

Package Insert

SmofKabiven Electrolyte Free Emulsion for infusion



QUALITATIVE AND QUANTITATIVE COMPOSITION

SmofKabiven Electrolyte Free consists of a three chamber bag system. Each bag contains the following partial volumes depending on the five pack sizes

	493 ml	986 ml	1477 ml	1970 ml	2463 ml	Per 1000 ml
Amino acid solution	250ml	500 ml	750 ml	1000 ml	1250 ml	508 ml
Glucose 42%	149 ml	298 ml	446 ml	595 ml	744 ml	302 ml
Lipid emulsion	94 ml	188 ml	281 ml	375 ml	469 ml	190 ml

This corresponds to the following total compositions:

Active ingredients	493 ml	986 ml	1477 ml	1970 ml	2463 ml	Per 1000 ml
Alanine	3.5 g	7.0 g	10.5 g	14.0 g	17.5 g	7.1 g
Arginine	3.0 g	6.0 g	9.0 g	12.0 g	15.0 g	6.1 g
Glycine	2.8 g	5.5 g	8.2 g	11.0 g	13.8 g	5.6 g
Histidine	0.8 g	1.5 g	2.2 g	3.0 g	3.7 g	1.5 g
Isoleucine	1.3 g	2.5 g	3.8 g	5.0 g	6.2 g	2.5 g
Leucine	1,9 g	3.7 g	5.6 g	7.4 g	9.4 g	3.8 g
Lysine (as acetate)	1.7 g	3.3 g	5.0 g	6.6 g	8.4 g	3.4 g
Methionine	1.1 g	2.2 g	3.2 g	4.3 g	5.4 g	2.2 g
Phenylalanine	1.3 g	2.6 g	3.8 g	5.1 g	6.4 g	2.6 g
Proline	2.8 g	5.6 g	8.4 g	11.2 g	14.0 g	5.7 g
Serine	1.6 g	3.2 g	4.9 g	6.5 g	8.1 g	3.3 g
Taurine	0.25 g	0.50 g	0.75 g	1.0 g	1.2 g	0.5 g
Threonine	1.1 g	2.2 g	3.3 g	4.4 g	5.4 g	2.2 g
Tryptophan	0.5 g	1.0 g	1.5 g	2.0 g	2.5 g	1.0 g
Tyrosine	0.10 g	0.20 g	0.30 g	0.40 g	0.49 g	0.20 g
Valine	1.6 g	3.1 g	4.6 g	6.2 g	7.6 g	3.1 g
Glucose (as monohydrate)	63 g	125 g	187 g	250 g	313 g	127 g
Soya-bean oil, refined	5.6 g	11.3 g	16.9 g	22.5 g	28.1 g	11.4 g
Medium-chain triglycerides	5.6 g	11.3 g	16.9 g	22.5 g	28.1 g	11.4 g
Olive oil, refined	4.7 g	9.4 g	14.1 g	18.8 g	23.4 g	9.5 g
Fish oil, rich in omega 3-acids	2.8 g	5.6 g	8.4 g	11.3 g	14.0 g	5.7 g

Corresponding to

	493 ml	986 ml	1477 ml	1970 ml	2463 ml	Per 1000 ml
• Amino acids	25 g	50 g	75 g	100 g	125 g	51 g
• Nitrogen	4 g	8 g	12 g	16 g	20 g	8 g

• Carbohydrates						
- Glucose (anhydrous)	63 g	125 g	187 g	250 g	313 g	127 g
• Lipids	19 g	38 g	56 g	75 g	94 g	38 g
• Acetate ¹⁾	37 mmol	73 mmol	110 mmol	147 mmol	183 mmol	74.5 mmol
• Phosphate ²⁾	1.4 mmol	2.8 mmol	4.2 mmol	5.6 mmol	6.9 mmol	2.8 mmol
• Energy content	550 kcal	1100 kcal	1600 kcal	2200 kcal	2700 kcal	1100 kcal
- total (approx.)	2.3 MJ	4.6 MJ	6.7 MJ	9.2 MJ	11.3 MJ	4.6 MJ
- non protein (approx.)	450 kcal	900 kcal	1300 kcal	1800 kcal	2200 kcal	900 kcal
	1.9 MJ	3.8 MJ	5.4 MJ	7.5 MJ	9.2 MJ	3.8 MJ
• Osmolality	approx. 1600 mosmol/kg water					
• Osmolarity	approx. 1300 osmol/l					
• pH (after mixing)	approx. 5.6					
1)	Contribution from amino acid solution					
2)	Contribution from lipid emulsion					

PHARMACEUTICAL FORM

Emulsion for infusion.

