

ASUMALIFE TABLET

Ketotifen (1mg)

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What Asumalife is used for

Asumalife is used to help prevent asthma attacks and to relieve allergy symptoms such as runny or itchy nose, itchy skin or rash, hives, and general itching.

How Asumalife works

Asumalife contains ketotifen as active ingredient, which is an antihistamine agent which reduces the allergic reaction and prevent asthma attacks by reducing histamine release in the body.

Before you use Asumalife

- When you must not use it

Do not take this medicine if:

- you are allergic to ketotifen or any other ingredients of this medicine (listed in Product Description)

- Before you start to use it

Tell your doctor or pharmacist if you are allergic to any other medicines or you have any other health related problems.

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

Asumalife should only be used during pregnancy if your doctor thinks the benefits outweigh the risks to the baby.

It is not known if the medicine passes into breast milk, so breastfeeding mothers should take it only if it is absolutely necessary and prescribed by a doctor.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Inform your doctor or pharmacist if you are taking:

- medications that cause sleepiness or drowsiness
- antidiabetic medications

How to use Asumalife

- How much to use

The dose for adult and children over 2 years: 1 tablet (1 mg) to be taken twice daily. For the first few days, your doctor may start you on a lower dose to reduce sleepiness, then slowly increase to the full dose.

Children under 2 years old should not take this medicine.

Always follow your doctor's instructions and do not stop or change the dose on your own.

- When to use it

Take once in the morning and once in the evening, preferably with meals.

- How long to use it

Take Asumalife for the duration that your doctor recommends. Upon withdrawal, the dose should be reduced gradually over a period of one week according to your doctor or pharmacist instruction to prevent the recurrent symptoms of asthma.

When you have been on Asumalife for 6 to 12 weeks, your doctor will decide if your other asthma medicines can be reduced gradually.

- If you forget to use it

If you miss a dose of Asumalife and you are taking it regularly, take it as soon as possible. If it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of overdose:

- drowsiness to severe sedation.
- confusion and disorientation.
- tachycardia (a faster than normal heart rate)
- low blood pressure
- convulsion, especially in children
- hyperexcitability in children
- reversible coma

While you are using Asumalife

- Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Asumalife.

Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Asumalife to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Avoid alcohol consumption while taking Asumalife.

Driving and using machines

This medicine may affect your ability to drive or use machines. If this medicine makes you feel drowsiness or make you feel less alert, especially when you first start taking it, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Asumalife can cause side effects, although not everybody gets them.

Asumalife may cause sedation, dry mouth, dizziness, increased appetite and weight gain. It may also cause excitability and agitation in children. Please tell your doctor or pharmacist if you experience any other side effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Asumalife**- Storage**

Store below 30°C, protect from light & moisture. Keep in a tight container.

- Disposal

Asumalife should be disposed when your doctor or pharmacist tells you to stop taking this tablet or it has passed the expiry date. Ask your pharmacist how to dispose medicines that are no longer required. Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment.

Product description**- What it looks like**

A white tablet, one side with a score and the other side impressed with the mark “YS”.

- Ingredients

- Active Ingredients
 - Ketotifen Fumarate
- Inactive ingredients
 - Microcrystalline Cellulose
 - Lactose
 - Magnesium Stearate

- MAL number

MAL19987983AZ

Manufacturer

Y.S.P. INDUSTRIES (M) SDN. BHD.
Lot 3, 5, 7, 12 & 14, Jalan P/7, Section 13,
Kawasan Perindustrian Bandar Baru
Bangi, 43000 Kajang, Selangor, Malaysia.

Product Registration Holder

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Date of Revision

20/11/2025

Serial Number

NPRA(R4/1)281025/00073