

Efficort[®] Lipocream

Hydrocortisone aceponate

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What is Efficort[®] Lipocream used for

Efficort[®] Lipocream is recommended for the treatment of dry squamous inflammatory lesions.

How Efficort[®] Lipocream works

Efficort[®] Lipocream contains hydrocortisone aceponate which acts on certain inflammatory and allergic processes occurring in the course of atopic and/or contact dermatitis.

Before you use Efficort[®] Lipocream

When you must not use Efficort[®] Lipocream

Efficort[®] Lipocream must not be used on open wounds or damage skin.

How to use Efficort[®] Lipocream

Squeeze the tube gently at its base to place a quantity of cream on the fingertips sufficient to cover the area to be treated. Wash hands thoroughly and replace cap tightly after use.

How much to use

Adults:

Unless otherwise prescribed, Efficort[®] Lipocream should be applied once to twice daily in a thin

layer over the affected skin areas. For the application to be reasonable it is advisable to dab a small amount of product on to several sites at the affected areas and to gently massage in until has been completely absorbed.

Application should be limited to twice a day. An increase in the number of daily applications would be likely to aggravate the side effects without improving the therapeutic efficacy of the preparation.

Infants and young children

Unless otherwise prescribed, one daily application is generally adequate. Continuous daily treatment should be limited to a short period (about 1 week). If used for a longer duration, periodical steroid-free breaks should be interposed. Occlusive dressings should be avoided in infants and young children.

When to use it

Efficort[®] Lipocream is recommended to use twice daily in daily over the affected area in adult and once daily for infants and young children.

How long to use it

How long you will need to use Efficort[®] Lipocream will depend on the dosage stated in the information leaflet or prescribed by your doctor or pharmacist.

If you forget to use it

Use it again as directed, as soon as you remember.

If you use too much (overdose)

Efficort[®] Lipocream is for cutaneous use only. If the medication is applied excessively, no more rapid or better results will be obtained and the undesirable effects may be increased and intensified.

While you are using Efficort[®] Lipocream

Things you must do

Keep out of the reach of children.

Things you must not do

Do not prolong the use on the face of high-potency corticosteroids as it can give rise to a corticosteroids-induced dermatitis.

Do not increase in the number of application as it would be likely to worsen the side effects.

In the event of application to the eyelids, the duration of treatment must be limited. Prolonged application exposes the patient to the risk of glaucoma and a rebound effect can be observed.

Side effects

Cutaneous application of potent corticosteroids to large areas (30% of the body surface area or more) and/or over long periods (more than 2 weeks) may lead to onset of the following undesirable effects:

- Hair follicle inflammation
- Increased and intensified hair growth
- Skin bleaching
- Fragile skin.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Efficort[®] Lipocream

Store at room temperature ($\leq 25^{\circ}\text{C}$).
Keep out of reach of children.

Product Description

Efficort[®] Lipocream is a white, greasy, uniformly smooth water-in-oil cream with a slight almond odour.

Efficort[®] Lipocream

Hydrocortisone aceponate

What it looks like

Ingredients

Active Ingredient: Hydrocortisone aceponate.

Excipients: White soft paraffin, Aluminium di/tristearate, Liquid paraffin, Protein WX, Dub BW, Magnesium sulphate heptahydrate, Purified water.

MAL no:

MAL19972489AZ

Manufactured by:

Lichtenheldt GmbH Pharmazeutische Fabrik
Lichtenheldt GmbH - Werk I
Industriestrasse 7-11
23812 Wahlstedt
Germany

Product Registration Holder:

Pharmaforte (M) Sdn Bhd
No 2, Jalan PJU 3/49,
Sunway Damansara,
47810 Petaling Jaya, Selangor Darul Ehsan.

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