

AA-ISDN 10mg Tab

Isosorbide Dinitrate

What is in this leaflet

This leaflet answers some of the common questions people ask about AA-ISDN. It does not contain all the information that is known about AA-ISDN.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor will have weighed the risks of you taking AA-ISDN against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

Keep this leaflet with the medicine.

You may need to read it again.

What is the medication for

AA-ISDN is a prescription medication containing the active ingredient, isosorbide dinitrate. AA-ISDN is intended for the relief of ischemic heart pain associated with chronic angina of effort.

How it works

AA-ISDN's active ingredient is isosorbide dinitrate, which comes from the nitrate family. It works by reducing the amount of myocardial oxygen supply demand, easing the heart to obtain air.

Before you use

When you must not take it

If you are allergic to either isosorbide dinitrate or any of the ingredients.

Before you start to take it

Taking other medicines

Before taking AA-ISDN, your doctor needs to know:

- Any other medical condition that you may have, especially if there is any heart disease involved;
- How much alcohol you consume, or if you're a smoker;
- Whether you are planning to get pregnant, are currently pregnant or are nursing an infant;
- If you have any known allergies to isonitrate or other nitrates.
- Any other prescription or over-the-counter medication that you are currently taking, of particular concern would be Avanafil, Sildenafil, Tadalafil or Vardenafil.

How to take

Do not chew the tablet when taking, instead swallow whole with water. For Sublingual tablets, it should not be chewed, crushed, or swallowed. They work much faster when absorbed through the lining of the mouth. Place the tablet under the tongue and let it dissolve there. Do not eat, drink, smoke, or use chewing tobacco while a tablet is dissolving.

How much to take:

Recommended dosage range is 5mg to 30mg 4 times daily adjusted according to therapeutic and response. Your doctor might change the dosage as there are wide inter-patient differences in sensitivity to isosorbide dinitrate.

When to take it

AA-ISDN should be taken according to the doctor's instructions or the label attached with this medication.

How long to take it

Never increase or decrease the amount of AA-ISDN you, or those in your care if you are a

caregiver or guardian, are taking unless your doctor tells you to and do not stop taking this medication without consulting your doctor.

If you forget to take it

As soon as you remember, take the missed dose. Unless if it is almost time for your next scheduled dose, skip the missed dose. Do not take extra medicine to make up the missed dose.

If you take too much (overdose)

Symptoms that might appear include: flushing, headache, nausea, dizziness. Contact your doctor or nearest hospital emergency department even though you may not feel sick.

While you are using it

Things you must do

If you will be taking this medicine for a long time, it is very important that your doctor check your progress at regular visits to make sure that this medicine is working properly. Blood tests may be needed to check for unwanted effects.

Things you must not do

DO NOT take alcohol when using this medication.

Things to be careful of

This medication may cause headaches. Refrain from potentially hazardous tasks, such as driving a car or operating dangerous machines, until you are certain that this medication does not affect your mental alertness or physical coordination.

Do not attempt to take Sildenafil, Tadalafil or Vardenafil, or consume alcohol without your doctor's consent, as it may cause complicated side effects.

This form of nitrate is used to reduce the number of angina attacks over a long time. It will not relieve an attack that has already started because it works too slowly.

If you are pregnant and taking AA-ISDN, you should discuss the risks and benefits of the various treatment options with your doctor.

It is very important that you do NOT stop taking these medications without first consulting your doctor.

Side effects

You might experience some side effect such as:

Headache. This is the most common side effect. However, the frequency of the headache should reduce with continuous uninterrupted therapy. You might consider asking your doctor if it is ok to take the drug during meals, as this may reduce the severity of headache. Flushing, feeling weak or transient episodes of dizziness may also occur occasionally.

Contact your doctor immediately if you experience any severe or unusual side effects, (constant vomiting, nausea, restlessness e.g.), perspiration and collapse or if you experience an allergic reaction.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my [Consumers→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

After using this medication

Storage

Remember to keep AA-ISDN and all medications safely away from children.

Do not use this medicine after the month and year written after EXP on the container.

Store AA-ISDN at 30°C.

Disposal

Ask your pharmacist what to do with any tablets you have left over if your doctor tells you to stop taking them, or you find that the expiry date has passed.

Product Description

What it looks like?

The 5mg tablets are pink, round, flat-faced, beveled edge tablet, engraved 5 on one side, other side plain.

The 10 mg tablets are white, round tablet, beveled edge and flat one side, convex other. Engraved score over 10 on flat side, convex side plain.

Ingredients

The 5 mg tablets contain Isosorbide Dinitrate and the following non-medicinal ingredients: Lactose Monohydrate, Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Colloidal Silicon Dioxide, D&C Aluminum Lake 30%.

The 10 mg tablets contain Isosorbide Dinitrate and the following non-medicinal ingredients: Lactose Monohydrate, Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate.

Malaysian Registration Number

AA-ISDN 10mg tab
(MAL19984739ACRZ)

Manufacturer

Apotex Inc.

150 Signet Drive
Weston Toronto Ontario
M9L 1T9 Canada

Marketing Authorization Holder

Pharmaforte (M) Sdn Bhd
2, Jalan PJU 3/49
Sunway Damansara
47810 Petaling Jaya

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