

# APUZIN TABLET

Captopril (25mg)

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## What APUZIN is used for

For the treatment of high blood pressure, heart failure, heart attack (myocardial infarction) and helps protect the kidneys in people with diabetes.

## How APUZIN works

APUZIN contains captopril as active ingredient, which is an angiotensin-converting enzyme (ACE) inhibitor used for the treatment of hypertension. Captopril works by relaxing and widening blood vessels, allowing blood to flow more easily and lowering blood pressure. This helps reduce the workload on the heart so it can pump more effectively in heart failure, protects the heart from further strain after a heart attack, and lowers pressure in the kidneys to help slow down kidney damage in people with diabetes.

## Before you use APUZIN

### - When you must not use it

Do not take this medicine:

- If you are allergic to Captopril or any other ingredients of this medicine (listed in Product Description).
- If you are pregnant, as it can harm your unborn baby.

### *Pregnancy and lactation*

If you are pregnant or planning to become pregnant, inform your doctor or pharmacist before using this medicine. Taking this medicine during pregnancy can seriously harm your baby, including causing birth defects or death.

If you are breastfeeding, seek advice from your doctor or pharmacist before using this medicine.

### - Before you start to use it

Tell your doctor or pharmacist if you have kidney problems or autoimmune diseases (e.g. lupus).

This medicine is not recommended for children unless advised by a specialist.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Tell your doctor if you are taking:

- certain diuretics (water tablets)
- other blood pressure medicines
- Some painkillers (such as NSAIDs)
- Lithium (medication used to treat mania)

## How to use APUZIN

### - How much to use

For high blood pressure (hypertension):

- Usual starting dose: 1 tablet (25 mg) taken 2 to 3 times daily.
- If blood pressure is not well controlled after 1–2 weeks, your doctor may increase the dose.
- Usual dose range: 25 mg to 150 mg, taken 2 to 3 times daily.
- Maximum dose: 450 mg per day.

For heart failure:

- Usual starting dose: 1 tablet (25 mg) taken 3 times daily.
- Your doctor may increase the dose slowly.
- Dose increases may be spaced by at least 2 weeks to check your response.
- Maximum dose: 450 mg per day.

After a heart attack (myocardial infarction):

- Treatment usually starts with a low dose (6.25 mg).

- The dose will be increased gradually over several days to weeks, depending on your tolerance.
- Target dose: up to 150 mg per day in divided doses.
- If you feel dizzy or have low blood pressure, your doctor may reduce the dose.

For diabetic kidney disease:

- Recommended dose: 75 mg to 100 mg per day, taken in divided doses.

If you have kidney problems:

- Your doctor may start with a lower dose.
- Dose increases will be done slowly (every 1–2 weeks).
- The dose may be adjusted to find the lowest effective dose for you.

### - When to use it

Take this medicine as directed by your doctor or pharmacist. APUZIN should be taken one hour before meals.

### - How long to use it

APUZIN should be taken according to your doctor's prescription.

### - If you forget to use it

If you miss a dose of APUZIN and you are taking it regularly, take it as soon as possible. If it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms include hypotension (dizziness, lightheadedness, or fainting) and angioedema with swelling of the extremities, face, mouth and lips may occur. Quickly seek for medical attention.

## While you are using APUZIN

### - Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using APUZIN.

Tell your doctor immediately if you become pregnant while using this medication.

Take APUZIN only with a doctor's prescription.

### - Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give APUZIN to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

Hypotension might occur while you are taking APUZIN. Strictly follow doctor's instruction.

### Driving and using machines

This medicine may affect your ability to drive or use machines. If this medicine makes you feel drowsiness or lightheadedness, especially when you first start taking it, do not drive or use machines and contact your doctor immediately.

Inform your doctor:

- if you have signs of infection such as fever or sore throat.
- if you notice swelling, unusual tiredness, or changes in urine.
- if you are going for any tests or surgery, as this medicine may affect test results.

You may need regular blood tests to check your kidney function, blood counts, and potassium levels.

Avoid alcohol consumption while taking this medicine, as it may increase dizziness.

## Side effects

Like all medicines, this medicine may cause side effects, although not everybody gets them.

Kidney:

- Changes in kidney function
- Reduced urine
- Increased potassium levels
- Protein in the urine (proteinuria)
- Temporary increase in blood urea (BUN) and creatinine levels

Blood:

- Reduced white blood cells (may increase risk of infection)

Skin:

- Skin rash or itching
- Skin rash with fever
- Increased eosinophils (a type of white blood cell)
- Hives (raised itchy rash)
- Blistering skin rash
- Sensitivity to sunlight

Heart:

- Low blood pressure (may cause dizziness or fainting)
- Fast heartbeat

Digestive System:

- Changes or loss of taste
- Weight loss
- Mouth ulcers
- Stomach upset or abdominal pain

Others:

- Tingling sensation
- Cough or breathing difficulty
- Bronchospasm (tightening of the airways causing wheezing or difficulty breathing)
- Serum sickness (allergic reaction that may cause fever, rash and joint pain)
- Swelling of lymph nodes
- Inform your doctor if any side effects become serious or do not go away.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of APUZIN

### - Storage

Store below 30°C, protect from light & moisture.

### - Disposal

APUZIN should be disposed when your doctor or pharmacist tells you to stop taking this tablet or it has passed the expiry date. Ask your pharmacist how to dispose medicines that are no longer required. Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment.

## Product description

### - What it looks like

A white square tablet, one side impressed with “”.

### - Ingredients

- Active Ingredients  
Captopril
- Inactive ingredients  
Stearic Acid, Corn Starch, Lactose, Colloidal Silicon Dioxide, Microcrystalline Cellulose

### - MAL number

MAL19985963AZ

## Manufacturer

Y.S.P. INDUSTRIES (M) SDN. BHD.  
Lot 3, 5, 7, 12 & 14, Jalan P/7, Section 13,  
Kawasan Perindustrian Bandar Baru  
Bangi, 43000 Kajang, Selangor, Malaysia.

## Product Registration Holder

Y.S.P. INDUSTRIES (M) SDN. BHD.  
Lot 3, 5, 7, 12 & 14, Jalan P/7, Section 13,  
Kawasan Perindustrian Bandar Baru  
Bangi, 43000 Kajang, Selangor, Malaysia.

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