

HEMORIF FILM-COATED TABLET

Diosmin 450mg + Hesperidin 50mg

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What HEMORIF is used for

It is recommended for the treatment for venous circulation disorders (heavy legs, pain, early morning restless legs) and the treatment of symptoms related to hemorrhoids (acute hemorrhoidal attack)

How HEMORIF works

This medicine strengthens veins by increasing venous tone, and protects small blood vessels.

Before you use HEMORIF

When you must not use it

Do not take HEMORIF:

If you are allergic (hypersensitive) to diosmin, hesperidin, micronized purified flavonoid fraction or any of the other ingredients of this medicine (see Ingredients section).

Do not use in children below 18 years old unless advised by your doctor.

Before you start to use it

Ask your doctor or pharmacist for advice before taking this medicine.

Pregnancy and breast-feeding:

If you are pregnant, think you may be pregnant, planning to have a baby, or breast-feeding, ask your doctor or pharmacist for advice before taking this medicine.

Taking other medicines

Please tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

How to use HEMORIF

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

How much to use & When to use it

Venous circulation disorders

The recommended dose is 2 tablets daily; i.e. one at midday and one in the evening at mealtimes.

Acute hemorrhoidal attack

The recommended dose is 6 tablets daily (in 3 divided doses) for 4 days, then 4 tablets daily (in 2 divided doses) for the next 3 days at mealtimes.

How long to use it

Continue taking HEMORIF for as long as your doctor or pharmacist recommends.

If you forget to use it

Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

If you use too much (overdose)

If you have taken more HEMORIF than you should, contact your doctor or pharmacist immediately.

Symptoms which may be experienced with overdose of HEMORIF include diarrhoea, nausea, abdominal pain, itching and rash.

While you are using it

Things you must do

Take your medicine exactly as your doctor or pharmacist has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking HEMORIF.

Things you must not do

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

Venous circulation disorders

The most effective way of taking this treatment is in combination with a healthy lifestyle, such as:

- Avoid exposure to the sun, heat, excessive standing and being overweight
- Walking and, if appropriate, wearing special support stockings to stimulate blood circulation.

Acute hemorrhoidal attack

If the haemorrhoid symptoms do not disappear within 15 days, talk to your doctor.

Side effects

Like all medicines, HEMORIF can cause side effects, although not everybody gets them.

They may include:

Diarrhoea, dyspepsia (difficult digestion), nausea, vomiting, colitis (inflammation of the large intestine), dizziness, headache, discomfort, rash (sudden redness in patches), pruritus (skin reactions such as itching) and urticaria (allergic reaction in the form of small red spots), abdominal pain, isolated oedema (swelling of the face, lips and eyelids), Quincke's oedema (swelling of the face, lips, mouth, tongue or throat which could cause breathing difficulties).

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. By reporting side effects, you can help provide more information on the safety of this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of HEMORIF

Storage

Keep this medicine out of the sight and reach of children.

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Do not use this medicine after the expiry date which is stated on the box. The expiry date refers to the last day of that month.

Store in the original outer packaging.
Store below 30°C.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

Product Description

What it looks like

A brown to light pink colored oval shaped, film coated tablet engraved 'SQUARE' on one side.

Ingredients

Active ingredients:

Diosmin (Micronized)

Hesperidin (Micronized)

Inactive ingredients:

Microcrystalline Cellulose (PH 101)

Povidone

Sodium Starch Glycolate (Type A)

Colloidal Silicon Dioxide

Magnesium Stearate

Tablet coating:

Opadry-31K-56501 (Brown) [HPMC 2910/Hypromellose, Titanium Dioxide, Lactose Monohydrate, Triacetin, Iron Oxide Yellow, Iron oxide Red, Iron Oxide Black]

Opadry-03B54802 (Pink) [HPMC 2910/Hypromellose 6 CP, Titanium Dioxide, Macrogol/PEG 400, Iron Oxide Yellow, Iron Oxide Red, iron Oxide Black]

MAL number:

MAL*****

Manufacturer

Square Lifesciences Limited,
Patikabari, Hemayetpur, Pabna

Product Registration Holder

Medispec (M) Sdn.Bhd
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