

Valthotan FC Tablet

Valsartan 80mg, Valsartan 160mg

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What *Valthotan* is used for

Valsartan is used to treat high blood pressure (hypertension), heart failure and post- heart attack.

How *Valthotan* works

Valsartan is an angiotensin II receptor antagonist. Valsartan keeps blood vessels from narrowing, which lowers blood pressure and improves blood flow.

Before you use *Valthotan*

- When you must not use it

Do not use take *Valthotan* if

- You are allergic to valsartan or to any of the excipients in this product.
- You are pregnant.

Pregnancy and lactation

Do not take *Valthotan* if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take *Valthotan* if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start use it

To make sure you can safely take valsartan, tell your doctor if you have any of these other conditions:

- If you have a serious kidney disease or are undergoing dialysis
- If you have a liver disease
- If you are suffering from heart failure or have experienced a heart attack
- If you are suffering from vomiting or diarrhea or are taking high doses of a diuretic (water pill)
- If you are already taking an ACE-inhibitor
- If you ever had a swelling mainly of the face and throat while taking other drugs (including an ACE-inhibitor).

- Taking other medicines

Tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without prescription. It may be necessary to change the dose, to take other precautions, or in some cases to stop taking one of the medicines. This applies to both prescription and non-prescription medicines, especially:

- a diuretic (water pill);
- potassium-sparing medicines, potassium supplements, or salt substitutes containing potassium
- Nonsteroidal anti-inflammatory drug (NSAID) including Selective COX-2 inhibitors
- Other ARBs, ACEi, or aliskiren
- Lithium
- Some antibiotics (rifamycin group), a drug used to protect against transplant rejection (ciclosporin) or an antiretroviral drug used to treat HIV/AIDS infection (ritonavir).

How to use *Valthotan*

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking *Valthotan* for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *Valthotan*

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give *Valthotan* to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and Using Machines

Like many other medicines used to treat high blood pressure, *Valthotan* may in rare cases cause dizziness and affect the ability to concentrate. So before you drive a vehicle, use machinery, or carry out other activities that require concentration, make sure you know how you react to the effects of *Valthotan*.

Side effects

Like all medicines, *Valthotan* can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Common side effects include dizziness, postural dizziness, low blood pressure, low blood pressure when standing

(orthostatic hypotension), and kidney failure.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npdra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of *Valthotan*

- Storage

Keep out of the reach and sight of children.

Store below 30 °C protected from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Valsartan 80mg: pale red film coated tablet, round biconvex tablet engraved with “1007” on one surface and with “S || D” script and score on the other surface.

Valsartan 160mg: Dark yellow film coated tablet, oval-shaped with beveled edges, and engraved with “S || D” script and score on one surface and engraved with “736” script on the other surface.

- Ingredients

- Active ingredient(s)

Valsartan 160mg
Valsartan 80mg

- Inactive ingredients

Valthotan FC 80mg Tablet:

Colloidal Silicon Dioxide,
Crospovidone, Low-substituted HPC,
Microcrystalline Cellulose, Magnesium Stearate, Sepifilm 5047(red), Sepifilm 2011(orange), Sepifilm 752(white).

Valthotan FC 160mg tablet :

Colloidal Silicon Dioxide,
Crospovidone, Low-substituted HPC,
Microcrystalline Cellulose, Magnesium

Stearate, Sepifilm 3024(yellow),
Sepifilm 752(white).

MAL number:

Valsartan 80mg: MAL20057002AZ
Valsartan 160mg: MAL20057003AZ

Manufacturer

STANDARD CHEM. & PHARM. CO.

LTD., 2nd Plant

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Product Registration Holder

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