

# OXAIR TABLET

Montelukast sodium (4mg, 5mg, 10mg)

## What is in this leaflet

1. What OXAIR TABLET is used for
2. How OXAIR TABLET works
3. Before you use OXAIR TABLET
4. How to use OXAIR TABLET
5. While you are using it
6. Side effects
7. Storage and disposal of OXAIR TABLET
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What OXAIR TABLET is used for

OXAIR TABLET is used for the prevention and chronic treatment of asthma in adults and children  $\geq 1$  year of age. It is also used to relieve daytime and night time symptoms of seasonal allergic rhinitis (inflammation of the mucous membrane inside the nose) in adults  $\geq 15$  years of age.

## How OXAIR TABLET works

Montelukast sodium works by blocking certain natural substances (leukotrienes) that may cause or worsen asthma and allergies. It helps make breathing easier by reducing swelling (inflammation) in the airways.

## Before you use OXAIR TABLET

- When you must not use it  
You must not take OXAIR TABLET if you are allergic towards any component of OXAIR TABLET product.
- Before you start to use it
  - Consult your doctor and pharmacist regarding the consumption of OXAIR TABLET if you are pregnant or breastfeeding.
  - Tell your doctor or pharmacist if you are allergic to any other medicines or you have any other health related problems.
  - Montelukast should not be used to treat acute asthma attacks
  - Montelukast should not be abruptly substituted for inhaled or oral corticosteroids.
  - If you have known aspirin sensitivity, you should avoid aspirin or nonsteroidal anti-inflammatory (NSAID) agents while taking montelukast.

- Tell your doctor if you have phenylketonuria (a metabolic disorder).

## - Taking other medicines

Concurrent use of OXAIR TABLET with aspirin, phenobarbital and nonsteroidal anti-inflammatory agents may cause unwanted effects. Seek for your doctor or pharmacist advice if you are taking any of the medication mentioned or other medicines, including those you have bought without a prescription.

## How to use OXAIR TABLET

### - How much to use

OXAIR TABLET should be taken upon instruction given by doctor or pharmacist.

If you have asthma with or without allergic rhinitis: take one dose in the evening.

If you have allergic rhinitis: the time of administration maybe individualized to suit your need.

Adult  $\geq 15$  years of age: one 10mg tablet daily.

Children 6-14 years of age: one 5mg tablet daily.

Children 2-5 years of age: one 4mg tablet daily.

### - When to use it

OXAIR TABLET should be taken according to the time advised by your doctor or pharmacist. It should be taken orally with or without food.

### - How long to use it

OXAIR TABLET should be taken regularly and as long as your doctor advised you to do so.

### - If you forget to use it

If you miss a dose of OXAIR TABLET and you are taking it regularly, take it as soon as possible. If several hours have passed or if it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

### - If you use too much (overdose)

Quickly seek for medical attention if you think that you or anyone else has taken too much OXAIR TABLET.

Symptoms of overdosage:

- Thirst
- Sleepiness
- Mydriasis (dilation of the pupil)
- Hyperkinesia (increase in muscular activity)
- Abdominal pain.

## While you are using it

### - Things you must do

Follow your doctor's instruction when you are taking OXAIR TABLET.

### - Things you must not do

- Do not stop taking this medicine or change the dosing regimen without instruction from your doctor.
- Do not give OXAIR TABLET to anyone else, even if they have the same condition as you.

### - Things to be careful of

- Caution should be taken for usage during pregnancy and lactation.
- Please consult your doctor for the suitability of usage of OXAIR TABLET.
- Safety and effectiveness in pediatric patients younger than 6 months of age have not been studied.

## Side effects

OXAIR TABLET may cause hypersensitivity reactions such as anaphylaxis, angioedema (rapid swelling under the skin), rash, pruritus (itching), and urticaria (a raised, itchy rash that appears on the skin). It can also cause hallucination, drowsiness, irritability, restlessness, insomnia, nausea, vomiting, dyspepsia (indigestion), diarrhea, muscle cramps, increased bleeding tendency, bruising and edema (swelling).

Tell your healthcare provider right away if you notice any of the following behavior and mood-related changes:

- Obsessive-compulsive symptoms.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting

Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

**Oxair Chewable Tablet 5mg**  
MAL11040022AZ

**Storage and Disposal of OXAIR TABLET**

**Oxair Film Coated Tablet 10mg**  
MAL11040020AZ

- Storage

Store below 30°C, protect from light & moisture. Keep in a tight container.

- Disposal

OXAIR TABLET should be disposed when your doctor or pharmacist tells you to stop taking this tablet or it has passed the expiry date. It should not be disposed via wastewater or household waste. Ask your pharmacist how to dispose medicines that are no longer required. These measures will help to protect the environment.

**Manufacturer and Product Registration Holder**

Y.S.P. Industries (M) Sdn. Bhd.  
Lot 3, 5, 7, 12 & 14, Jalan P/7, Section 13, Kawasan Perindustrian Bandar Baru Bangi, 43000 Kajang, Selangor, Malaysia.

**Date of revision**

23/04/2025

**Serial number**

NPRA(R2/1)250423/1462

**Product Description**

- What it looks like

**Oxair Chewable Tablet 4mg**

A light brownish red color, oval tablet



**Oxair Chewable Tablet 5mg**

A light brownish red color, round tablet



**Oxair Film Coated Tablet 10mg**

A beige color film coated square tablet



- Ingredients

- Active ingredient  
Montelukast sodium

- Inactive ingredients  
Croscarmellose Sodium  
Aspartame  
Iron Oxide Red  
Hydroxypropyl Cellulose  
Blueberry Powder  
Mannitol  
Microcrystalline Cellulose  
Magnesium Stearate  
Ethanol 96%

- MAL number:

**Oxair Chewable Tablet 4mg**

MAL11040021AZ