MEDIXON TABLET

Methylprednisolone (4 mg)

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What Medixon is used for

Medixon is used in the treatment of various conditions such as allergy or inflammation.

How Medixon works

Medixon contains a corticosteroid. It decreases the body's immune response to certain diseases and reduces symptoms such as swelling and redness.

Before you use Medixon

<u>-When you must not take it</u>

Do not take Medixon if:

- You have allergies to methylprednisolone or any other steroid medicine or any of the ingredients in Medixon.
 An allergic reaction may cause a skin rash or reddening, swollen face or lips or shortness of breath.
- You have recently had any vaccination.
- You have any fungal infection.
- You have bowel or stomach ulcer, osteoporosis, history of psychosis, and herpes virus infection, especially when you take Medixon for long-term treatment.

If you get a rash or symptom of an infection, tell your doctor immediately.

-Before you start to take it

Talk to your doctor or pharmacist before taking Medixon if you have any of the diseases or conditions below:

- -You are about to have any vaccination.
- You have tuberculosis or you have suffered tuberculosis in the past.
- You have an under-active thyroid or liver scarring.
- You have infection including viral eye infection.

-Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. This could affect the way Medixon or the other medicine works.

Inform your doctor if you are taking:

- Prednisolone or antiinflammatory medicines such as NSAID or aspirin.
- Anti-diabetic medicines.
- Ciclosporin: used to prevent organ rejection after an organ transplant
- Anti-epilepsy medicine such as phenytoin
- Anti-anxiety such as barbiturate.
- Antibiotics such as troleandomycin or rifampicin.
- Ketoconazole: Treat fungal infections.
- Anticoagulants:
- Prevent blood clot.

How to use Medixon

<u>*-How much to take*</u> Adults:

The usual dose is 1 to 12 tablets daily, depending on your condition and how severe it is. In a multiple sclerosis, 40 tablets daily for one week and continued 16 tablets every other day for one month.

Your doctor may tell you to take your daily dose as a single dose, split your daily dose, or take it every other day.

Children:

Corticosteroids can affect growth in children so your doctor will prescribe the lowest dose that will be effective for your child.

-When to use it

It is recommended to take concomitantly with food to minimize the gastrointestinal stomach irritation. Swallow the tablets whole with a drink of water.

-How long to use it

Take your medicine for the duration your doctor tells you.

-If you forget to use it

Take missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

-Things you must do

• Tell your doctor if you are pregnant, think you might be pregnant or planning to have a

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baby, as this medicine could slow the baby's growth and causing the risk of low birth weight, this risk can be minimized by taking the lowest effective dose of the corticosteroids.

• You should tell your doctor if you are breastfeeding.

-Things you must not do

• Do not stop taking Medixon abruptly.

• Do not be vaccinated against any immunization especially on high dose, because of possible hazards of brain and nerve complications.

• Do not take Medixon to treat any other complaints unless your doctor tells you to.

• Do not give Medixon to anyone else, even if they have the same condition as you.

-Things to be careful of

Taking Medixon may mask some signs of infection. Please refer to your doctor or pharmacist before use.

Side effects

Like all medicines, Medixon may cause side effects, although not everybody gets them.

Tell your doctor or pharmacist if you notice any of the following and they worry you.

Side effects occur in a prolonged usage or in a large dose e.g.:

- Fluid and electrolyte disturbances
- Muscle weakness,
- Impaired wound healing
- Increased blood pressure
- Clouding of the eye lens
- Slowing of normal growth in children
- Your body does not produce enough of

adrenal hormone (adrenal insufficiency)

 Abnormal condition caused by excess corticosteroids (Cushing's syndrome) e.g. round or moonshaped face, osteoporosis, and stomach ulcer.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website <u>npra.gov.my</u> [Consumers→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and disposal of Medixon

-Storage

Keep your medicine in a dry place where the temperature below 30°C and protect from light. Do not use MEDIXON after the expiry date which is printed on the packaging. The expiry date refers to the last day of that month.

-Disposal

Do not throw away medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

Product description

<u>-What it looks like</u>

MEDIXON tablets are round, white, flat beveled edge surfaces, odorless, bitter taste, printed a breakline on side I and "DEXA" on side II.

Each Medixon blister has 10 tablets and 10 blisters per box.

<u>-Ingredients</u> - Active ingredient Each tablet contains 4 mg methylprednisolone.

-Inactive ingredients Maize Starch, Ludipress, LHPC LH-11, Magnesium Stearate, Talc.

<u>-MAL number:</u> MAL19990587AZ

Manufacturer

PT Dexa Medica Jl. Jend. Bambang Utoyo No. 138 Palembang-Indonesia

Product Registration Holder

Pharmaforte (M) Sdn. Bhd. 2, Jalan PJU 3/49, Sunway Damansara, 47810 Petaling Jaya, Selangor-Malaysia.

Date of Revision

29/7/2022

Serial Number

NPRA(R4/1)010422/00023