

Apo-Feno SP160mg FC tablets

Fenofibrate

What is in this leaflet

This leaflet answers some of the common questions people ask about APO-FENO SP. It does not contain all the information that is known about APO-FENO SP.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor will have weighed the risks of you taking APO-FENO SP against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

Keep this leaflet with the medicine.

You may need to read it again.

What is the medication for

APO-FENO SP belongs to a family of medicines called Lipid Metabolism Regulator.

APO-FENO SP has been prescribed to you by your doctor for the treatment of abnormally high cholesterol, usually in cases where hypercholesterolemia and hyperglyceridaemia alone or combined (type IIa,IIb, II, IV, and V dyslipidaemias). It can be also prescribed for the treatment of secondary hyperlipoproteinaemias if the hyperlipoproteinaemia persist despite effective treatment.

How it works

APO-FENO SP is believed to work by reducing the bad cholesterol (low density lipoproteins[LDL] and very low density lipoproteins [VLDL]) and triglycerides in your blood. It also increases good cholesterol (High Density Lipoproteins [HDL]) levels. By reducing the

cholesterol level, there will be lesser chances of heart disease to occur, such as heart attack.

Before you use

When you must not take it

Before you start to take it

Taking other medicines

Before taking APO-FENO SP, your doctor needs to know:

- Any other medical condition that you may have, including severe liver, kidney, gallbladder disease;
- If you are allergic to fenofibrate, or any of the ingredients of the medication;
- Have had a severe skin reaction to other fibrates or ketoprofen;
- Whether you are planning to get pregnant, are currently pregnant or are nursing an infant;
- Any other prescription or over-the-counter medication that you are currently taking.
- If you are allergic to other medication of the fibrate class (e.g. gemfibrozil, bezafibrate)
- If your child is going to take it.

How to take

How much to take

The recommended dose for APO-FENO SP (fenofibrate) in adults is one tablet taken with the main meal with water.

It is very important that you take APO-FENO SP exactly as your doctor has instructed.

Never increase or decrease the amount of APO-FENO SP you, or those in your care, are taking

unless your doctor tells you to and do not stop taking this medication without consulting your doctor. You also must not share this medication with others without consulting your doctor.

When to take it

APO-FENO SP should be taken with food. You should swallow the capsule whole; do not chew it.

How long to take it

It should be taken long term under supervision of your doctor.

If you forget to take it

Take your recommended dose as soon as you remember, unless it is nearly time for the next dose. Then take your next dose at the right time. Do not take a double dose to make up for a missed dose. If you are not sure what to do after missing a dose, contact your doctor or pharmacist for advice.

If you take too much (overdose)

If you have accidentally taken more than your prescribed dose, contact your nearest casualty department or tell your doctor or pharmacist immediately. Remember to take the pack and any remaining tablets with you.

While you are using it

Things you must do

Carefully follow any measures that your physician has recommended for diet, exercise or weight control.

Things you must not do

Do not start taking any other medicines unless you have discussed the matter with your physician.

Things to be careful of

If you experience any side effect which is bothersome during the process of taking APO-FENO SP, contact your doctor immediately. For women who are planning to be pregnant or nursing mother, it is advised that you discuss with your doctor before taking this medication after a risk/benefit assessment.

Side effects

Side effects that you might have while taking APO-FENO SP include: nausea, stomach pain, flatulence, constipation, muscle pain and weakness, headache, dizziness, or insomnia. Some side effects that may occur, generally do not require medical attention, and may come and go during treatment. There are also very rare side effects such as sudden muscular cramps and weakness. Consult your doctor if you experience these or other side effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549, or visiting the website npra.moh.gov.my [Public-> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

After using this medication

Storage

Remember to keep APO-FENO SP and all medications safely away from children.

Do not use this medicine after the month and year written after EXP on the container.

Store APO-FENO SP below 30°C, avoiding excess humidity.

Disposal

Ask your pharmacist what to do with any tablets you have left over if your doctor tells you to stop

taking them, or you find that the expiry date has passed.

Product Description

What it looks like?

White, oval, biconvex, film-coated tablet, engraved APO on one side and FEN160 on the other side.

Ingredients:

Active ingredient: Fenofibrate

Non-medicinal ingredients include: Croscarmellose Sodium, NF, Hydroxypropyl Cellulose (LF), NF, Hydroxypropyl Methylcellulose 2910 E5, USP, Polyethylene .

Malaysian Registration Number

MAL09072771AZ

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Marketing Authorization Holder

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