Glucose and amino acid solutions are clear and colourless to slightly yellow and free from particles.

The lipid emulsion is white and homogenous.

Therapeutic indications

Parenteral nutrition for adults and children aged 2 years and above when oral or enteral nutrition is impossible, insufficient or contraindicated.

Posology and method of administration

The appearance of the product after mixing the 3 chambers is a white emulsion.

The patient's ability to eliminate lipids and metabolise nitrogen and glucose, and the nutritional requirements should govern the dosage and infusion rate, see section *Warnings & Precaution for Use*.

The dose should be individualised to the patient's clinical condition, body weight (bw), nutritional and energy requirements, adjusting dosage based upon additional oral/enteral intake.

The nitrogen requirements for maintenance of body protein mass depend on the patient's condition (e.g. nutritional state and degree of catabolic stress or anabolism).

Adults

The requirements are 0.6-0.9 g amino acids/kg bw/day (0.10-0.15 g nitrogen/kg bw/day) in the normal nutritional state or in conditions with mild catabolic stress. In patients with moderate to high metabolic stress with or without malnutrition, the requirements are in the range of 0.9-1.6 g amino acids/kg bw/day (0.15-0.25 g nitrogen/kg bw/day). In some very special conditions (e.g. burns or marked anabolism) the nitrogen need may be even higher.

Dosage

The dosage range of 13 ml – 31 ml SmofKabiven Electrolyte Free /kg bw/day will provide 0.6-1.6 g amino acids/kg bw/day (corresponds to 0.10-0.25 g nitrogen/kg bw/day) and 14-35 kcal/kg bw/day of total energy (12-27 kcal/kg bw/day of non-protein energy). This covers the need of the majority of the patients. In obese patients the dose should be based on the estimated ideal weight.

Infusion rate

The maximum infusion rate for glucose is 0.25 g/kg bw/h, for amino acid 0.1 g/kg bw/h, and for lipids 0.15 g/kg bw/h.

The infusion rate should not exceed 2.0 ml/kg bw/h (corresponding to 0.25 g glucose, 0.10 g amino acids, and 0.08 g lipids/kg bw/h). The recommended infusion period is 14-24 hours.

Maximum daily dose

The maximum daily dose varies with the clinical condition of the patient and may even change from day to day. The recommended maximum daily dose is 35 ml/kg bw/day.

The recommended maximum daily dose of 35 ml/kg bw/day will provide 1.8 g amino acids/kg bw/day (corresponding to 0.28 g nitrogen/kg bw/day), 4.5 g glucose/kg bw/day, 1.33 g lipids/kg bw/day and a total energy of 39 kcal/kg bw/day (corresponding to 31 kcal/kg bw/day of non-protein energy).

Paediatric population

Children (2-11 years)

Dosage:

The dose up to 35 ml/kg bw/day should be regularly adjusted to the requirements of the paediatric patient that varies more than in adult patients.

Infusion rate:

The recommended maximum infusion rate is 2.4 ml/kg bw/h (corresponding to 0.12 g amino acids/kg/h, 0.30 g glucose/kg/h and 0.09 g lipids/kg/h). At the recommended maximum infusion rate, do not use an infusion period longer than 14 hours 30 minutes, except in exceptional cases and with careful monitoring.

The recommended infusion period is 12-24 hours.

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Adolescents (12-18 years)

In adolescents, SmofKabiven Electrolyte Free can be used as in adults.

Method and duration of administration

Intravenous use, infusion into a central vein.

The five different package sizes of SmofKabiven Electrolyte Free are intended for patients with high, moderately increased or basal nutritional requirements. To provide total parenteral nutrition, trace elements, electrolytes and vitamins should be added to SmofKabiven Electrolyte Free according to the patients need.

Contraindications

- Hypersensitivity to fish-, egg-, soya- or peanut protein or to any of the active substances or excipients
- Severe hyperlipidemia
- Severe liver insufficiency
- Severe blood coagulation disorders
- Congenital errors of amino acid metabolism
- Severe renal insufficiency without access to hemofiltration or dialysis
- Acute shock
- Uncontrolled hyperglycaemia
- General contraindications to infusion therapy: acute pulmonary oedema, hyperhydration, and

- decompensated cardiac insufficiency
- Hemophagocytotic syndrome
- Unstable conditions (e.g. severe post-traumatic conditions, uncompensated diabetes mellitus, acute myocardial infarction, stroke, embolism, metabolic acidosis, severe sepsis, hypotonic dehydration and hyperosmolar coma).
- Infants and children under 2 years of age

Special warnings and precautions for use

The capacity to eliminate lipids is individual and should therefore be monitored according to the routines of the clinician. This is in general done by checking the triglyceride levels. The concentration of triglycerides in serum should not exceed 4 mmol/l during infusion. An overdose may lead to fat overload syndrome, see section *Undesirable effects*.

