

N-COBAL[®] 0.5 MG FILM-COATED TABLET

Mecobalamin (0.5mg)

What is in this leaflet

1. What N-cobal is used for
2. How N-cobal works
3. Before you use N-cobal
4. How to use N-cobal
5. While you are using N-cobal
6. Side effects
7. Storage and disposal
8. Product description
9. Manufacturer and product registration holder
10. Date of revision

1. What N-cobal is used for

N-cobal is used for peripheral neuropathies (damage to peripheral nerves) and megaloblastic anemia (lower red blood cell) due to vitamin B12 deficiency.

2. How N-cobal works?

It helps to repair damaged nerve tissues in nerve disorders and improves anemia by accelerating the maturation and division of erythroblasts.

3. Before you use N-cobal

-When you must not use it

If you are allergic to mecobalamin or any other ingredients in the product.

-Before you start to use it

Read carefully the instruction from your medical provider and this leaflet to understand how this medication is to be taken.

-Taking other medicines

- Talk to your doctor or a pharmacist
- if you are taking Metformin, histamine H-2 receptor antagonists (cimetidine, ranitidine), aminoglycosides, colchicines, aminosalicic acid, anticonvulsants, neomycin and alcohol, as there might be decreased absorption of vitamin B12.
 - if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.
 - if you are pregnant, planning to become pregnant, or breast-feeding
 - if you have allergies to medicines, foods, or other substances.

4. How to use N-cobal

-How much to use?

Adults

Orally administer 1 tablet 3 times a day (1500µg of mecobalamin). The dosage should be adjusted according to the age of patient and severity of symptoms.

-When to use it

It can be taken anytime of the day and preferably after meals.

-How long to use it

- Depend on your doctor prescription.
- This product should not be used for more than one month unless it is effective.

-If you forget to use it

You shall not take a double dose to compensate for the forgotten one. Just take the next dose as planned.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

5. While you are using N-cobal

-Things you must do

Follow the dose and duration of treatment prescribed by your medical providers. You must see a doctor if your symptoms worsen or do not improve.

-Things you must not do

Do not use this medicine after the expiry date on the carton or strip.

-Things to be careful of

If the medicine makes you feel sick, dizzy or tired, or gives you a headache, do not drive or use machines and contact your doctor immediately.

6. Side effects

Gastrointestinal symptoms, eg anorexia, nausea, or diarrhoea may occur infrequently.

Dermatological: Skin rash may occur rarely.

Others: Prolonged use of larger doses of mecobalamin is not recommended for patient whose occupation requires handling of mercury or its compounds.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

7. Storage and Disposal

-Storage

Store below 30°C in airtight container. Protect from heat, moisture and light.

Keep out of reach of children.

-Disposal

Dispose the empty bottle or blister strip to the waste disposal bin.

8. Product description

-What it looks like

A round, white film-coated tablet.

-Ingredients

Active ingredients: mecobalamin

Inactive ingredients:

mannitol, talc, corn starch, aerosil, hydroxypropylcellulose (HPC), microcrystalline, titanium dioxide, hydroxypropylmethylcellulose (HPMC), macrogol (PEG) and calcium stearate.

-Registration Number

N-cobal 0.5 mg film-coated tablet
MAL07061578X

9. Manufacturer & Product Registration Holder

AV Manufacturing Sdn. Bhd. (667060-V)
Lot 10621, Jalan Permata 2, Arab
Malaysian Industrial Park,
71800 Nilai, Negeri Sembilan.

N-COBAL[®] 0.5 MG FILM-COATED TABLET

Mecobalamin (0.5mg)

10. Date of Revision

18 Feb 2020

Serial Number

NPRA(R4/1)180220/00033

N-COBAL[®] 0.5 MG FILM-COATED TABLET

Mecobalamin (0.5mg)
