharmacist if you are taking some medicine to control the blood glucose.

The effect of warfarin (a drug used to prevent blood clotting) may increase during treatment with glucosamine or chondroitin. Inform your doctor if you are using this medicine.

Furthermore, you need to inform them also if you are taking any prescription or nonprescription medicine, herbal preparation, or dietary supplement. In case of concomitant treatment your doctor may consider to measure the effect of warfarin in your blood more frequently.

Some medical conditions may interact with methylsulfonylmethane. Tell your doctor or pharmacist if you have any medical conditions, especially if any of the following apply to you:

- if you are pregnant, planning to become pregnant, or breast-feeding

- if you have allergies to medicines, foods, or other substances

4. How to use Conart-MSM

How much to use?

1 sachet of Conart-MSM to be taken daily before meal. The entire contents of one sachet should be fully dissolved in at least 250ml of water (one glass) and drink immediately.

-When to use it

Conart-MSM can be taken at anytime of the day and preferably before meal

-How long to use it

At least 6-8 weeks or more, depend on your doctor prescription.

-If you forget to use

Take the missed dose as soon as you remember. If it is almost time for you next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

5. While you are using Conart-MSM

-Things you must do

Follow the dose and duration of treatment prescribed by your medical providers. You must see a doctor if your symptoms worsen or do not improve. If any of the side effects get serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

-Things you must not do

Do not leave the sachet exposed once it is opened. Do not keep any partial/balance sachet content for

next dose intake. Do not use this medicine after the expiry date on the carton.

-Things to be careful of

If you have diabetes, closer monitoring of blood sugar levels by your doctor at the beginning of treatment may be necessary. Since glucosamine and chondroitin are obtained from seafood, patients who are allergic to seafood should exercise caution in the use of Conart-MSM.

6. Side effects

May cause stomach discomfort, heartburn, nausea and vomiting. May also rarely cause limbs swelling and heart beats increased. Drowsiness, headache, insomnia (sleep disturbances) have been observed rarely during treatment (less than 1%). May cause hypersensitivity reactions such as skin rashes, itching, redness of the skin, difficulty in breathing or swallowing, tightness in the chest, swelling in the mouth, lips, face or tongue.

Consult your doctor/pharmacist for any side effect encountered while taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website portal npra.gov.my (Consumers -> Reporting Side Effects to Medicines [ConSERF] or Vaccines [AEFI]).

7. Storage and Disposal of Conart-MSM

-Storage

Store at below 30°C in dry place away from heat, moisture and light. Store it in the original package. Keep this medicine in a safe place out of the sight and reach of children.

-Disposal

Dispose the used sachet to the waste disposal bin

8. Product description

-What it look like

White to off-white powder to be dissolved in water and form a clear

Conart-MSM Sachet for Oral Solution

Glucosamine Sulphate 1500mg, Chondroitin Sulphate 1200mg, Methylsulfonylmethane 1500 mg

solution with lemon flavour.

-Ingredients

Active Ingredients: Glucosamine sulphate chondroitin sulphate (bovine origin) and methylsulfonylmethane.

-Other excipients

Mannitol, Macrogol(PEG) 6000,

Sucralose, Lemon flavour, Isopropyl alcohol and water.

-MAL number

Conart-MSM Sachet for oral Solution
MAL15125046X

9. Manufacturer & product registration holder
AV Manufacturing Sdn.Bhd

(667760-V)
Lot 10621 (PT 16700), Jalan Permata 2, Arab Malaysian Industrial Park, 71800 Nilai, Negeri Sembilan, Malaysia.

10.Date of Revision
15 April 2025

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