SmofKabiven Electrolyte Free should be given with caution in conditions of impaired lipid metabolism, which may occur in patients with renal failure, diabetes mellitus, pancreatitis, impaired liver function, hypothyroidism and sepsis.

This medicinal product contains soya-bean oil, fish oil and egg phospholipids, which may rarely cause allergic reactions. Cross allergic reaction has been observed between soya-bean and peanut.

To avoid risks associated with too rapid infusion rates, it is recommended to use a continuous and well-controlled infusion, if possible by using a volumetric pump.

Since an increased risk of infection is associated with the use of any central vein, strict aseptic precautions should be taken to avoid any contamination during catheter insertion and manipulation.

Serum glucose, electrolytes and osmolarity as well as fluid balance, acid-base status and liver enzyme tests should be monitored.

Blood cell count and coagulation should be monitored when lipids are given for a longer period.

SmofKabiven Electrolyte Free is produced almost electrolyte free for patients with special and/or limited electrolyte requirements. Sodium, potassium, calcium, magnesium and additional amounts of phosphate should be added governed by the clinical condition of the patient and by frequent monitoring of serum levels.

In patients with renal insufficiency, the phosphate intake should be carefully controlled to prevent hyperphosphatemia.

The amount of individual electrolytes to be added is governed by the clinical condition of the patient and by frequent monitoring of serum levels.

Parenteral nutrition should be given with caution in lactic acidosis, insufficient cellular oxygen supply and increased serum osmolarity.

Any sign or symptom of anaphylactic reaction (such as fever, shivering, rash or dyspnoea) should lead to immediate interruption of the infusion.

The lipid content of SmofKabiven Electrolyte Free may interfere with certain laboratory measurements (e.g. bilirubin, lactate dehydrogenase, oxygen saturation, hemoglobin) if blood is sampled before fat has been adequately cleared from the bloodstream. Fat is cleared after a fat-free interval of 5-6 hours in most patients.

Intravenous infusion of amino acids is accompanied by increased urinary excretion of the trace elements, in particular copper and zinc. This should be considered in the dosing of trace elements, especially during long-term intravenous nutrition.

In malnourished patients, initiation of parenteral nutrition can precipitate fluid shifts resulting in pulmonary

oedema and congestive heart failure as well as a decrease in the serum concentration of potassium, phosphorus, magnesium and water soluble vitamins. These changes can occur within 24 to 48 hours, therefore careful and slow initiation of parenteral nutrition is recommended in this patient group, together with close monitoring and appropriate adjustments of fluid, electrolytes, minerals and vitamins.

SmofKabiven Electrolyte Free should not be given simultaneously with blood in the same infusion set due to the risk of pseudoagglutination.

In patients with hyperglycaemia, administration of exogenous insulin might be necessary.

Paediatric population

Due to composition of the amino acid solution in SmofKabiven Electrolyte Free it is not suitable for the use in newborns or infants below 2 years of age.

Interaction with other medicinal products and other forms of interaction

Some medicinal products, like insulin, may interfere with the body's lipase system. This kind of interaction seems, however, to be of limited clinical importance.

Heparin given in clinical doses causes a transient release of lipoprotein lipase into the circulation. This may result initially in increased plasma lipolysis followed by a transient decrease in triglyceride clearance.

Soya-bean oil has a natural content of vitamin K₁. However, the concentration in SmofKabiven Electrolyte Free is so low that it is not expected to significantly influence the coagulation process in patients treated with coumarin derivatives.

Pregnancy and lactation

There are no data available on exposure of SmofKabiven Electrolyte Free in pregnant or breast-feeding women. There are no studies available on reproductive toxicity in animals. Parenteral nutrition may become necessary during pregnancy and lactation. SmofKabiven Electrolyte Free should only be given to pregnant and breast-feeding women after careful consideration.

Effects on ability to drive and use machines

Not relevant.

