

Salmate Inhalation Aerosol BP CFC-free 100mcg

Salbutamol (as sulphate BP) 100mcg per actuation

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What Salmate is used for

Salmate contains a medicine called salbutamol. This belongs to a group of medicines called bronchodilators.

Salmate provides short-acting (4 to 6 hours) bronchodilatation with fast onset (within 5 minutes) in reversible airways obstruction.

It is particularly suitable for the relief and prevention of asthma symptoms. It should be used to relieve symptoms when they occur, and to prevent them in those circumstances recognised by the patient to precipitate an asthma attack (e.g. before exercise or unavoidable allergen exposure).

Salmate is particularly valuable as relief medication in mild, moderate or severe asthma, provided that reliance on it does not delay the introduction and use of regular inhaled corticosteroid therapy.

How Salmate works

Salbutamol works by relaxing the muscles of the airways of the lungs, to help improve the ease of breathing in patients with reversible obstructive airway disease.

Before you use Salmate

- When you must not use it

- you are allergic (hypersensitive) to salbutamol sulphate or any of the inactive ingredients.

- Before you start to use it

Talk to your doctor before you start to use this medicine if you have:

- heart disease or high blood pressure;
- epilepsy or another seizure disorder;
- diabetes;
- an overactive thyroid (hyperthyroidism);
- difficulty swallowing;

Important points to remember while you are using this medicine:

- Do not use your inhaler more often than the doctor told you to. Tell your doctor if your medicine does not seem to be working as well as usual, as your chest problem may be getting worse and you may need a different medicine.
- Your doctor may have told you to take more than this as an emergency treatment if your wheezing or breathing gets very bad. It is very important that you keep to your doctor's instructions as to how many puffs to take and how often to use your inhaler.

- Taking other medicines

- Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including any medicines bought without a prescription.

How to use Salmate

- How much to use

Always use your Salmate exactly as your doctor has told you. You should check with your doctor, nurse or pharmacist if you are not sure.

RELIEF OF ACUTE BRONCHOSPASM:

Adults: 100 or 200 micrograms.

Children: 100 micrograms. The dose may be increased to 200 micrograms if required.

PREVENTION OF ALLERGEN or EXERCISE-INDUCED BRONCHOSPASM:

Adults: 200 micrograms before challenge or exertion.

Children: 100 micrograms before challenge or exertion. The dose may be increased to 200 micrograms if required.

CHRONIC THERAPY:

Adults: Up to 200 micrograms four times daily.

Children: Up to 200 micrograms four times daily. On demand use of Salbutamol sulphate should not exceed four times daily. Reliance on such supplementary use or a sudden increase in dose indicates deteriorating asthma.

- When to use it

Use Salmate at the same time each day.

- How long to use it

Do not stop using Salmate until your doctor or pharmacist tells you to.

Salmate helps control your condition. You must keep using it every day for as long as your doctor or pharmacist advises, even if you are feeling better.

- If you forget to use it

- If you forget a dose, take it as soon as you remember it.
- However, if it is time for the next dose, skip the missed dose.
- Do not take a double dose to make up for a forgotten dose.

- If you use too much (overdose)

If you use more than you should, talk to a doctor as soon as possible. The following effects may happen:

- your heart beating faster than usual
- you feel shaky.
- hyperactivity.

While you are using it

- Things you must do

- Continue using Salmate for as long as your doctor or pharmacist tells you. Visit your doctor regularly to check on your asthma condition.
- If you suddenly find it more difficult to breathe just after using Salmate use a reliever inhaler and contact your doctor or pharmacist immediately.

- Tell any other doctors, pharmacists or dentists who are treating you that you are using Salmate especially if:
 - you are about to be started on any new medication

- you plan to have surgery that needs a general anaesthetic

- Tell your doctor if you become pregnant while using Salmate.

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using Salmate.

- Things you must not do

- Do not take any other medicines for your breathing problems without first checking with your doctor.
- Do not give Salmate to any one else to use even if they have the same condition as you.
- Do not use Salmate to treat any other complaints unless your doctor or pharmacist tells you to do so.
- Do not stop using Salmate, or lower the dose, without first checking with your doctor or pharmacist.
- Do not use more puffs than you have been prescribed as this may cause you problems.

- Things to be careful of

Store Salmate below 30°C, away from moisture and heat. Keep the medicine canister away from high heat, such as open flame or in a car on a hot day. The canister may explode if it gets too hot.

Side effects

Like all medicines, Salmate can cause side effects, although not everybody gets them. The following side effects may happen with this medicine: slight tremor, palpitation, headache, dizziness and restlessness.

If any of the above side effect happens to you, talk to your doctor as soon as possible.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor, nurse or pharmacist.

You may report any side effects or adverse drug reactions directly to the

National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting).

Storage and Disposal of Salmate

- Storage

Keep out of the reach and sight of children.

Store below 30°C. Protect from frost and direct sunlight.

- Disposal

The canister is pressurized and should not be punctured or burnt even if it seems empty. Medicines should not be disposed via wastewater or household waste. If your doctor decides to stop treatment, return the inhaler to your doctor or pharmacist for safe disposal. These measures will help to protect the environment.

Product Description

- What it looks like

Salmate is a kind of white or slight yellow suspension mixed with just right quantity of propellant and kept in a pressurized canister with a metered valve system.

- Ingredients

- Active ingredient:
Salbutamol (as sulphate BP)

- Inactive ingredients:
Oleic acid
Absolute ethanol
HFA 134a

- MAL number:

Manufacturer

Jewim Pharmaceutical (Shandong) Co., Ltd
Tai'an High-Tech Industrial Development Zone, Shandong Province, PRC.

Product Registration Holder

Medispec (M) Sdn Bhd
55&57, Lorong Sempadan 2,
(Off Boundary Road),
11400 Ayer Itam, Penang.

Date of revision

24 September 2014