

# LIBLAN FILM COATED TABLET

Chlordiazepoxide (5mg)/Clidinium bromide (2.5mg)

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## What LIBLAN TABLET is used for

LIBLAN TABLET is used as adjunctive therapy in treatment of peptic ulcer (stomach ulcer), irritable bowel syndrome (disorder that involving recurrent abdominal pain and diarrhea or constipation), hypersecretion (excessive production of body secretion) and hypermotility of gastrointestinal tract (excessive movement of intestinal tract).

## How LIBLAN TABLET works

LIBLAN TABLET contains a combination of two active ingredients called chlordiazepoxide and clidinium bromide. LIBLAN TABLET works by relieving anxiety and reduces digestive secretion; thereby improve certain stomach or bowel conditions.

Chlordiazepoxide belongs to a group of medicines called benzodiazepines and has a calming effect. Chlordiazepoxide also acts as anticonvulsant and muscle relaxant in cases of muscular spasticity.

Clidinium bromide belongs to a class of drugs known as anticholinergics/antispasmodics. Clidinium bromide works by slowing the natural movements of the gut and by relaxing the muscles in the stomach and intestines.

## Before you use LIBLAN TABLET

### -When you must not take it

Do not take LIBLAN TABLET if:

- you had an allergic reaction to chlordiazepoxide, clidinium bromide, any other benzodiazepine medicine or any other ingredients in this product (see section **Product Description**).
- you have or had glaucoma (increased pressure in eyes), prostatic hypertrophy (enlarged prostate gland), benign

bladder neck obstruction, myasthenia gravis (abnormal weakening in certain muscle), obstructive gastrointestinal diseases (obstruction in the intestine), paralytic ileus or intestinal atony (malfunction of intestinal muscle), ulcerative colitis or toxic megacolon (inflammatory in colon).

- you are in first and last trimester pregnancy.

### -Before you start to take it

Tell your doctor or pharmacist if you are allergic to any other medicines or you have any other health related problems, particularly:

- involved in operating machinery. Caution required on towards the combined effects with alcohol and other Central Nervous System depressants.
- pre-existing neuropathy (any disorder affecting the nervous system).
- cardiovascular disorders such as congestive heart failure (inability of the heart to adequately pump blood), coronary heart diseases (a heart disease due to an abnormality of the arteries that supply blood and oxygen to the heart), hypertension (high blood pressure), tachycardia (rapid heart rate), tachyarrhythmias (abnormal rapid irregular heart rate), hyperthyroidism (raised level of thyroid hormone), impaired kidney or liver function.
- Elderly; Dose should be limited to smallest effective amount to preclude ataxia (an impaired ability to coordinate movement), oversedation and confusion.
- Heat prostration may occur with the use of anticholinergic due to decreased sweating.
- Caution should be exercised for individuals known to be addiction prone.
- Caution needs in people with mental illness.

**Pregnancy and breastfeeding:** Do not take LIBLAN TABLET if you are pregnant and breastfeeding without consulting with your doctor. Ask your doctor or pharmacist for advice before taking any medicine.

### -Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines may be affected by LIBLAN TABLET, or may affect how well it works:

- Other anticholinergic
- Ketoconazole, itraconazole (medicine to treat fungal infections).
- opioid (medications that relieve pain).
- alcohol, antipsychotic (medicines to treat mental illness), antihistamine (cold or allergic) and anaesthetic (usually used during surgery).
- antihypertensive (medication for high blood pressure), such as lofexidine and moxonidine.

Other medicines not listed above may also interact with LIBLAN TABLET. Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

Taking LIBLAN TABLET with an opioid medicine (medicine to relieve pain) can depress your central nervous system. Inform your doctor if you are currently taking any opioid medicine.

Seek medical attention immediately if you or the person taking this medication experience(s) symptoms of unusual dizziness or lightheadedness, extreme sleepiness, slowed or difficult breathing, or unresponsiveness.

## How to take LIBLAN TABLET

### -How much to use

**Adults:** one to two tablets, one to four times daily, 30 to 60 minutes before meal. Maximum 8 tablets daily.

**Elderly and weak people:** starting with one to two tablets daily, then adjusted to most effective well tolerated dose.

**Children:** use in children is generally not recommended unless the potential benefit outweighs the potential risk.

### -When to use it

LIBLAN TABLET should be taken according to the time advised by your doctor or pharmacist. It can be taken before meal.

**-How long to use it**

LIBLAN TABLET should be taken for as long as your doctor advised you to do so.

**-If you forget to use it**

If you miss a dose of LIBLAN TABLET and you are taking it regularly, take it as soon as possible. If it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

**-If you use too much (overdose)**

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of an overdose may include continuing confusion, decreased reflexes, severe drowsiness, slow heartbeat, shortness of breath or troubled in breathing, continuing slurred speech, staggering and severe weakness.

**While you are using LIBLAN TABLET****-Things you must do**

Follow your doctor's instruction when you are taking LIBLAN TABLET.

Tell all doctors, dentists and pharmacists who are treating you that you are taking LIBLAN TABLET.

Tell your doctor if you become pregnant while taking LIBLAN TABLET.

**-Things you must not do**

Do not stop taking this medicine or change the dosing regimen without instructions from your doctor. Your doctor will explain how you should slowly reduce your dose of LIBLAN TABLET before you can stop taking it completely.

Do not give LIBLAN TABLET to anyone else, even if they have the same condition as you.

Do not drink alcohol while taking LIBLAN TABLET. This medication can increase the effects of alcohol.

**-Things to be careful of****Driving and using machines**

Cautions should be taken if you are engaging in occupations that require complete mental alertness (e.g. operating machineries and driving). LIBLAN TABLET may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

**Side effects**

Like all medicines, LIBLAN TABLET can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine:

- drowsiness, ataxia (lack of muscle coordination), confusion, nausea and constipation, dry mouth and allergic reaction.
- edema (excessive watery fluid in tissues), confusion, nausea, constipation and minor menstrual irregularities.
- agranulocytosis, granulocytopenia, and leukopenia (blood disorder).
- CNS depression, increased fluid pressure inside the eye, jaundice, blurred vision and urinary retention.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

**Storage and Disposal of LIBLAN TABLET****-Storage**

Store below 30°C, protect from light & moisture.

**-Disposal**

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product description****-What it looks like**

LIBLAN FILM COATED TABLET is a light green colored film coated tablet.

**-Ingredients****-Active ingredient**

Clidinium bromide  
Chlordiazepoxide

**-Inactive ingredients**

Microcrystalline Cellulose  
Lactose  
Carboxymethylcellulose Calcium  
Magnesium Stearate  
Quinoline Yellow  
Titanium Dioxide  
Dimethylpolysiloxane  
Polyethylene Glycol  
Hypromellose  
FDC Blue

**-MAL number**

MAL20013121AZ

**Manufacturer**

Y.S.P. Industries (M) Sdn. Bhd.  
Lot 3, 5, 7, 12 & 14, Jalan P/7, Section 13,  
Kawasan Perindustrian Bandar Baru Bangi,  
43000 Kajang, Selangor, Malaysia.

**Product Registration Holder**

Y.S.P. Industries (M) Sdn. Bhd.  
Lot 3, 5, 7, 12 & 14, Jalan P/7, Section 13,  
Kawasan Perindustrian Bandar Baru Bangi,  
43000 Kajang, Selangor, Malaysia.

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