

Etoxib F.C. Tablet 60mg

Etoricoxib 60mg

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What *Etoxib* is used for

- acute and chronic treatment of the signs and symptoms of osteoarthritis and rheumatoid arthritis
- management of ankylosing spondylitis
- chronic low back pain (30mg and 60mg only)
- relief of acute pain
- to treat acute gouty arthritis

How *Etoxib* works

Etoxib reduces pain and inflammation by blocking COX-2, an enzyme in the body. *Etoxib* does not block COX-1, the enzyme involved in protecting the stomach from ulcers.

Before you use *Etoxib*

- When you must not use it

- you have an allergy to *Etoxib* or any of the ingredients listed at the end of this leaflet
- the packaging is torn or shows signs of tampering
- the expiry date on the pack has passed.
- If you take this medicine after the expiry date has passed, it may not work.
- You have had heart failure, a heart attack, bypass surgery, chest pain (angina), narrow or blocked arteries of the extremities (peripheral arterial disease), a stroke or mini stroke (TIA or transient ischaemic attack).
- You have high blood pressure that is not well controlled on blood pressure medication.
- You are having major surgery and have conditions which

increase your risk of coronary artery disease or atherosclerosis such as high blood pressure, diabetes, high cholesterol or smoking.

- You are having major surgery on your heart or arteries.
- You are pregnant or breastfeeding

Pregnancy and lactation

Do not take *Etoxib* if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take *Etoxib* if you are breastfeeding. Ask your doctor or pharmacist for advice before taking any medicine.

Before you start to use it

Tell your doctor if you:

- you are pregnant or intend to become pregnant. *Etoxib* is not for use during pregnancy.
- you are breastfeeding or plan to breastfeed. It is not known if *Etoxib* passes into breast milk. Do not take *Etoxib* if you are breastfeeding.
- you have or have had any medical conditions, especially the following:
 - history of angina
 - heart attack or a blocked artery in your heart
 - narrow or blocked arteries of the extremities
 - kidney disease
 - liver disease
 - heart failure
 - high blood pressure
- you have had an allergic reaction to aspirin or other anti-inflammatory medicines (commonly known as NSAIDs) Symptoms of an allergic reaction may include asthma, pinkish itchy swellings on the skin (hives), runny or blocked nose.
- you have an infection If you take *Etoxib* while you have an infection, it may hide

fever and may make you think, mistakenly, that you are better or that your infection is less serious than it might be.

- you have any allergies to any other medicines or any other substances, such as foods, preservatives or dyes.
- you have a history of stroke or mini stroke
- you have conditions which increase your risk of coronary artery disease or atherosclerosis such as high blood pressure, diabetes, high cholesterol or smoking.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and *Etoxib* may interfere with each other. These include:

- warfarin, a medicine used to prevent blood clots
- rifampin, an antibiotic used to treat tuberculosis and other infections
- water pills (diuretics)
- ACE inhibitors and angiotensin receptor blockers, medicines used to lower high blood pressure or treat heart failure
- lithium, a medicine used to treat a certain type of depression
- birth control pills
- hormone replacement therapy
- methotrexate, a medicine used to suppress the immune system

How to use *Etoxib*

- How much to use

Take *Etoxib* only when prescribed by your doctor.

For osteoarthritis, the recommended dose is 30 mg or 60 mg once a day.

For rheumatoid arthritis the recommended dose is 60 mg once a day, and may increase to 90 mg once a day if needed.

