

AVM-Artrisa® 500mg Capsule

Glucosamine Sulphate (500mg)

What is in this leaflet

1. What AVM-Artrisa® 500mg Capsule is used for
2. How AVM-Artrisa® 500mg Capsule works
3. Before you use AVM-Artrisa® 500mg Capsule
4. How to use AVM-Artrisa® 500mg Capsule
5. While you are using AVM-Artrisa® 500mg Capsule
6. Side effects
7. Storage and disposal
8. Product description
9. Manufacturer and product registration holder
10. Date of revision

1. What AVM-Artrisa® 500mg Capsule is used for

AVM-Artrisa® 500mg Capsule is used to relieve joint problems related to osteoarthritis.

2. How AVM-Artrisa® 500mg Capsule works

AVM-Artrisa® 500mg Capsule contains glucosamine which forms a key part of cartilage (the cushioning substance between bones in the joints). Glucosamine acts to increase synovial fluid production, thereby providing lubricant activity for proper joint function.

3. Before you use AVM-Artrisa® 500mg Capsule

-When you must not use it

- If you are allergic to glucosamine or any of the ingredients in the product.
- If you are allergic to seafood.
- Avoid use during the first 3 months of pregnancy.

-Before you start to use it

Read the instruction and this leaflet carefully to understand how this medication should be taken.

Avoid use in children.

Tell your doctor or a pharmacist if you have any medical conditions, especially any of the following:

- if you are pregnant, planning to become pregnant, or breastfeeding.
- if you have allergies to seafood, medicines or other substances. This product contains glucosamine sulfate, a seafood-derived material. It is not recommended for people with seafood allergies.

- if you have high blood glucose
- if you have severe liver and /or kidney problems

-Taking other medicines

Talk to your doctor or a pharmacist if you are taking:

- any medicine for diabetes (to control the blood sugar), such as metformin, acarbose, repaglinide.
- Warfarin (a blood-thinning drug). Glucosamine may increase the risk of bleeding with warfarin and you may need more frequent blood tests.
- Any prescription or non-prescription medicine, herbal preparation or dietary supplement.

4. How to use AVM-Artrisa® 500mg Capsule

-How much to use?

Adults

1500 milligrams daily, single dose or in 3 divided doses. Dosing also may be based on severity:

a) Light or moderate osteoarthritis symptoms:
1 capsule taken twice daily for at least 6 weeks or according to prescription.

b) Severe osteoarthritis symptoms:
Initially treatment of 1 capsule three times daily is recommended for at least 8 weeks-12 weeks.

c) Follow-up therapy:
Maintenance therapy should be followed for 3-4 months (as according to prescription) by administration of 1 capsule taken twice daily.

The treatment of osteoarthritis should be repeated every 6 months or less (according to prescription)

Children

Safety and effectiveness have not been established in children

-When to use it

AVM-Artrisa® 500mg Capsule can be taken anytime of the day and preferably before meals.

-How long to use it

At least 6-8 weeks or more, as advised by your doctor or pharmacist.

-If you forget to use it

Do not take a double dose to make up for the forgotten one. Just take the next dose at the usual time.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

5. While you are using AVM-Artrisa® 500mg Capsule

-Things you must do

Follow the dose and duration of treatment prescribed by your medical providers. You must see a doctor if your symptoms worsen or do not improve after 2 to 3 weeks.

-Things you must not do

Do not use this medicine after the expiry date on the carton.

-Things to be careful of

If you have diabetes, closer monitoring of blood sugar levels by your doctor at the beginning of treatment may be necessary.

6. Side effects

As with all medicines, this product may rarely cause side effects such as

- drowsiness
- headache
- insomnia
- nausea
- vomiting
- diarrhoea
- indigestion
- loss of appetite
- constipation
- heartburn
- accumulation of fluid causing swelling
- skin redness
- skin itching

Consult your doctor/pharmacist for any side effect encountered while taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

7. Storage and Disposal

-Storage

Store below 30°C in dry place, away from heat, moisture and light.

Keep out of reach of children.

AVM-Artrisa[®] 500mg Capsule

Glucosamine Sulphate (500mg)

-Disposal

Dispose the empty bottle into the waste disposal bin.

8. Product description

-What it looks like

Hard gelatin bovine origin capsule, snap fit dark red/white opaque capsule with embossed 'ART 500' at both side.

-Ingredients

Active ingredient: Glucosamine sulphate

Inactive Ingredients: talc and magnesium stearate.

Registration Number:

AVM-Artrisa[®] 500mg Capsule
MAL05041842X

9. Manufacturer & Product Registration Holder

AV Manufacturing Sdn. Bhd.
Lot10621, Jalan Permata 2, Arab
Malaysian Industrial Park,
71800 Nilai, NSDK, Malaysia

10. Date of Revision

16 Nov 2021

Serial Number

NPRA(R2/1)211118/793