Undesirable effects

	<i>Common</i> ≥1/100, <1/10	<i>Uncommon</i> ≥1/1000, <1/100	<i>Rare</i> ≥1/10000, <1/1000
<i>Cardiac disorders</i>			Tachycardi
<i>Respiratory, thoracic and mediastinal disorders</i>			Dyspnoea
<i>Gastrointestinal disorders</i>		Lack of appetite, nausea, vomiting	
<i>Metabolism and nutrition disorders</i>		Elevated plasma levels of liver enzymes	
<i>Vascular disorders</i>			Hypotension, hypertension
<i>General disorders and administration site conditions</i>	Slight increase in body temperature	Chills, dizziness, headache	Hypersensitivity-reactions (e.g. anaphylactic or anaphylactoid reactions, skin rash, urticaria, flush, headache), heat or cold sensation, paleness, cyanosis, pain in the neck, back, bones, chest and loins.

Should these side-effects occur the infusion of SmofKabiven Electrolyte Free should be stopped or, if necessary, continued at a reduced dosage.

Fat overload syndrome

Impaired capacity to eliminate triglycerides can lead to “Fat overload syndrome” which may be caused by overdose. Possible signs of metabolic overload must be observed. The cause may be genetic (individually different metabolism) or the fat metabolism may be affected by ongoing or previous illnesses. This syndrome may also appear during severe hypertriglyceridemia, even at the recommended infusion rate, and in association with a sudden change in the patient’s clinical condition, such as renal function impairment or infection. The fat overload syndrome is characterised by hyperlipemia, fever, fat infiltration, hepatomegaly with or without icterus, splenomegaly, anemia, leukopenia, thrombocytopenia, coagulation disorder, hemolysis and reticulocytosis, abnormal liver function tests and coma. The symptoms are usually reversible if the infusion of the lipid emulsion is discontinued.

Excess of amino acid infusion

As with other amino acid solutions, the amino acid content in SmofKabiven Electrolyte Free may cause undesirable effects when the recommended infusion rate is exceeded. These effects are nausea, vomiting, shivering and sweating. Amino acid infusion may also cause a rise in body temperature. With an impaired renal function, increased levels of nitrogen containing metabolites (e.g. creatinine, urea) may occur.

Excess of glucose infusion

If the glucose clearance capacity of the patient is exceeded, hyperglycaemia will develop.

Overdose

See section Undesirable effects. “Fat overload syndrome”, “Excess of amino acid infusion” and “Excess of glucose infusion”.

If symptoms of overdose of lipids or amino acids occur, the infusion should be slowed down or discontinued. There is no specific antidote for overdose. Emergency procedures should be general supportive measures, with particular attention to respiratory and cardiovascular systems. Close biochemical monitoring would be essential and specific abnormalities treated appropriately.

If hyperglycaemia occurs, it should be treated according to the clinical situation either by appropriate insulin administration and/or adjustment of the infusion rate.

Additionally, overdose might cause fluid overload, electrolyte imbalances and hyperosmolality.

In some rare serious cases, haemodialysis, haemofiltration or haemo-diafiltration may be considered.

PHARMACOLOGICAL PROPERTIES

Pharmacodynamic properties

Lipid emulsion

The lipid emulsion of SmofKabiven Electrolyte Free is composed of Smoflipid and has a particle size and biological properties similar to those of endogenous chylomicrons. The constituents of Smoflipid; soya-bean oil, medium-chain triglycerides, olive oil and fish oil have except for their energy contents, their own pharmacodynamic properties.

Soya-bean oil has a high content of essential fatty acids. The omega-6 fatty acid linoleic acid is the most abundant (approx. 55-60%). Alpha-linolenic acid, an omega-3 fatty acid, constitutes about 8 %. This part of the product provides the necessary amount of essential fatty acids.

Medium-chain fatty acids are rapidly oxidised and provide the body with a form of immediately available energy.

Olive oil mainly provides energy in the form of mono-unsaturated fatty acids, which are much less prone to peroxidation than the corresponding amount of poly-unsaturated fatty acids.

Fish oil is characterised by a high content of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). DHA is an important structural component of cell membranes, whereas EPA is a precursor of eicosanoids as prostaglandines, thromboxanes and leucotrienes.

