

Efficort[®] Cream

Hydrocortisone aceponate

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What is Efficort[®] Cream used for

Efficort[®] Cream is best used for contact dermatitis, atopic dermatitis such as eczema, psoriasis and lichenification.

How Efficort[®] Cream works

Efficort Cream contains menthol hydrocortisone acepoanate which acts on certain inflammatory and allergic processes occurring in the course of atopic and/or contact dermatitis.

Before you use Efficort[®] Cream

When you must not use Efficort[®] Cream

Efficort[®] Cream must not be used on open wounds or damage skin.

How to use Efficort[®] Cream

Squeeze the tube gently at its base to place a quantity of cream on the fingertips sufficient to cover the area to be treated. Wash hands thoroughly and replace cap tightly after use.

How much to use

Adults:

Unless otherwise prescribed, Efficort[®] Cream should be applied once to twice daily in a thin layer over the affected skin areas. For the application to be reasonable it is

advisable to dab a small amount of product on to several sites at the affected areas and to gently massage in until has been completely absorbed.

Application should be limited to twice a day. An increase in the number of daily applications would be likely to aggravate the side effects without improving the therapeutic efficacy of the preparation.

Infants and young children

Unless otherwise prescribed, one daily application is generally adequate. Continuous daily treatment should be limited to a short period (about 1 week). If used for a longer duration, periodical steroid-free breaks should be interposed. Occlusive dressings should be avoided in infants and young children.

When to use it

Efficort[®] Cream is recommended to use twice daily in daily over the affected area in adult and once daily for infants and young children.

How long to use it

How long you will need to use Efficort[®] Cream will depend on the dosage stated in the information leaflet or prescribed by your doctor or pharmacist.

If you forget to use it

Use it again as directed, as soon as you remember.

If you use too much (overdose)

Efficort[®] Cream is for cutaneous use only. If the medication is applied excessively, no more rapid or better results will be obtained and the undesirable effects may be increased and intensified.

While you are using Efficort[®] Cream

Things you must do

Keep out of the reach of children.

Things you must not do

Do not prolong the use on the face of high-potency corticosteroids as it can give rise to a corticosteroids-induced dermatitis.

Do not increase in the number of application as it would be likely to worsen the side effects.

In the event of application to the eyelids, the duration of treatment must be limited. Prolonged application exposes the patient to the risk of glaucoma and a rebound effect can be observed.

Side effects

Cutaneous application of potent corticosteroids to large areas (30% of the body surface area or more) and/or over long periods (more than 2 weeks) may lead to onset of the following undesirable effects:

- Hair follicle inflammation
- Increased and intensified hair growth (hypertrichosis)
- Skin bleaching
- Fragile skin.

Disruption of the pituitary-adrenal axis on systemic uptake of the drug through the skin may also occur, particularly upon occlusive treatment of large areas.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Efficort Cream

Store at room temperature ($\leq 30^{\circ}\text{C}$).
Keep out of reach of children.

Efficort[®] Cream

Hydrocortisone aceponate

Product Description

Efficort[®] Cream is a white, unctuous, uniformly smooth water-in-oil cream with a slight almond odour.

What it looks like

Ingredients

Active Ingredient: hydrocortisone aceponate.

Excipients: white petroleum, benzyl alcohol, wax SE, purified water, stearyl alcohol.

MAL no:

MAL19972490AZ

Manufacturer

Lichtenheldt GmbH Pharmazeutische Fabrik
Lichtenheldt GmbH - Werk I
Industriestrasse 7-11
23812 Wahlstedt
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Product Registration Holder:

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