Condrosa Sachet for Oral Solution

Glucosamine Sulphate Sodium Chloride 1500mg & Chondroitin Sulphate Sodium Chloride 1200mg

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1. What Condrosa is used for?

Condrosa is used to reduce articular pain, improves the articular function and relive osteoarthritis joints problems.

2. How Condrosa works?

It helps to reduce joint pain, swelling and improves movement of the joints.

3. Before you use Condrosa

-When you must not use it

• If you are allergic to glucosamine or chondroitin or any of the ingredients in the product.
• If you are allergic to seafood.

-Before you start to use it

Read carefully the instruction from your medical provider and this leaflet to understand how this medication to be taken.

-Taking other medicines

Talk to your doctor or pharmacist
• if you are taking some medicine to control the blood glucose.
• If you are taking warfarin
• If you have recently taken any other medicines, including medicines obtained without prescription.

Pregnancy and Lactation

Available evidence is inconclusive or inadequate for use in pregnant or lactating mothers. Until more information is available, this product should only be used under medical supervision in pregnancy and lactating mothers if the potential benefit to the mother justifies the potential risk to the fetus.
Administration during the first 3 months of pregnancy must be avoided.

4. How to use Condrosa?

-How much to use?

Adults: One sachet to be taken daily before meal. The entire contents of one sachet should be fully dissolved in at least 250 ml of water (one glass) and drink immediately.

Children: Safety and effectiveness have not been established in children

-When to use it

Condrosa can be taken anytime of the day and preferably before meal.

-How long to use it

At least 6-8 weeks or more, depend on your doctor prescription.

-If you forget to use

Take the missed dose as soon as you remember. If it is almost time for you next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose) Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

5. While you are using it

-Things you must do

Follow the dose and duration of treatment prescribed by your medical providers. You must see a doctor if your symptoms worsen or do not improve

-Things you must not do

Do not leave the sachet exposed once it is opened. Do not keep any partial/balance sachet content for next dose intake.

-Things to be careful of

If you have diabetes, closer monitoring of blood sugar levels by your doctor at the beginning of treatment may be necessary. Since glucosamine is obtained from seafood, patients who are allergic to seafood should caution in the use of Condrosa sachet.

6. Side effects

Cardiovascular: Peripheral oedema, tachycardia were reported in a few patients following larger clinical trials investigating oral administration in osteoarthritis. Causal relationship has not been established.

Central nervous system: Drowsiness, headache, insomnia have been observed rarely during therapy (less than 1%)

Gastrointestinal: Nausea, vomiting, diarrhea, dyspepsia or epigastric pain, constipation, heartburn and anorexia have been described rarely during oral therapy with glucosamine.
Skin: Skin reactions such as erythema and pruritus have been reported with therapeutic administration of glucosamine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website portal npra.gov.my (*Consumers -> Reporting Side Effects to Medicines [ConSERF]or Vaccines (AEFI)]*.

7.Storage and Disposal

-Storage

Store below 30ºC and do not use beyond the expiry date printed on the packaging components.

-Disposal

Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Keep out of reach of children.

8.Product description

-What it look like

Off-white to beige powder to be dissolved in water and forms a clear solution.

-Ingredients

Active ingredients: glucosamine sulphate sodium chloride and chondroitin sulphate sodium chloride.

Other Ingredients: Mannitol, hydroxylpropylcellulose, sucralose, Macrogol (PEG) 6000 and lemon flavour.

-Registration Number:

Condrosa Sachet for Oral Solution
(MAL15125041X)

9. Product Registration Holder & Manufacturer

AV Manufacturing Sdn.Bhd.(667760-V)
Lot 10621 (PT16700), Jalan Permata 2,
Arab Malaysian Industrial Park,
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10. Date of Revision

6 Mar 2025

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