

PONTALON TABLET

Mefenamic Acid 250mg, Mefenamic Acid 500mg

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What PONTALON TABLET is used for

PONTALON TABLET is used for the symptomatic relief of degenerative arthralgia and for the relief of mild to moderate pain, including muscular, traumatic and dental pain, headache, postoperative and post-partum pain and dysmenorrhea.

How PONTALON TABLET works

Mefenamic acid inhibits the cyclo-oxygenase enzyme and thus exerts its anti-inflammatory activity by inhibition of prostaglandin synthesis. It also has antipyretic and analgesic properties acting by both central and peripheral mechanism.

Before you use PONTALON TABLET

- When you must not take it

Do not take PONTALON TABLET if you have known hypersensitivity to PONTALON TABLET or have shown hypersensitivity to any component of this product. It should not be taken by people with inflammatory bowel disease, peptic ulcer, renal impairment, or has hypersensitivity to aspirin or other NSAIDs

- Before you start to use it

Tell your doctor or pharmacist if you are allergic to any medicines or if you have any other medical conditions.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medications. Mefenamic acid can interact with warfarin and aspirin. You must also inform them about all the medicines you are taking, including those without a prescription.

How to use PONTALON TABLET

- How much to take

For mild to moderate pain: 500mg three times daily in adult and adolescents over 14 years old.

For dysmenorrhea, 500mg as initial dose followed by 250mg 6 hourly.

Elderly more than 70 years: half of the usual adult dose.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Use PONTALON TABLET for the duration that the doctor recommends.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Follow your doctor's instruction when you are taking PONTALON TABLET.

If you suffer from skin rash and blisters during your treatment, inform your doctor immediately.

- Things you must not do

Do not start taking this medicine or change the dosage without first checking with your doctor. Do not give this medicine to anyone else, even if their symptoms seem similar to yours.

- Things to be careful of

PONTALON TABLET should be used with caution in patients with conditions such as history of blood dyscrasias or disorder of coagulation. Besides, individual with impaired liver function, dehydration, renal disease, epilepsy,

fluid retention and heart failure should be careful when taking this medication. It should not be used during pregnancy.

Side effects

Like all medicines, PONTALON TABLET can cause side effects, although not everybody gets them.

Side effects of taking PONTALON TABLET are gastro-intestinal disturbances such as diarrhea, nausea, vomiting, abdominal pain and skin rash sometimes with blisters. Other side effects are headache, drowsiness, dizziness, visual disturbances, skin rashes and urticaria.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of PONTALON TABLET

- Storage

Store below 30°C, protect from light & moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Pontalon tablet 250mg

A white tablet, one side marked with "P".

Pontalon tablet 500mg

A light blue elliptical tablet, one side impressed with a score.

- Ingredients

Active ingredient-

Mefenamic Acid 250mg

Mefenamic Acid 500mg

Inactive ingredients-

Silicon Dioxide

Polyethylene Glycol

Starch

Sodium Starch Glycolate

Magnesium Stearate

Cellulose

- MAL no.

MAL19991438AZ- Mefenamic Acid 500mg

MAL19973697AZ- Mefenamic Acid 250mg

**Manufacturer and Product Registration
Holder**

Y.S.P Industries (M) Sdn. Bhd.

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