

TIMOLOL-POS EYE DROPS

Timolol Maleate (0.5% w/v)

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What Timolol-POS is used for

Timolol-POS is used for treatment of eye diseases in which the pressure in the eyes is elevated such as glaucoma.

How Timolol-POS works

Timolol-POS contains timolol maleate which belongs to a class of medications called beta blocker. It reduces elevated pressure in the eyes by decreasing the secretion of the fluid in the eyes.

Before you use Timolol-POS

-When you must not use it

Do not use Timolol-POS if you are:

- Allergic to timolol maleate, beta-blockers or any other ingredients in this product
- Having: -
 - breathing difficulty including asthma
 - heart disorders
 - severe hay fever, a nasal allergy
 - nutritional disorders involving the cornea.

- Before you start to use it

Consult your doctor before using Timolol-POS if you have or had any medical problems.

Consult your doctor if you are pregnant or breast feeding.

When Timolol-POS are applied to the mother shortly before delivery, slow heartbeat, low blood glucose level and breathing difficulty may occur in newborns. Therefore, the newborn should be observed carefully for several days after delivery.

-Taking other medicines

Timolol- POS can affect or be affected by other medication you are using. Consult your doctor or pharmacist for advice before using the following medicines:

- adrenaline or pilocarpine containing eye drops.
- calcium channel blocker or beta blocker for high blood pressure.

How to use Timolol-POS

-How much to use

The usual dose is 1 drop twice daily.

-When to use it

Use twice daily or as directed by your doctor or pharmacist.

- How long to use it

Timolol-POS is usually a long-term treatment. A treatment withdrawal or change of dosing should only follow recommendations of your doctor.

Use in children & adolescents: Safety and effectiveness in children are not established.

- Unscrew the cap covering the nozzle.
- Tilt your head back, invert the bottle and gently squeeze out one drop onto the exposed surface of the lower lid avoiding any contact of the bottle with eye or skin.
- After application: Close your eye as long as possible (e.g: 3-5minutes)

- Put a finger on inner corner of the eye to avoid absorption of timolol into the whole body.

- If you forget to use it

Apply missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Excessive use of beta-blockers on the eye may cause severe systemic effects. Overdose may lead to severe low blood pressure, heart problems, breathing difficulty, vomiting, confusion or cramping may occur.

While you are using it

- Things you must do

Remove contact lenses before using the eye drops and put them back 15 minutes later. Get a regular check up on the eyes during treatment.

-Things you must not do

Do not stop using the medicine unless advised by your doctor.

- Things to be careful of

Timolol-POS may cause blurred vision after use. Do not drive or use machines until your vision is back to normal.

Side effects

Like all medicines, Timolol-POS can cause side effects, although not everybody gets them. Please consult

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your doctor or pharmacist for further information.

Like other medicines applied into eyes, timolol may be absorbed into the blood. This may cause similar side effects as seen with other beta-blocking agents although the incidence is lower with eye drops. Listed side effects include:

- Allergy reaction (swelling of the skin, rash, etc).
- Dizziness, fainting
- Signs and symptoms of eye irritation such as redness, dryness and double vision.
- Slow heart rate, palpitations, heart failure, irregular heart beat.
- Low blood pressure
- Difficulty breathing
- Hair loss
- Vomiting
- Weakness
- Hallucination

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npa.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Timolol-POS

- Storage

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and folding carton. The expiry date refers to the last day of that month.

Do not store above 30°C.

Timolol-POS can be used up to 4 weeks after the bottle has been opened.

- Disposal

Do not throw away medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

Product Description

- What it looks like

Timolol-POS is a clear, colourless eye drop filled in plastic bottles of 5ml. Each package contains 1 plastic bottle with screw cap.

- Ingredients

- Active ingredient(s)

Each ml contains 6.84 mg of timolol maleate (equivalent to 5 mg timolol)

- Inactive ingredients

The other ingredients are benzalkonium chloride (preservative), sodium dihydrogen phosphate dihydrate, disodium phosphate dodecahydrate, water for injections.

- MAL number:

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Manufacturer

Ursapharm Arzneimittel GmbH
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Product Registration Holder

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