

# APO-ATENOL TABLET

Atenolol (50mg, 100mg)

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## What Apo-Atenol is used for

Apo-Atenol can be used for:

- high blood pressure
- symptoms of chest pain (angina)

## How Apo-Atenol works

Apo-Atenol belongs to a class of drugs called beta-blockers. Atenolol acts by blocking the action of certain chemicals (hormones) on the heart and the blood vessels and affects, amongst other things, the heart rate and the heart's workload.

## Before you use Apo-Atenol

### - When you must not use it

Do not use this product if you have any known heart failure/ complications/ problems, as this product might cause greater stress to your heart. This includes sinus bradycardia (decreased heart rate pattern), atrioventricular block/ AV block (impairment of conduction between the chambers in the heart). If you are unsure, always talk to your health consultant before taking this product.

You must not use this product if you are allergic to atenolol or any other ingredient in this product.

### *Pregnancy and lactation*

Do not take Apo-Atenol if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Apo-Atenol if you are breast-feeding. Ask your doctor or

pharmacist for advice before taking any medicine.

### - Before you start to use it

Before you start using this medication, you should inform your doctor if you have:

- any other type of medical condition you have, such as thyrotoxicosis (excess of thyroid hormones in the body, diabetes, kidney function problem, or any heart related disease.

-any planned surgeries in the near future, or had just undergone a surgery, whether minor or major.

### - Taking other medicines

It is not advised to take a combination of more than 1 beta blockers medication at the same time. If you are previously taking this medication with clonidine, and is told to withdraw clonidine, you should withdraw atenolol several days before withdrawal of clonidine, as the presence of beta-blocker will agitate the withdrawal effect of clonidine.

Tell your doctor if your are receiving catecholamine depleting drugs such as reserpine or guanethidine (to treat high blood pressure).

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## How to use Apo-Atenol

### - How much to use

Follow all directions given to you by your doctor and pharmacist carefully. The dose of Apo-Atenol will be adjusted by the doctor according to individual patient's need. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

The starting dose is 50mg once daily. The dose can be increased to 100mg

once daily if an adequate response is not achieved.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

Continue taking Apo-Atenol for as long as your doctor recommends.

### - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medication may cause bradycardia (lower heart rate), congestive heart failure (heart pumping power becomes weak), low blood pressure, hypoglycemia (low blood sugar) or maybe bronchospasm (sudden constriction of airway passage).

## While you are using it

### - Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Apo-Atenol.

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| <p>Tell your doctor immediately if you become pregnant while taking this medication.</p>                                                                                                                                                                                       | <p><b>Storage and Disposal of Apo-Atenol</b></p>                                                                                                                                                       | <p><b>Manufacturer</b></p>                                                                        |
| <p>- <u>Things you must not do</u></p>                                                                                                                                                                                                                                         | <p>- <u>Storage</u></p>                                                                                                                                                                                | <p>Apotex Inc.<br/>150 Signet Drive<br/>Weston Toronto Ontario<br/>M9L 1T9 Canada</p>             |
| <p>Do not stop taking the medicine unless advised by your doctor.</p>                                                                                                                                                                                                          | <p>Keep out of the reach and sight of children.</p>                                                                                                                                                    | <p><b>Product Registration Holder</b></p>                                                         |
| <p>Do not take any new medicines without consulting your doctor.</p>                                                                                                                                                                                                           | <p>Keep away from light.<br/>Store below 30 °C.</p>                                                                                                                                                    | <p>Pharmaforte (M) Sdn Bhd<br/>2, Jalan PJU 3/49<br/>Sunway Damansara<br/>47810 Petaling Jaya</p> |
| <p>Do not give Apo-Atenol to anyone else, even if they have the same symptoms or condition as you.</p>                                                                                                                                                                         | <p>- <u>Disposal</u></p>                                                                                                                                                                               | <p><b>Date of revision</b></p>                                                                    |
| <p>- <u>Things to be careful of</u></p>                                                                                                                                                                                                                                        | <p>Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.</p> | <p>11 Mar 2019</p>                                                                                |
| <p><u>Driving and using machines</u></p>                                                                                                                                                                                                                                       | <p><b>Product Description</b></p>                                                                                                                                                                      | <p><b>Serial Number</b></p>                                                                       |
| <p>This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.</p>                                                            | <p>- <u>What it looks like</u></p>                                                                                                                                                                     | <p>BPFK(R4/1)051214/00074</p>                                                                     |
| <p><b>Side effects</b></p>                                                                                                                                                                                                                                                     | <p>Apo-Atenol 50mg: White, round, flat-faced, bevelled-edge tablet, engraved "APO" on one side, "ATE" over score "50" on the other side.</p>                                                           |                                                                                                   |
| <p>Like all medicines, Apo-Atenol can cause side effects, although not everybody gets them.</p>                                                                                                                                                                                | <p>Apo-Atenol 100mg: White, round, flat-faced, bevelled-edge tablet, engraved "APO" on one side, "ATE" over score "100" on the other side.</p>                                                         |                                                                                                   |
| <p>Common side effects include: dizziness, vertigo, fatigue, diarrhea and nausea.</p>                                                                                                                                                                                          | <p>- <u>Ingredients</u></p>                                                                                                                                                                            |                                                                                                   |
| <p>The most serious adverse reaction encountered are congestive heart failure (heart's function as a pump is disrupted), AV block (impairment of conduction between the chambers in the heart) and bronchospasm (contraction causing airway obstruction).</p>                  | <p>- Active ingredient<br/>Atenolol (50mg and 100mg respectively)</p>                                                                                                                                  |                                                                                                   |
| <p>Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine</p>                                                                                                                                                               | <p>- Inactive ingredients<br/>Lactose Monohydrate,<br/>Croscarmellose sodium, Stearic Acid<br/>Microcrystalline cellulose,<br/>magnesium stearate, crospovidone<br/>and colloidal silicon dioxide.</p> |                                                                                                   |
| <p>You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website <a href="http://portal.bpfk.gov.my">portal.bpfk.gov.my</a> (Consumers → Reporting).</p> | <p>- <u>MAL numbers:</u></p> <p>Apo-Atenol 50mg tab<br/>MAL 19984699ARZ</p> <p>Apo-Atenol 100mg tab<br/>MAL 19984712ARZ</p>                                                                            |                                                                                                   |