

# HEMORIF DS FILM-COATED TABLET

Diosmin 900mg + Hesperidin 100mg

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## What HEMORIF DS is used for

It is recommended for:

- treating symptoms such as heavy legs, pain, early morning restless legs due to chronic venous insufficiency

- treating symptoms due to acute haemorrhoidal attack. If haemorrhoidal problems persist for more than 15 days, it is essential that you consult your doctor.

## How HEMORIF DS works

**Pharmacotherapeutic group:**  
**Vasoprotectives/ Capillary stabilizing agents/ Bioflavonoids (C05CA53: Cardiovascular system)**

This medicine is a venotonic (it increases venous tone) and a vasculoprotector (it increases resistance in small blood vessels).

## Before you use HEMORIF DS

When you must not use it

**Do not take HEMORIF DS:**

If you are allergic (hypersensitive) to diosmin, hesperidin, micronized purified flavonoid fraction, or any of the other ingredients of this medicine (listed in Ingredients).

Before you start to use it

## Warning and precautions:

Do not hesitate to ask your doctor or pharmacist for advice before taking this medicine.

## Taking other medicines

Please tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

## **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

## **Pregnancy**

As a precautionary measure, it is preferable to avoid the use of HEMORIF DS during pregnancy.

## **Breast feeding**

Breast-feeding is not recommended for the duration of the treatment, due to the absence of data on the excretion of the medicine into breast milk.

## How to use HEMORIF DS

Always take HEMORIF DS exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

## How much to use & When to use it

- Chronic venous insufficiency

The usual dose is 1 tablet daily, in the morning at breakfast.

- Acute hemorrhoidal attack

The usual dose is 3 tablets per day (in 3 divided doses) for 4 days and then 2 tablets per day (in 2 divided doses) for the next 3 days, at mealtimes.

Swallow the tablet with adequate amount of water.

## How long to use it

Continue taking HEMORIF DS for as long as your doctor recommends.

## If you forget to use it

Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

## If you use too much (overdose)

If you have taken more HEMORIF DS film-coated tablets than you should, contact your doctor or pharmacist immediately.

The experience of overdose with HEMORIF DS is limited but reported symptoms include diarrhoea, nausea, abdominal pain, pruritus and rash.

## While you are using it

### Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking HEMORIF DS.

### Things you must not do

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

### Things to be careful of

If any of the side effects get worse or persist, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## Side effects

Like all medicines, HEMORIF DS can cause side effects, although not everybody gets them.

The frequency of the possible undesirable effects listed below is defined according to the following system:

- very common (affects more than 1 user out of 10)
- common (affects 1 to 10 persons out of 100)
- uncommon (affects 1 to 10 persons out of 1,000)
- rare (affects 1 to 10 persons out of 10,000)
- very rare (affects less than 1 user out of 10,000)
- not known frequency (cannot be estimated from the available data)

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They may include:

Common: diarrhoea, dyspepsia (difficult digestion), nausea, vomiting.

Uncommon: colitis (inflammation of the large intestine).

Rare: dizziness, headache, discomfort, rash (sudden redness in patches), pruritus (skin reactions such as itching), urticaria (allergic reaction in the form of small red spots).

Not known frequency: abdominal pain, isolated face, lip, eyelid oedema. Exceptionally: Quincke's oedema (swelling of the face, lips, mouth, tongue or throat which could cause breathing difficulties).

## Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system. By reporting side effects, you can help provide more information on the safety of this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) (Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

## Storage and Disposal of HEMORIF DS

### Storage

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the box. The expiry date refers to the last day of that month.

Store in the original outer packaging.

This medicine does not require any special storage conditions.

### Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

## Product Description

### What it looks like

A yellowish brown to brown colored, caplet shaped, biconvex, film coated tablets, plain on both sides

### Ingredients

#### Active ingredients:

Diosmin (Micronized)  
Hesperidin (Micronized)

#### Inactive ingredients:

Microcrystalline Cellulose (PH 101)  
Povidone  
Sodium Starch Glycolate (Type A)  
Colloidal Silicon Dioxide  
Magnesium Stearate

#### Tablet coating:

Opadry-31K-56501 (Brown) [HPMC 2910/Hypromellose, Titanium Dioxide, Lactose Monohydrate, Triacetin, Iron Oxide Yellow, Iron oxide Red, Iron Oxide Black]

Opadry-03B54802 (Pink) [HPMC 2910/Hypromellose 6 CP, Titanium Dioxide, Macrogol/PEG 400, Iron Oxide Yellow, Iron Oxide Red, iron Oxide Black]

#### MAL number:

MAL\*\*\*\*\*

### Manufacturer

Square Lifesciences Limited,  
Patikabari, Hemayetpur, Pabna

### Product Registration Holder

Medispec (M) Sdn.Bhd  
B-1-07, Jalan SS 25/22,  
Taman Mayang,  
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### Date of revision

10/01/2025

Serial number : NPRA (R2) 25/212