

# SISALON 50MG TABLET

Sertraline hydrochloride eq. to Sertraline (50mg)

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## What Sisalon 50 is used for

Sisalon 50 is used for treatment for symptoms of depression, obsessive compulsive disorder, panic disorder, post-traumatic stress disorder (PTSD) and social phobia, and in preventing relapse of the mentioned medical conditions.

## How Sisalon 50 works

Sisalon contains the active ingredient Sertraline and is one of a group of medicines called Selective Serotonin Re-uptake Inhibitors (SSRIs); Serotonin is one of the chemicals in your brain which helps control your mood. Sertraline blocks the reabsorption of serotonin by the nerve cells, thereby increasing the amount of serotonin in your brain.

## Before you use Sisalon 50

### - When you must not use it

- If you are allergic to Sertraline or any of the other ingredients of this medicine (listed in Ingredients)
- If you are taking or have taken medicines called Monoamine Oxidase Inhibitors (MAOI).
- If you are taking medicine called Pimozide (a medicine for mental disorders such as psychosis).
- If you are children.

### *Pregnancy and lactation*

Do not take Sisalon 50 if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Sisalon 50 if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

### - Before you start to use it

Tell your doctor before you take Sisalon 50, if you suffer from or have suffered in the past from any of the following conditions:

- If you have epilepsy or a history of seizures.
- If you have suffered from manic depressive illness (a disorder when you experience periods of happiness and depression) or schizophrenia (characterized by withdrawal from reality, illogical patterns of thinking, delusions and hallucinations).
- If you have or have previously had thoughts of harming/killing yourself.
- If you have Serotonin Syndrome such as high body temperature, agitation, increased reflexes, tremor, sweating, dilated pupils, and diarrhea or Neuroleptic Malignant Syndrome like fever, muscular rigidity, and change in mental status.
- If you have or with history of bleeding disorders.
- If you have kidney or liver problems.
- If you have abnormality of the heart.
- If you have low sodium level in your blood.
- If you are an elderly.
- If you have diabetes.

If you take Sisalon 50 near the end of your pregnancy there may be an increased risk of heavy vaginal bleeding shortly after birth, especially if you have a history of bleeding disorders. Your doctor should be aware that you are taking Sisalon 50 so they can advise you.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Taking Sisalon 50 together with the following medicines may cause serious side effects:

- Monoamine Oxidase Inhibitors (MAOIs)- should not be used together with Sertraline or within 14 days of discontinuation with a MAOI or at least 14 days should be

allowed after stopping Sertraline before starting a MAOI.

- Intravenous Diazepam
- Digitoxin and Warfarin
- Lithium
- Tricyclic antidepressants and Type IC antiarrhythmics, Propafenone, and Flecainide

## How to use Sisalon 50

### - How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Depression and Obsessive-Compulsive Disorder: A dose of 50 mg/day is recommended as the initial dose. The daily dose may be increased in 50 mg increments and at intervals of at least one week over a period of weeks. The maximum recommended dose is 200 mg/day.

Panic disorder, Social anxiety disorder and Post Traumatic Stress Disorder: Sertraline treatment should be initiated with a dose of 25 mg once daily, and increased to 50 mg/day after one week. The daily dose then may be increased in 50 mg increments over a period of weeks. The maximum recommended dose is 200 mg/day.

Maintenance: During long-term therapy for any indication, the dosage should be maintained at the lowest effective dose and you should be periodically reassessed to determine the need for continued treatment.

### - When to use it

Use as directed by your doctor or pharmacist.

Sisalon 50 should be administered once daily, either in the morning or evening with or without food.

### - How long to use it

Continue taking Sisalon 50 for as long as your doctor recommends.

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- **If you forget to use it**  
Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- **If you use too much (overdose)**  
Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause death. Symptoms of overdose include drowsiness, nausea, vomiting, tachycardia (increase heart beat), tremor, agitation and dizziness

## While you are using it

- **Things you must do**  
Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Sisalon 50.

Tell your doctor immediately if you become pregnant while taking this medication.

- **Things you must not do**  
Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Sisalon 50 to anyone else, even if they have the same symptoms or condition as you.

- **Things to be careful of**  
**Driving and using machines**

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or

give you a headache, do not drive or use machines and contact your doctor immediately.

Medicines like Sisalon 50 (so called SSRIs/SNRIs) may cause symptoms of sexual dysfunction. In some cases, these symptoms have continued after stopping treatment.

## Side effects

Like all medicines, Sisalon 50 can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Side effects reported include nausea, diarrhea, dry mouth, indigestion, anorexia, dizziness, tremor, insomnia, sexual dysfunction, increased sweating, increased heart rate, abnormal vision, abdominal pain, constipation, chest pain, fatigue, fever, allergic reaction, weight gain or weight loss, inflammation of the colon (causing diarrhoea) and others.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [nppra.gov.my](http://nppra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of Sisalon 50

- **Storage**  
Keep out of the reach and sight of children.  
Store below 30°C.

- **Disposal**  
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

- **What it looks like**  
White, oblong, biconvex, film coated tablet with engraved S L on one side and 50 on the other scored side

- **Ingredients**  
- Active ingredient  
Sertraline hydrochloride eq to Sertraline 50mg.

- Inactive ingredients  
Microcrystalline cellulose (Avicel PH 101), Dibasic calcium phosphate dehydrate, Croscarmellose sodium, Sodium starch glycolate, Propylene glycol, Povidone (PVP K-90), Colloidal silicon dioxide, Magnesium stearate, Hypromellose (Pharmacoat 615), Titanium dioxide, Talc, Simithicone emulsion 30%, and Polyethylene glycol (PEG 6000)

- **MAL number:**  
MAL18116061AZ

## Manufacturer

UNISONE LABORATORIES CO. LTD  
39 Moo 4, Klong Udomcholjorn,  
Muang Chachoengsao,  
Chachoengsao 24000 Thailand.

## Product Registration Holder

MEDISPEC (M) SDN BHD  
55 & 57, Lorong Sempadan 2  
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## Date of revision

17/10/2025

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