

APO-TAMSULOSIN CR TABLETS 0.4mg

Tamsulosin Hydrochloride 0.4mg

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What Apo-Tamsulosin is used for

Apo-Tamsulosin (tamsulosin hydrochloride) is indicated for the treatment of Lower Urinary Tract Symptoms (LUTS) associated with benign prostatic hyperplasia (BPH).

How Apo-Tamsulosin works

Apo-Tamsulosin is an alpha-blocker that relaxes the muscles in the prostate and bladder neck, making it easier to urinate.

Before you use Apo-Tamsulosin

- When you must not use it

Do not use this product if you are allergic to tamsulosin or any other ingredients in this medication (please refer to **Product Description**)

You also should not use Apo-Tamsulosin if you are using certain medication, such as concomitant strong CYP3A4 inhibitors (e.g. ketoconazole)

Pregnancy and lactation

Apo-Tamsulosin (Tamsulosin hydrochloride) is not indicated for use in women.

- Before you start to use it

Before you start to use Apo-Tamsulosin, you should inform your doctor if you have any other medication condition that require attention.

- Taking other medicines

Certain medication might cause complication when taken together with Apo-Tamsulosin, which includes:

- Strong inhibitors of CYP3A4 (e.g. ketoconazole)
- Moderate inhibitors of CYP3A4 (e.g. erythromycin)
- Cimetidine
- Other alpha adrenergic blocking agent
- Warfarin

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Apo-Tamsulosin

- How much to use

Apo-Tamsulosin 0.4 mg once daily is recommended as the dose for the treatment of lower urinary tract symptoms (LUTS) associated with Benign Prostatic Hyperplasia (BPH).

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Apo-Tamsulosin should be taken at the same time each day with or without food. Apo-Tamsulosin tablets must be swallowed whole, as crushing or chewing will interfere with the controlled release of the active ingredient.

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Apo-Tamsulosin for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

If you use too much of Apo-Tamsulosin, you might experience some hypotensive effects.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Apo-Tamsulosin .

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Apo-Tamsulosin to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

As with all alpha blockers, a reduction in blood pressure can occur in individual cases during treatment, as a result of which, rarely, syncope (temporary loss of consciousness caused by a fall in blood pressure.) can

occur. At the first signs of orthostatic hypotension (dizziness, weakness), the patient should sit or lie down until the symptoms have disappeared.

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Apo-Tamsulosin can cause side effects, although not everybody gets them.

- You might experience some side effects, such as the following:
- Dizziness
- Ejaculation Disorders
- Palpitations
- Constipation
- Diarrhea
- Nausea
- Vomiting
- Asthenia (lack of energy)
- Headache
- Syncope

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Apo-Tamsulosin

- Storage

Keep out of the reach and sight of children.

Store below 30°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Yellowish-brown, round, biconvex film-coated tablet. Engraved “TA” over “0.4” on one side, plain on the other side.

- Ingredients

- Active ingredient
Tamsulosin Hydrochloride
- Inactive ingredients
Sodium Alginate, Citric Acid Anhydrous, Hydroxypropyl Methylcellulose K15M, Magnesium Sterate, Colloidal Silicon Dioxide, Hydroxypropyl Methylcellulose E5, Hydroxypropyl Cellulose, Polyethylene Glycol 8000, Yellow Ferric Oxide, Purified Water

- MAL number:

MAL18106110AZ

Manufacturer

Apotex Inc.
150 Signet Drive Toronto, Ontario
Canada M9L 1T9

Product Registration Holder

Pharmaforte (M) Sdn Bhd
2, Jalan PJU 3/49, Sunway Damansara,
47810 Petaling Jaya, Selangor, Malaysia.

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