

CLOBET CREAM

Clobetasol Propionate (0.05%w/w)

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What *Clobet cream* is used for

Clobet cream is used in short courses for the treatment of the more resistant skin problems. These skin problems include eczema, psoriasis and dermatitis that have not responded to milder steroid creams.

How *Clobet cream* works

Clobet cream contains a very active topical steroid medicine called clobetasol propionate. It helps to reduce swelling, redness and itchiness.

Before you use *Clobet cream*

- When you must not use it

• If you are allergic (hypersensitive) to clobetasol propionate or any of the other ingredients of *Clobet cream*.

- acne
- severe flushing of skin on and around your nose
- spotty red rash around your mouth
- viral infections, such as cold sores, herpes or chicken pox

Do not use if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before using *Clobet cream*.

Pregnancy and lactation

Do not use *Clobet cream* if you are pregnant, trying to get pregnant or think you may be pregnant. The medicine should not be used on extensive areas, in large amounts or for prolonged periods in pregnant women.

Do not use *Clobet cream* if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Check with your doctor or pharmacist before using your medicine if:

- you have psoriasis, your doctor will want to see you more often.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before using this medicine.

- Taking other medicines

None reported

How to use *product name*

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Apply *Clobet cream* to the affected area, once or twice daily until improvement occurs or as directed by your doctor or pharmacist.

- How long to use it

Continue taking *Clobet cream* for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *Clobet cream*.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give *Clobet cream* to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

If used in childhood or on the face, courses should be limited if possible to 5 days and occlusion should not be used. It should be noted that the infant's napkin may act as an occlusive dressing.

The face, more than other areas of the body, may exhibit thinning changes after prolonged treatment with potent topical corticosteroids.

If applied to the eyelids, care is needed to ensure that the preparation does not enter the eye, as increased eye pressure might result.

Side effects

Like all medicines, *Clobet cream* can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Stop using *Clobet cream* and tell your doctor as soon as possible if:

- You find that your skin problem gets worse or becomes swollen during treatment. You may be allergic to the

cream, or have an infection that need other therapy.

cethyl alcohol, glycerine, dibasic sodium phosphate and purified water

Other side effects you may notice when using *Clobet cream* include:

- If you have psoriasis you may get raised bumps with pus under the skin. This can happen during or after the treatment.

Side effects if you use *Clobet cream* for a long time, or you use a lot each time you apply it:

- Stretch marks may develop.
- Blood vessels under the surface of your skin may become more noticeable.
- Increased hair growth.
- Thinning of your skin that may also damage more easily.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of *Clobet cream*

- Storage

Keep out of the reach and sight of children.

Store at temperature not exceeding 30°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White cream

- Ingredients

- Active ingredient

Clobetasol Propionate 0.05% w/w.

- Inactive ingredients

Simethicone, citric acid monohydrate, propylparaben, methylparaben, cetomacrogol 1000, propylene glycol, 2-octyldodecanol, glyceryl monostearate, mineral oil, white petrolatum, emulsifying wax,

- MAL number:

MAL19930559AZ

Manufacturer

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Product Registration Holder

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Date of revision

25/10/2023

Serial Number:

NPRA(R4/1)180118/00020