

OSMOLAX SOLUTION

(LACTULOSE ORAL USP 0.67G/ML)

Consumer Medication Information Leaflet (RiMUP)

Lactulose USP 0.67g/ml

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What Osmolax Solution is used for

- Constipation (infrequent bowel movements, hard and dry stools): regulation of the colonic physiological rhythm
- When soft stool is considered of medical benefit (haemorrhoids, post colonic/anal surgery)
- Hepatic encephalopathy (HE) (a liver disease causing confusion, tremor, decreased level of consciousness): treatment and prevention of hepatic coma or precoma

How Osmolax Solution works

Osmolax solution contains lactulose, laxative that producing bowel movement and softening the stools.

Before you use Osmolax Solution

- When you must not use it

- If you are allergic to lactulose or any of the other ingredients of Osmolax Solution
- If you have symptoms of stomach ache, vomiting and fever.
- If you are lactose intolerant.

Pregnancy and lactation

If laxative therapy is needed in pregnancy, use of this drug in the recommended dosage is acceptable.

- Before you start to use it

If you have been told by your doctor that you have intolerance to some sugars contact your doctor before taking Osmolax Solution.

If you have been experiencing constipation for a prolonged period, you should consult a doctor and have yourself examined before starting treatment with Osmolax Solution because chronic impairment of bowel movement may be a sign of a more serious illness.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Osmolax Solution

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

You may take Osmolax solution diluted or undiluted. Take your dose of lactulose in one swallow; do not hold the solution in your mouth for any length of time.

Constipation

Adults and adolescents: The starting dose is 15-45ml per day. After this the dose can be adjusted to 15-30ml daily.

Children 7 to 14 years: The starting dose is 15ml daily. After this the dose can be adjusted to 10-15ml daily.

Children 1-6 years: The usual dose is 5-10ml daily.

Infants under 1 year: The usual dose is up to 5ml daily.

Hepatic encephalopathy

Adults: The usual starting dose is 3 to 4 times a day of 30-45ml

- When to use it

Osmolax solution should be taken after main meals. In cases where a single dose was sufficient to successfully treat constipation, this dose should be taken in the morning after breakfast.

- How long to use it

The duration of therapy will depend on the development of the clinical picture. Please consult your physician or pharmacist, if you have the impression that the effect Osmolax is either too strong or too weak.

- If you forget to use it

If you have forgotten to take your Osmolax dose, continue with your treatment as recommended, without increasing the dose of your own accord. If in doubt, ask your doctor for advice.

- If you use too much (overdose)

If you take too much Osmolax, nausea, vomiting, diarrhoea, dehydration and electrolyte losses may occur, which must be corrected where necessary with drug-based therapy.

In the event of an overdose, please tell your doctor if such symptoms occur.

While you are using it

- Things you must do

Always take Osmolax Solution exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

- Things you must not do

Do not use Osmolax after the expiry date which is stated on the label and outer carton.

- Things to be careful of

If you have been told by your doctor that you have intolerance to some sugars, contact your doctor before taking Osmolax.

Side effects

At moderate doses, mild stomach ache, trapped wind or flatulence may occur at the start of treatment. At high doses nausea, vomiting and diarrhoea with electrolyte imbalances may also occur.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers→

Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Osmolax Solution

- Storage

Keep out of the reach and sight of children.

Store below 30 °C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A clear, colorless to brownish yellow, flavored viscous liquid, filled and sealed in amber color PET bottle with SQUARE printed white color cap.

- Ingredients

- Active ingredient

Lactulose Concentrate Solution

- Inactive ingredients

Orange Tetarome 987431 Essence,

Lemon Tetarome 987317

- MAL number:

MAL24066035XZ

Manufacturer

SQUARE PHARMACEUTICALS PLC.

Square Road, Salgaria,

Pabna 6600, Bangladesh.

Product Registration Holder

Medispec (M) Sdn Bhd

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Date of revision

26/06/2024

Serial Number

NPRA (R2) 23/207