

# YSP BETAMETHASONE TABLET 0.5MG

Betamethasone (0.5mg)

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## What YSP BETAMETHASONE TABLET 0.5MG is used for

YSP BETAMETHASONE TABLET 0.5MG is used to treat inflammation-related diseases such acute and chronic rheumatic fever, rheumatoid arthritis (inflammatory disorder that affects the joints in your hand and feet), asthma, myelitis (inflammation of the spinal cord) and dermatitis (inflammation of the skin).

## How YSP BETAMETHASONE TABLET 0.5MG works

YSP BETAMETHASONE TABLET 0.5MG is a glucocorticoid which has the ability to decrease or prevent inflammation responses of body tissue.

## Before you use YSP BETAMETHASONE TABLET 0.5MG

It is important to tell your doctor if you are taking corticosteroids such as betamethasone, budesonide, fluticasone, mometasone, prednisone and triamcinolone. These medicines are used to treat allergies, asthma, inflammatory bowel diseases, inflammatory conditions of the eyes, joints and muscles and other inflammatory conditions. If alternatives cannot be used, its use should only take place after medical evaluation and under close monitoring by your doctor for corticosteroid side effects

Some medicines may increase the effects of YSP BETAMETHASONE TABLET 0.5MG and your doctor may wish to monitor you carefully if you are taking these medicines (including some medicines for HIV such as cobicistat).

## - When you must not use it

Please do not take YSP BETAMETHASONE TABLET 0.5MG:

- if you have allergy towards any components in YSP BETAMETHASONE TABLET 0.5MG.
- if you have systemic fungal infections, stomach ulcer, osteoporosis (bone become brittle and weak), psychology disorder.
- if you are pregnant or breastfeeding.

The use of YSP BETAMETHASONE TABLET 0.5MG during pregnancy, breastfeeding and women of childbearing must be consult by doctor as the possible benefits need to be weighed against the potential hazard, to the mother or embryo or fetus.

## - Before you start to use it

Tell your doctor or pharmacist if you:

- are allergic to any medicines.
- have pheochromocytoma (a tumour of the adrenal gland).
- have any other health related problems.

## - Taking other medicines

Do not go for vaccination if you are receiving high dose systemic corticosteroid therapy. Corticosteroids may mask some signs of infection, and new infections may appear during their use.

There may be decreased resistance and inability to localize infection when corticosteroids are used.

Corticosteroids should be taken concomitantly with chemotherapeutic agents or antibiotics in the treatment of acute or chronic infections.

Individual should be supplemented with high protein diet during therapy.

Because of possibility of fluid retention, care must be taken if you have congestive heart failure.

Should be used only with great caution in elderly persons.

Seek for your doctor or pharmacist advice if you intended to use YSP BETAMETHASONE TABLET 0.5MG together with other medication. Besides, you must also inform them about all the

medicines you are taking, including those without a prescription.

## How to use YSP BETAMETHASONE TABLET 0.5MG

### - How much to use

Adult: Initiate with 1.5mg to 5mg.

Maintenance dose: 0.5 to 1.5mg per day in divided doses 2 to 4 times daily.

### - When to use it

YSP BETAMETHASONE TABLET 0.5MG should be taken after meals or at bedtime.

### - How long to use it

YSP BETAMETHASONE TABLET 0.5MG should be taken as your doctor advised you to do so.

### - If you forget to use it

If you miss a dose of YSP BETAMETHASONE TABLET 0.5MG, take the missed dose as soon as you remember. However, if it's almost time for the next dose, skip the missed dose and continue the regular dosing schedule. Do not take a double dose to make up for a missed one.

### - If you use too much (overdose)

Seek medical attention immediately.

## While you are using it

### - Things you must do

Follow your doctor's instruction when you are taking YSP BETAMETHASONE TABLET 0.5MG.

### - Things you must not do

Do not stop taking this medicine or change the dosing regimen without instruction from your doctor. Do not give this medication to anyone else, even if they have the same symptom as you.

### - Things to be careful of

Please consult your doctor if:

- you are taking medication(s) other than YSP BETAMETHASONE TABLET 0.5MG.
- you have gastric intestinal ulcer, kidney disorder, high blood pressure, glaucoma (increased pressure in the eye), epilepsy and diabetes.

## Side effects

Possible side effects of YSP BETAMETHASONE TABLET 0.5MG are fluid and electrolyte disturbances, muscle weakness, osteoporosis, stomach ulcer with possible perforation and bleeding, impaired

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wound healing, facial redness, convulsions, menstrual irregularities, suppression of growth in children, decreased carbohydrate tolerance, increased pressure in the eyes and negative nitrogen balance due to protein break down disturbance. Prolonged treatment with corticosteroids in high dosage is occasionally associated with eyes cataract (clouding of eyes) that affects the back of the lens, and skin thinning.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of YSP BETAMETHASONE TABLET 0.5MG

### - Storage

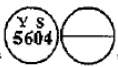
Keep in a tight container. Store at temperature below 30°C. Protect from light & moisture.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### - What it looks like

A white color round tablet 

### - Ingredients

- Active Ingredient(s)

Betamethasone

- Inactive ingredients

Lactose

Microcrystalline Cellulose

Sodium Starch Glycolate

Magnesium Stearate

### - MAL number

MAL19940031AZ

## Manufacturer & Product

### Registration Holder

Y.S.P Industries (M) Sdn. Bhd.

Lot 3, 5, 7, 12 & 14, Jalan P/7,

Section 13,

Kawasan Perindustrian Bandar Baru

Bangi,

43000 Kajang, Selangor, Malaysia.

### Date of revision

07/05/2025

### Serial Number

BPFK(R4/1)020216/00024