

PONTALON[®] CAPSULE

Mefenamic acid (250mg)

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What PONTALON[®] CAPSULE is used for

For the relief of mild to moderate pain including muscular, traumatic and dental pain, headache, after operation and after childbirth pain, and dysmenorrhea (menses pain).

How PONTALON[®] CAPSULE works

Mefenamic acid is in a class of medications called NSAIDs. It works by stopping the body's production of a substance that causes pain, fever, and inflammation.

Before you use PONTALON[®] CAPSULE

-When you must not use it

Do not take PONTALON[®] CAPSULE if:

- you have hypersensitivity or allergic reaction to mefenamic acid, or the ingredients listed at the end of this leaflet. Reactions may include asthma, runny nose, skin rash, and face swelling. If you think you may be allergic, ask your doctor for advice.
- you have active ulceration or chronic inflammation of either the upper or lower stomach or intestinal tract.

- you have kidney disease.

-Before you start to use it

Tell your doctor if you have or have had:

- ulceration, bleeding or perforation of the stomach and intestinal.
- elderly
- smoking or alcoholism
- history of diarrhea in the past caused by NSAIDs
- kidney or liver disease
- seizure
- heart disease or stroke
- high blood pressure
- fluid retention
- dyspepsia (discomfort at the epigastric region due to digestion problem)

Mefenamic acid may cause severe skin reactions, e.g. exfoliative dermatitis, toxic epidermal necrolysis, and Steven-Johnson Syndrome. Symptoms may include skin rash, blisters and peel off. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

Pregnancy and lactation

Please consult your doctor before start to use PONTALON[®] CAPSULE if you are pregnant, plan to become pregnant, breast-feeding or intend to breast-feed. Your doctor will have weighed the risks of you taking PONTALON[®] CAPSULE against the benefits they expect it will have for you.

-Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines when taken with PONTALON[®] CAPSULE may in-

terfere with each other. These include:

- Warfarin, blood thinning agent
- Aspirin, blood thinning agent

Your doctor or pharmacist may have more information on medicines to be careful with or to avoid while taking medication.

How to use PONTALON[®] CAPSULE

-How much to use

Adults: The recommended initial dose is 500mg followed by 250mg every 6 hours as required and usually not to exceed one week. For dysmenorrhea, the recommended dosage is 500mg as an initial dose followed by 250mg every 6 hours, starting at the onset of menstrual pain and should not exceed for more than 2 – 3 days.

Your doctor will prescribe the lowest effective dose for the shortest possible duration for you.

-When to use it

PONTALON[®] CAPSULE should be taken according to the time advised by your doctor or pharmacist.

-How long to use it

PONTALON[®] CAPSULE should be taken as your doctor advised you to do so.

-If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken

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too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

-Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using PONTALON[®] CAPSULE.

-Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give PONTALON[®] CAPSULE to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

Driving and using machines

Be careful driving or operating machinery until you know how PONTALON[®] CAPSULE affects you.

If you suffer from skin rash and blisters during your treatment, inform your doctor immediately.

Side effects

Like all medicines, PONTALON[®] CAPSULE can cause side effects, although not everybody gets them.

The most common adverse effect include gastrointestinal disturbances such as diarrhea, nausea, vomiting and abdominal pain. Hypersensitivity reactions including skin rashes, itching and allergic. Other side effects are headache, drowsiness, dizziness, nervousness, insomnia, facial edema, blurred vision, and renal failure. Peptic ulceration, gastroin-

testinal bleeding, hematuria (presence blood in the urine) and dysuria (discomfort upon urination) also have been reported. Skin rash sometimes with blisters.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npa.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of PONTALON[®] CAPSULE

-Storage

Keep in a tight container. Store at temperature below 30°C. Protect from light and moisture.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

Pale green cap and white body hard gelatine capsule containing white powder, with a mark "PLC" printed on the capsule.

-Ingredients

-Active ingredient

Mefenamic acid

-Inactive ingredients

Magnesium Stearate

Talc

Sodium Starch Glycolate

Sodium Lauryl Sulfate

-MAL number

MAL19940292AZ

Manufacturer and Product Registration Holder

Y.S.P Industries (M) Sdn. Bhd.
Lot 3, 5, 7, 12 & 14, Jalan P/7,
Section 13,
Kawasan Perindustrian Bandar Baru
Bangi,
43000 Kajang, Selangor,
Malaysia.

Date of revision

06/05/2025

Serial Number

NPRA(R2/1)250430/1473