Two studies providing home parenteral nutrition in patients in need of long-term nutrition support have been performed. The primary objective in both studies was to show safety. Efficacy was the secondary objective in one of the studies, which was done in paediatric patients. This study was stratified by age groups (1 month - <2 years, and 2–11 years respectively). Both studies showed that Smoflipid has the same safety profile as the comparator (Intralipid 20%). Efficacy in the paediatric study was measured by weight gain, height, body mass index, pre-albumin, retinol binding protein and fatty acid profile. There was no difference between the groups in any of the parameters except the fatty acid profile after 4 weeks treatment. The fatty acid profile in the Smoflipid patients revealed an increase in omega-3 fatty acids in plasma lipoproteins and red blood cells phospholipids and hence reflects the composition of the infused lipid emulsion.

Amino acids

The amino acids, constituents of protein in ordinary food, are utilised for tissue protein synthesis and any surplus is channelled to a number of metabolic pathways. Studies have shown a thermogenic effect of amino acid infusion.

Glucose

Glucose should have no pharmacodynamic effects apart from contributing to maintain or replete the normal nutritional status.

Pharmacokinetic properties

Lipid emulsion

The individual triglycerides in Smoflipid have different clearance rate but Smoflipid as a mixture is eliminated faster than long chain triglycerides (LCT). Olive oil has the slowest clearance rate of the components (somewhat slower than LCT) and medium chain triglycerides (MCT) the fastest. Fish oil in a mixture with LCT has the same clearance rate as LCT alone.

Amino acids

The principal pharmacokinetic properties of the infused amino acids are essentially the same as for amino acids supplied by ordinary food. However, the amino acids of dietary protein first enter the portal vein and then the systemic circulation, while intravenously infused amino acids reach the systemic circulation directly.

Glucose

The pharmacokinetic properties of infused glucose are essentially the same as those of glucose supplied by ordinary food.

Preclinical safety data

Preclinical safety studies with SmofKabiven Electrolyte Free have not been performed. However, preclinical data for Smoflipid as well as amino acid and glucose solutions of various concentrations reveal no special hazard for humans based on conventional studies of safety pharmacology, repeated dose toxicity and genotoxicity. No teratogenic effects or other embryotoxic injuries could be observed in rabbits with amino acid solutions and are not to be expected from fat emulsions when giving at the recommended doses as substitution therapy. Nutritional products (amino acid solutions and fat emulsions) used in replacement therapy at physiological levels are not expected to be embryotoxic, teratogenic, or to influence reproductive performance or fertility.

In a test on guinea pigs (maximisation test) fish oil emulsion showed moderate dermal sensitisation. A systemic antigenicity test gave no indication of evidence of anaphylactic potential of fish oil.

In a local tolerance study in rabbits with Smoflipid a slight, transient inflammation after intra-arterial, paravenous or subcutaneous administration was observed. After intra-muscular administration a moderate transient inflammation and tissue necrosis were seen in some animals.

Incompatibilities

SmofKabiven Electrolyte Free may only be mixed with other medicinal products for which compatibility has been documented.

Shelf life

Shelf life of the medicinal product as packaged for sale

2 years

Shelf life after mixing

Chemical and physical in-use stability of the mixed three chamber bag has been demonstrated for 36 hours at 25 °C. From a microbiological point of view the product should be used immediately. If not used immediately, in-use storage times and conditions prior to use are the responsibility of the user and would normally not be longer than 24 hours at 2-8 °C.

Shelf life after mixing with additives

From a microbiological point of view, the product should be used immediately when additions have been made. If not used immediately, the in-use storage time and conditions prior to use are the responsibility of the user and should normally not be longer than 24 hours at 2-8 °C.

Special precautions for storage

Do not store above 25 °C. Do not freeze. Store in overpouch.

Pack sizes:

1 x 986 ml, 4 x 986 ml

1 x 1477 ml, 4 x 1477 ml

1 x 1970 ml, 2 x 1970 ml

1 x 2463 ml, 2 x 2463 ml

Not all pack sizes may be marketed.

Special precaution for disposal

Instructions for use

Do not use if package is damaged. Use only if the amino acid and glucose solutions are clear and colourless or slightly yellow and the lipid emulsion is white and homogenous. The contents of the three separate chambers have to be mixed before use, and before any additions are made via the additive port.

After separation of the peelable seals the bag should be inverted on a number of occasions to ensure a homogenous mixture, which does not show any evidence of phase separation.

Compatibility

Only medicinal or nutrition solutions for which compatibility has been documented may be added to SmofKabiven Electrolyte Free. Compatibility for different additives and the storage time of the different admixtures will be available upon request.

Addition should be made aseptically.

For single use only. Any mixture remaining after infusion must be discarded.

Any unused medicinal product or waste material should be disposed in accordance with local requirement.

Manufactured by :

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