

CINNA TABLET

Cinnarizine (25mg)

What is in this leaflet

1. What CINNA TABLET is used for
2. How CINNA TABLET works
3. Before you use CINNA TABLET
4. How to use CINNA TABLET
5. While you are using CINNA TABLET
6. Side effects
7. Storage and Disposal of CINNA TABLET
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What CINNA TABLET is used for

It is used for symptomatic treatment of nausea and vertigo (dizziness or spinning sensation associated with inner ear disturbances) due to Meniere's disease and other labyrinthine disturbances. It can also be used for prevention of motion sickness and also used in the management of peripheral arterial disease.

How CINNA TABLET works

Cinnarizine belongs to a group of medicines called calcium channel blocker with vasodilator action and antihistamine action. It increases and normalizes blood circulation to the brain and therefore increases the oxygen supply of blood vessels. CINNA TABLET also inhibits stimulation of the vestibular system.

Before you use CINNA TABLET

-When you must not use it

If you are allergic towards cinnarizine. Avoid taking CINNA TABLET if you are pregnant or breastfeeding.

-Before you start to use it

Tell your doctor or pharmacist if you are allergic to any other medicines or you have any other health related problems.

-Taking other medicines

Seek for your doctor or pharmacist advice if you intended to use CINNA TABLET together with other medications. Besides, you must also inform them about all the medicines you are taking, including those without a prescription.

How to use CINNA TABLET

-How much to use

The usual adult dose for CINNA TABLET is 1 tablet three times daily. Children of 5-12 years of age can be given ½ tablet for up to three times daily.

For prevention of motion sickness, one tablet may be taken 2 hours before the start of the journey with subsequently ½ tablet every 8 hours during the journey if necessary.

-When to use it

CINNA TABLET should be taken according to the time advised by your doctor or pharmacist. It can be taken with or without food.

-How long to use it

CINNA TABLET should be taken as your doctor advised you to do so.

-If you forget to use it

If you miss a dose of CINNA TABLET and you are taking it regularly, take it as soon as possible. If it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

-If you use too much (overdose)

Ataxia, excitement, hallucinations, muscle tremor, convulsions, dilated pupils dry mouth, flushed face and fever. Seek for medical attention.

While you are using CINNA TABLET

-Things you must do

Follow your doctor's instruction when you are taking CINNA TABLET.

-Things you must not do

Do not stop taking this medicine or change the dosing regimen without instruction from your doctor. Do not give CINNA TABLET to anyone else, even if they have the same condition as you.

-Things to be careful of

CINNA TABLET should be taken with caution in hypotensive patients as it may decrease blood pressure. Avoid driving a car or operating potentially dangerous machinery after taking CINNA TABLET.

Side effects

Possible side effects only with high doses with slight sleepiness which disappear rapidly after reducing the dose. Other side effects are dry mouth, blurred vision, and weight gain, tightness of chest, depression and gastrointestinal disturbances.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of CINNA TABLET

-Storage

Keep in a tight container. Store at temperature below 30°C. Protect from light and moisture.


-Disposal

CINNA TABLET should be disposed when your doctor or pharmacist tells you to stop taking this tablet or it has passed the expiry date. Ask your pharmacist how to dispose medicines that are no longer required.

Product description

-What it looks like

CINNA TABLET is a white color round tablet one side is impressed with a score and

the other side with 'C'. 

-Ingredients

-Active ingredient
Cinnarizine

-Inactive ingredients

Polyethylene Glycol, Sodium Lauryl Sulfate, Microcrystalline Cellulose, Potato Starch, Sodium Starch Glycolate, Magnesium Stearate and Talc

-MAL number:

MAL19940027AZ

Manufacturer and Product Registration Holder

Y.S.P. Industries (M) Sdn. Bhd.
Lot 3,5 & 7, Jalan P/7, Section 13, Kawasan Perindustrian Bandar Baru Bangi, 43000 Kajang, Selangor Darul Ehsan, Malaysia.

Date of revision

30/05/2023

Serial Number

NPRA(R2/1)230713/1103