

CONDROPIL® CAPSULE

Glucosamine Sulphate/Chondroitin Sulphate (250mg/200mg)

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1. What Condripil is used for
Condripil is used to relieve joint problems related to osteoarthritis.

2. How Condripil works

Condripil contains glucosamine which forms a key part of cartilage (the cushioning substance between bones in the joints) while chondroitin acts by preventing damage or breakdown of cartilage. Glucosamine and chondroitin act to increase synovial fluid production, thereby providing lubricant activity for proper joint function.

3. Before you use Condripil

-When you must not use it

- If you are allergic to glucosamine or chondroitin or any of the ingredients in the product.
- If you are allergic to seafood.
- Avoid use during the first 3 months of pregnancy.

-Before you start to use it

Read the instruction and this leaflet carefully to understand how this medication should be taken.

Avoid use in children.

Tell your doctor or a pharmacist if you have any medical conditions, especially any of the following:

- if you are pregnant, planning to become pregnant, or breastfeeding.
- if you have allergies to seafood, medicines or other substances. This product contains glucosamine sulphate and Chondroitin sulphate, seafood-derived material. It is not recommended for people with seafood allergies.
- if you have high blood glucose
- if you have severe liver and /or kidney problems

-Taking other medicines

Talk to your doctor or a pharmacist if you are taking:

- any medicine for diabetes (to control the blood sugar), such as metformin, acarbose, repaglinide.
- Warfarin (a blood-thinning drug). Glucosamine may increase the risk of bleeding with warfarin and you may need more frequent blood tests.
- Any prescription or non-prescription medicine, herbal preparation or dietary supplement.

4. How to use Conart

-How much to use?

Adults

Dosing also may be based on severity:

a) Light or moderate osteoarthritis symptoms: 2 capsules taken twice daily for at least 6 weeks or according to prescription

b) Severe osteoarthritis symptoms: Initially treatment of 2 capsules three times daily is recommended for at least 8 weeks-12 weeks.

c) Follow-up therapy: Maintenance therapy should be followed for 3-4 months (as according to prescription) by administration of 2 capsules taken twice daily.

The treatment of osteoarthritis should be repeated every 6 months or less (according to prescription)

Children

Safety and effectiveness have not been established in children

-When to use it

Condripil can be taken anytime of the day and preferably before meals.

-How long to use it

At least 6-8 weeks or more, as advised by your doctor or pharmacist.

-If you forgot to use it

Do not take a double dose to make up for the forgotten one. Just take the next dose at the usual time.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

5. While you are using Condripil

-Things you must do

Follow the dose and duration of treatment prescribed by your medical providers. You must see a doctor if your symptoms worsen or do not improve after 2 or 3 weeks.

-Things you must not do

Do not use this medicine after the expiry date on the sachet/carton.

-Things to be careful of

If you have diabetes, closer monitoring of blood sugar levels by your doctor at the beginning of treatment may be necessary.

6. Side effects

As with all medicines, this product may rarely cause side effects such as

- drowsiness
- headache
- insomnia
- nausea
- vomiting
- diarrhoea
- indigestion
- loss of appetite
- constipation
- heartburn
- accumulation of fluid causing swelling
- skin redness
- skin itching

Consult your doctor/pharmacist for any side effect encountered while taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

7. Storage and Disposal of

-Storage

Store at below 30°C in dry place away from heat, moisture and light. Store it in the original package.

Keep out of reach of children.

-Disposal

Dispose the empty bottle into the waste disposal bin.

8. Product description

-What it looks like

Hard gelatin fish origin capsule, size 0,

CONDROPIL[®] CAPSULE

Glucosamine Sulphate/Chondroitin Sulphate (250mg/200mg)

snap-fit dark blue-white capsule with printed "Condropil" on both sides.

-Ingredients

Active ingredients: glucosamine sulphate and chondroitin sulphate (Fish origin).

Inactive ingredients: colloidal silica and magnesium stearate.

-Registration Number:

Condropil Capsule
MAL07082985X

**9. Manufacturer & Product
Registration Holder**

AV Manufacturing Sdn.Bhd (667760-V)
Lot 10621 (PT 16700), Jalan Permata
2, Arab Malaysian Industrial

Park, 71800 Nilai, Negeri Sembilan.

10. Date of Revision

23 Mar 2020

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