

TADAFLO 20MG TABLETS

Tadalafil 20mg

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What TADAFLO 20MG TABLETS is used for

TADAFLO 20MG TABLETS is a treatment for adult men with erectile dysfunction. This is when a man cannot get, or keep a hard, erect penis suitable for sexual activity. TADAFLO 20MG TABLETS has been shown to significantly improve the ability of obtaining a hard erect penis suitable for sexual activity.

How TADAFLO 20MG TABLETS works

TADAFLO 20MG TABLETS contains the active ingredient tadalafil which belongs to a group of medicines called phosphodiesterase type 5 inhibitors (PDE 5 inhibitors).

Following sexual stimulation TADAFLO 20MG TABLETS works by helping the blood vessels in your penis to relax, allowing the flow of blood into your penis. The result of this is improved erectile function. TADAFLO 20MG TABLETS will not help you if you do not have erectile dysfunction. It is important to note that TADAFLO 20MG TABLETS for the treatment of erectile dysfunction does not work if there is no sexual stimulation. You and your partner will need to engage in foreplay, just as you would if you were not taking a medicine for erectile dysfunction.

Before you use TADAFLO 20MG TABLETS

- When you must not use it

Do not take TADAFLO 20MG TABLETS if you:

- are allergic to tadalafil or any of the other ingredients of this medicine (see section Product Description).
- are taking any form of organic nitrate or nitric oxide donors such as amyl nitrite. This is a group of medicines ("nitrates") used in the treatment of angina pectoris ("chest pain"). TADAFLO 20MG TABLETS has been shown to increase the effects of these medicines. If you are taking any form of nitrate or are unsure tell your doctor.
- have serious heart disease or recently had a heart attack within the last 90 days.
- recently had a stroke within the last 6 months.
- have low blood pressure or uncontrolled high blood pressure.
- ever had a loss of vision because of non-arteritic anterior ischemic optic neuropathy (NAION), a condition described as "stroke of the eye".
- are taking riociguat. This drug is used to treat pulmonary arterial hypertension (i.e., high blood pressure in the lungs) and chronic thromboembolic pulmonary hypertension (i.e., high blood pressure in the lungs secondary to blood clots). PDE5 inhibitors, such as TADAFLO 20MG TABLETS, have been shown to increase the hypotensive effects of this medicine. If you are taking riociguat or are unsure tell your doctor.

- Before you start use it

Talk to your doctor before taking TADAFLO 20MG TABLETS.

Be aware that sexual activity carries a possible risk to patients with heart disease because it puts an extra strain on your heart. If you have a heart problem you should tell your doctor.

Before taking the tablets, tell your doctor if you have:

- sickle cell anaemia (an abnormality of red blood cells).
- multiple myeloma (cancer of the bone marrow).
- leukaemia (cancer of the blood cells).
- any deformation of your penis.
- a serious liver problem.
- a severe kidney problem.

TADAFLO 20MG TABLETS IS NOT INTENDED FOR USE BY WOMEN.

Children and adolescents: TADAFLO 20MG TABLETS is not intended for use by children and adolescents under the age of 18.

- Taking other medicines

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Do not take TADAFLO 20MG TABLETS if you are already taking nitrates.

Some medicines may be affected by TADAFLO 20MG TABLETS or they may affect how well TADAFLO 20MG TABLETS will work. Tell your doctor or pharmacist if you are already taking:

- an alpha blocker (used to treat high blood pressure or urinary symptoms associated with benign prostatic hyperplasia [benign enlargement of the prostate]).
- other medicines to treat high blood pressure.
- riociguat.
- a 5-alpha reductase inhibitor (used to treat benign prostatic hyperplasia)
- medicines such as ketoconazole tablets (to treat fungal infections) and protease inhibitors for treatment of AIDS or HIV infection.
- phenobarbital, phenytoin and carbamazepine (anticonvulsant medicines).
- rifampicin, erythromycin, clarithromycin or itraconazole.
- other treatments for erectile dysfunction

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How to use TADAFLO 20MG TABLETS

- How much to use

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

The recommended starting dose is 10 or 20 mg taken before sexual activity. Your doctor will decide the suitable dose for you.

- When to use it

TADAFLO 20MG TABLETS are for oral use in men only. Swallow the tablet whole with some water. The tablets can be taken with or without food, not to chew or crush the tablet but to swallow the tablet as a whole.

You may take a TADAFLO 20MG TABLETS at least 30 minutes before sexual activity. TADAFLO 20MG TABLETS may still be effective up to 36 hours after taking the tablet.

- How long to use it

Do not take TADAFLO 20MG TABLETS more than once a day.

- If you forget to use it

TADAFLO 20MG TABLETS is intended for use prior to anticipated sexual activity and is not recommended for continuous daily use.

