

# PULIN<sup>®</sup> FILM COATED TABLET

Metoclopramide Hydrochloride (10mg)

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## What PULIN<sup>®</sup> FILM COATED TABLET is used for

PULIN<sup>®</sup> FILM COATED TABLET is used to prevent and as treatment of vomiting due to sickness due to excessive exposure to radiation, postoperative and medicine induced nausea and vomiting.

## How PULIN<sup>®</sup> FILM COATED TABLET works

It works by increasing the action of the muscles in the gastrointestinal tract, so that food moves more quickly from the stomach to the lower gut and by blocking nausea triggers in the brain.

## Before you use PULIN<sup>®</sup> FILM COATED TABLET

### -When you must not use it

Metoclopramide should not be used if:

- you have gastrointestinal problem such as bleeding, obstruction or perforation
- you have epilepsy.
- you have a rare tumor of the adrenal gland, which sits near the kidney (phaeochromocytoma).
- you are receiving medicine which are likely to cause extrapyramidal symptoms (that caused movement disorders).

### -Before you start to use it

Tell your doctor if you are allergic to any other medicines or you have any other health related problems.

### -Taking other medicines

Seek for your doctor or pharmacist advice if you intended to use PULIN<sup>®</sup> FILM COATED TABLET together with other medication especially anticholinergics and opioid-containing medication, phenothiazines and haloperidol.

Besides, you must also inform them about all the medicines you are taking, including those without a prescription.

Concurrent use of metoclopramide with alcohol and central nervous system (CNS) depressant may increase the sedative effect.

## How to use PULIN<sup>®</sup> FILM COATED TABLET

### -How much to use

Adult: 10mg, three times daily.

Children: 2.5 to 5mg three times daily, according to the age.

Total daily dose of metoclopramide, especially for children and young adults, should not normally exceed 0.5mg/kg body weight.

### -When to use it

PULIN<sup>®</sup> FILM COATED TABLET should be taken according to the time advised by your doctor or pharmacist. It can be before food.

### -How long to use it

PULIN<sup>®</sup> FILM COATED TABLET should be taken as your doctor advised you to do so.

### -If you forget to use it

If you miss a dose of PULIN<sup>®</sup> FILM COATED TABLET and you are taking it regularly, take it as soon as possible. If it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

### -If you use too much (overdose)

Symptoms of overdose may include severe drowsiness, confusion, disorientation and extrapyramidal reactions such as muscular spasm.

## While you are using it

### -Things you must do

Follow your doctor's instruction when you are taking PULIN<sup>®</sup> FILM COATED TABLET.

### -Things you must not do

Do not stop taking this medicine or change the dosing regimen without instruction from your doctor. Do not give PULIN<sup>®</sup> FILM COATED TABLET to anyone else, even if they have the same condition as you.

### -Things to be careful of

Be careful to avoid doses exceeding 0.5mg/kg/day. For people with history of depression, use with caution. Dosage can be introduced at a lower dose. It is not recommended to be used for the first trimester of pregnancy

## Side effects

The most common adverse effects are drowsiness, fatigue, dizziness, hyperprolactinaemia (milk production in men and women who are not breast-feeding), and extrapyramidal reaction such as akathisia (inner restlessness) and dystonia (muscular spasm).

Extrapyramidal symptoms (that caused movement disorders), especially dystonic reaction (muscular spasm) of metoclopramide are more likely to occur in children shortly after initiation of therapy, and usually with doses higher than 0.5mg per kg of body weight per day.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of PULIN<sup>®</sup> FILM COATED TABLET

### -Storage

Keep in a tight container. Store at temperature below 30°C. Protect from light and moisture.

### -Disposal

PULIN<sup>®</sup> FILM COATED TABLET should be disposed when your doctor or pharmacist tells you to stop taking this tablet or it has passed the expiry date. Ask your pharmacist how to dispose medicines that are no longer required

## Product description

### -What it looks like

A pale orange film coated tablet.

### -Ingredients

- Active Ingredient  
Metoclopramide HCl
- Inactive Ingredients  
Lactose  
Cellulose Calcium  
Polyethylene Glycol  
Silicon Dioxide  
Magnesium Stearate  
Sunset Yellow  
Titanium Dioxide  
Dimethicone

Avicel  
Hydroxypropyl Methylcellulose

-MAL number  
MAL19973699AZ

**Manufacturer and Product Registration**

**Holder**

Y.S.P. Industries (M) Sdn. Bhd.  
Lot 3,5 & 7, Jalan P/7, Section 13, Kawasan  
Perindustrian Bandar Baru Bangi, 43000  
Kajang, Selangor Darul Ehsan, Malaysia.

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18/02/2022

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