

# ALPRANAX TABLET

Alprazolam (0.5mg)

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## What ALPRANAX TABLET is used for

ALPRANAX TABLET is used to relieve anxiety, having the symptoms of nervousness, fear, apprehension, and worrying. ALPRANAX TABLET is also used for anxiety accompanied by depression, panic attacks and sleeping disorder (difficulty falling and/or staying asleep).

## How ALPRANAX TABLET works

Alprazolam belongs to a group of medicines called benzodiazepines which affect chemical activity in the brain to promote sleep and to reduce anxiety and worry.

## Before you use ALPRANAX TABLET

### - When you must not use it

You must not take ALPRANAX TABLET if you are allergic towards alprazolam or other similar benzodiazepines medicines. Do not give this medicine to children without doctor's instruction.

### - Before you start to use it

Talk to your doctor or pharmacist if you:

- a) are pregnant, planning to become pregnant or breastfeeding.
- b) are having depression.
- c) have ever suffered any mental illness that requires hospital treatment.
- d) are allergic to any other medications.
- e) having any health related problems.

### - Taking other medicines

Some medicines may affect how well ALPRANAX TABLET works. These include:

- Antipsychotics (used for mental/emotional conditions)
- Sedatives (used to produce calmness or to help you sleep)
- Medicines for depression
- Pain reliever
- Medicines to control fits
- Anaesthetics
- Sedative antihistamines (used for cold and flu relief)

- Cimetidine (used to treat acid reflux and ulcers)
- Oral contraceptives
- HIV protease inhibitors (used in HIV infection)
- Antibiotics such as erythromycin
- Antifungals such as ketoconazole

Besides that, you must also inform them about all the medicines you are taking, including those you have bought without a prescription.

Taking ALPRANAX TABLET with an opioid medicine (medicine to relieve pain) can depress your central nervous system. Inform your doctor if you are currently taking any opioid medicine.

Seek medical attention immediately if you or the person taking this medication experience(s) symptoms of unusual dizziness or lightheadedness, extreme sleepiness, slowed or difficult breathing, or unresponsiveness.

## How to use ALPRANAX TABLET

### - How much to use

The optimal dose of ALPRANAX TABLET will be different for each person. Please consult your doctor before using this medication.

### - When to use it

ALPRANAX TABLET should be taken according to the time advised by your doctor or pharmacist. It can be taken immediately after meals or on an empty stomach.

### - How long to use it

ALPRANAX TABLET should be used for short periods only (for example, 2- 4 weeks). Continuous long term use is not recommended unless advised by your doctor. The use of benzodiazepines may lead to dependence on the medicine.

### - If you forget to use it

If you miss a dose of ALPRANAX TABLET and you are taking it regularly, take it as soon as possible. If several hours have passed or if it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

### - If you use too much (overdose)

Quickly seek for medical attention if you think that you or anyone else has taken too much ALPRANAX TABLET.

## While you are using it

### - Things you must do

Follow your doctor's instruction when you are taking ALPRANAX TABLET.

### - Things you must not do

Do not take ALPRANAX TABLET for a longer time, stop taking this medicine or change the dosing regimen without instruction from your doctor. Do not give ALPRANAX TABLET to anyone else, even if they have the same condition as you.

### - Things to be careful of

Be careful when drinking alcohol while taking ALPRANAX TABLET. Do not drive or operate machinery after consuming ALPRANAX TABLET because it may cause drowsiness or dizziness in some people and therefore may affect alertness.

## Side effects

ALPRANAX TABLET may commonly cause drowsiness, dizziness, lightheadedness, blurred vision, coordination disorders, stomach discomfort and nervous system problems. Please tell your doctor or pharmacist if you experience any other side effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

## Storage and Disposal of ALPRANAX TABLET

### - Storage

Store below 30°C. Protect from light and moisture.

### - Disposal

ALPRANAX TABLET should be disposed when your doctor or pharmacist tells you to stop taking this tablet or it has passed the expiry date. ALPRANAX TABLET should not be disposed via wastewater or household waste. Ask your pharmacist how to dispose medicines that are no longer required. These measures will help to protect the environment.

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## Product Description

### - What it looks like

ALPRANAX TABLET is an elliptical light-pink color tablet in the shape of



### - Ingredients

Active ingredient:

Alprazolam

Inactive ingredients:

Magnesium Stearate

Povidone

Polyethylene Glycol

Sodium Starch Glycolate

Erythrosine Lake

Lactose

### - MAL number:

MAL06011717AZ

## Manufacturer and Product Registration Holder

Y.S.P. Industries (M) Sdn. Bhd.

Lot 3, 5, 7, 12 & 14, Jalan P/7, Section 13,  
Kawasan Perindustrian Bandar Baru Bangi,  
43000 Kajang, Selangor, Malaysia.

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16/07/2025

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