

SHINE J-CARE CREAM

Methyl Salicylate, Menthol, Camphor, Capsaicin (100mg/g, 40mg/g, 40mg/g, 0.75mg/g)

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What SHINE J-CARE CREAM is used for

Relieve of joint and muscle pain, sprains, strain, pain associated with rheumatism and arthritis. SHINE J-CARE CREAM can also be used as temporary relief of pain associated with musculoskeletal soreness and discomfort.

How SHINE J-CARE CREAM works

Methyl salicylate in SHINE J-CARE CREAM works as anti-inflammatory agent and counter-irritant. Camphor and Capsaicin possess antipruritic properties. While Menthol provides analgesic effect and acts as penetration enhancer.

Before you use SHINE J-CARE CREAM

- When you must not use it

When you are allergic to any of the ingredients. SHINE J-CARE CREAM should not be applied on open wound.

- Before you start to use it

Inform your doctor if you are allergic to any medicine or have any health problem. Inform your doctor if you are pregnant or breastfeeding.

- Taking other medicines

SHINE J-CARE CREAM should not be used when you are taking warfarin, anti-anginal drugs, stomach acid reducer and aspirin.

How to use SHINE J-CARE CREAM

- How much to use

Apply a fingertip unit onto affected area.

- When to use it

SHINE J-CARE CREAM can be applied two to three times daily to the affected area.

- How long to use it

It should be applied to the affected area for short term period to relieve joint and muscle pain.

- If you forget to use it

Apply it once you remember.

- If you use too much (overdose)

Overuse of SHINE J-CARE CREAM can lead to intoxication to the systemic system. Quickly seek for medical attention.

While you are using SHINE J-CARE CREAM

- Things you must do

Apply this medicine according to pharmacist's instruction.

- Things you must not do

Do not contact the cream to eyes, areas such face, flexures, intertriginous areas and mucous membranes, as well as open wound or damaged skin as this may cause stinging and irritation.

- Things to be careful of

Treatment should be discontinued if irritation or sensitization develops with the use of this product. Systemic absorption of active ingredients in SHINE J-CARE CREAM will increase into the body if extensive body surface areas are applied or if the occlusive technique is used. Suitable precautions should be taken under these conditions or when long term use is anticipated, particularly in infants and children. This product should be avoided in pregnant and nursing women.

Side effects

Prolonged intensive treatment may cause intoxication due to extensive systemic absorption. Side effects e.g. hyperventilation, CNS depression, nausea and vomiting, respiratory failure may occur during intoxication. Temporary burning or stinging sensation may occur when SHINE J-CARE CREAM is applied to damaged skin. Please consult your doctor/pharmacist for further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website

npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of SHINE J-CARE CREAM

- Storage

Keep in a tight container. Store below 30°C, protect from light & moisture.

- Disposal

Dispose when you stop applying SHINE J-CARE CREAM as instructed by your doctor or pharmacist or the cream has passed the expiry date; ask them what to do with any that is left over.

Product description

- What it looks like

White to off white color cream

- Ingredients

- Active ingredient(s)
Methyl Salicylate
Menthol
Camphor
Capsaicin
- Inactive ingredients
Glycerol
Polysorbate
Carbomer
Disodium edentate
Triethanolamine

- MAL number(s):

MAL14075045X

Manufacturer and Product Registration Holder

Y.S.P. Industries (M) Sdn. Bhd.
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