For ankylosing spondylitis the recommended dose is 60 mg once a day, and may increase to 90 mg once a day if needed.	- <u>How long to use it</u>	Walking is good exercise, however, before starting any exercise, ask your doctor about the best kind of programme for you.
For chronic low back pain, the recommended dose is 60mg once daily.	Continue taking Etoxib for as long as your doctor recommends.	• Weight - your doctor may suggest losing some weight to help reduce the strain on your joints. Some people may need a dietician's help to lose weight.
For the relief of gout attacks the recommended dose is 120 mg once a day, which should only be used for the acute painful period.	- <u>If you forget to use it</u>	• Hot and cold treatments.
Doses greater than those recommended for each condition have either not demonstrated additional efficacy or have not been studied. Therefore, the daily doses stated above for each condition should not be exceeded.	Consult your doctor or pharmacist on what you should do if you forget to use it.	• Using support devices.
If you have mild liver disease, you should not take more than 60 mg a day. If you have moderate liver disease, you should not take more than 60 mg every other day.	Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.	Take your medicine exactly as your doctor has told you.
Follow all directions given to you by your doctor carefully. They may differ from the information contained in this leaflet.	- <u>If you use too much (overdose)</u>	- <u>Things you must not do</u>
If you do not understand the instructions on the box, ask your doctor or pharmacist for help. Etoxib comes as tablets.	Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.	Do not stop taking the medicine unless advised by your doctor.
When taking the tablets, swallow them with a glass of water.	Taking too many tablets may cause stomach or kidney problems.	Do not take any new medicines without consulting your doctor.
Take your Etoxib at about the same time each day.	While you are using it	Do not give Etoxib to anyone else, even if they have the same symptoms or condition as you.
Taking Etoxib at the same time each day will have the best effect. It will also help you remember when to take the dose.	- <u>Things you must do</u>	- <u>Things to be careful of</u>
It does not matter if you take Etoxib before or after food.	If you become pregnant while taking Etoxib, tell your doctor immediately. If you get an infection while taking Etoxib, tell your doctor. Etoxib may hide fever and may make you think, mistakenly, that you are better or that your infection is less serious than it might be.	<u>Driving and using machines</u>
Do not use Etoxib for longer than your doctor says.	If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking Etoxib. Do not give Etoxib to anyone else, even if they have the same condition as you.	This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.
- <u>When to use it</u>	Some self help measures suggested below may help your condition. Talk to your doctor or pharmacist about these measures and for more information.	Side effects
Use as directed by your doctor or pharmacist.	• Exercise - regular exercise can help reduce pain and disability from osteoarthritis by increasing muscle strength and reducing the load on joints, but it is important not to overdo it.	Like all medicines, Etoxib can cause side effects, although not everybody gets them.
		Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.
		Tell your doctor if you notice or have any of the following:
		• feeling sick (nausea), vomiting
		• heartburn, indigestion, uncomfortable feeling or pain in the stomach
		• diarrhoea

- swelling of the legs, ankles or feet
- high blood pressure
- dizziness
- headache

Additionally, the following have been reported:

- allergic reactions including rash, itching and hives
- severe skin reactions, which may occur without warning
- taste alteration
- wheezing
- insomnia
- anxiety
- drowsiness
- mouth ulcers
- diarrhoea
- severe increase in blood pressure
- confusion
- hallucinations
- platelets decreased

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

- Inactive ingredients
Microcrystalline Cellulose,
Hydroxypropylmethyl Cellulose,
Purified Water,
Dibasic Calcium Phosphate
Anhydrous, Croscarmellose
Sodium, Magnesium Stearate,
Triacetin, Lactose Monohydrate,
Titanium Dioxide, Ferric Oxide
Yellow, Indigo
Carmine Aluminum Lake.

- MAL number(s):
MAL22076022AZ

Manufacturer
STANDARD CHEM. & PHARM. CO.
Ltd.

No. 154, Kaiyuan Road, Sinying District,
Tainan City 73055, Taiwan.

Product Registration Holder
Medispec (M) Sdn Bhd

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Malaysia.

Date of revision
22/02/2024

Serial number
NPRA (R2) 21/062

Storage and Disposal of Etoxib

- Storage

Do not store above 30°C.

- Disposal

Medicines should not be disposed of
via wastewater or household waste.

Ask your pharmacist how to dispose of
medicines no longer required. These
measures will help to protect the
environment.

Product Description

- What it looks like

It occurs as a green, apple-shaped
biconvex film coated, marked “SCP”
on one side and “978” on the other
side.

- Ingredients

- Active ingredient(s)
Etoricoxib 60mg