- If you use too much (overdose)

Contact your doctor. You may experience side effects (see section **Side Effects**).

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

While you are using it

- Things you must do

If you experience sudden decrease or loss of vision, stop taking TADAFLO 20MG TABLETS and contact your doctor immediately.

Decreased or sudden hearing loss has been noted in some patients taking tadalafil. Although it is not known if the event is directly related to tadalafil, if you experience decreased or sudden hearing loss, stop taking TADAFLO

20MG TABLETS and contact your doctor immediately.

- Things you must not do

This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.

- Things to be careful of

Driving and using machines

Check carefully how you react to the tablet, before driving or using machines.

TADAFLO 20MG TABLETS contains lactose

If you have an intolerance to some sugars, contact your doctor before taking this medicine.

TADAFLO 20MG TABLETS with drinks and alcohol

Drinking alcohol may affect your ability to get an erection and may temporarily lower your blood pressure. If you have taken or are planning to take TADAFLO 20MG TABLETS, avoid excessive drinking (blood alcohol level of 0.08% or greater), since this may increase the risk of dizziness when standing up.

TADAFLO 20MG TABLETS with Grapefruit juice

Grapefruit juice may affect how well TADAFLO 20MG TABLETS will work and should be taken with caution. Talk to your doctor for further information.

Side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. These effects are normally mild to moderate in nature.

If you experience any of the following side effects stop using the medicine and seek medical help immediately:

- allergic reactions including rashes (frequency uncommon).
- chest pain – do not use nitrates but seek immediate medical assistance (frequency uncommon).
- priapism, a prolonged and possibly painful erection after taking TADAFLO 20MG TABLETS (frequency rare). If you have such an erection, which lasts continuously for more than 4 hours

you should contact a doctor immediately.

- sudden loss of vision (frequency rare).

Other side effects have been reported:

Common

- headache
- back pain
- muscle aches
- pain in arms and legs
- facial flushing
- nasal congestion
- indigestion and reflux.

Uncommon

- dizziness
- stomach ache
- feeling sick
- being sick (vomiting)
- reflux
- blurred vision
- eye pain
- difficulty in breathing
- presence of blood in urine
- prolonged erection
- pounding heartbeat sensation
- a fast heart rate
- high blood pressure
- low blood pressure
- nose bleeds
- ringing in the ears
- swelling of the hands
- feet or ankles and feeling tired

Rare

- fainting
- seizures and passing memory loss
- swelling of the eyelids
- red eyes
- sudden decrease or loss of hearing
- hives (itchy red welts on the surface of the skin)
- penile bleeding
- presence of blood in semen and increased sweating.

Heart attack and stroke have also been reported rarely in men taking TADAFLO 20MG TABLETS. Most of these men had known heart problems before taking this medicine. Partial, temporary, or permanent decrease or loss of vision in one or both eyes has been rarely reported.

Some additional rare side effects have been reported in men taking TADAFLO 20MG TABLETS. These include:

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- migraine
- swelling of the face
- serious allergic reaction which causes swelling of the face or throat
- serious skin rashes
- some disorders affecting blood flow to the eyes
- irregular heartbeats
- angina
- sudden cardiac death.

If you get any side effects, talk to your doctor or pharmacist. This includes possible side effects not listed in this leaflet.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of TADAFLO 20MG TABLETS

- Storage

Store below 30°C.

Keep out of the reach and sight of children.

Do not use this medicine after the expiry date, which is stated on the carton and blister after 'EXP'. The expiry date refers to the last day of that month.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

TADAFLO 20MG TABLETS is a yellow to light yellow, oval shaped, beveled edge, coated tablets debossed with 'L339' on one side and plain on other side.

- Ingredients

Active ingredient:

Tadalafil. Each tablet contains 20 mg of tadalafil.

Inactive ingredients:

- Hydroxy propyl cellulose
- Lactose Monohydrate (Granulac 200)
- Lactose Monohydrate (Flowlac 100)
- Croscarmellose Sodium
- Povidone K-25
- Sodium Lauryl Sulphate
- Magnesium stearate
- Colloidal Silicone Dioxide (Aerosil 200)
- Opadry Yellow 03F520005
 - ✓ Hypromellose (E464)
 - ✓ Macrogol (E1521)
 - ✓ Titanium dioxide (E171)
 - ✓ Iron oxide yellow (E172)
 - ✓ Talc (E553b)

- MAL number:

MAL21116014AZ

Manufacturer

Alembic Pharmaceuticals Limited
(Formulation Division)
Panelav, P.O. Tajpura Taluka-Halol,
District-Panchmahal, Gujarat 389350,
India.

Product Registration Holder

GENPHARMA SDN. BHD.
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31/7/2026

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