

PANADOL CAPLET

500MG OPTIZORB FORMULATION

Paracetamol 500mg

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What Panadol Caplet 500mg Optizorb Formulation is used for

Paracetamol helps to relief pain (analgesic) and fever (antipyretic).

Relief of fever.

Relief of headache, migraine, sore throat, fever and toothache.

How Panadol Caplet 500mg Optizorb Formulation works

Paracetamol is a fever and pain reliever. Its mechanism of action is believed to include inhibition of prostaglandin synthesis, primarily within the central nervous system.

Before you use Panadol Caplet 500mg Optizorb Formulation

- When you must not use it

Do not use if you are allergic to paracetamol or any of the other ingredients in the product.

Do not use this medicine if you are taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu, or to aid sleep.

Do not take Panadol Caplet 500mg Optizorb Formulation if you are pregnant, trying to get

pregnant or think you may be pregnant.

Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Check with your doctor before use if:

- you have liver or kidney problems.
- are underweight or malnourished.
- regularly drink alcohol.

You may need to avoid using this product altogether or limit the amount of paracetamol that you take.

Check with your doctor before use if:

- you have a severe infection as this may increase the risk of metabolic acidosis. Signs of metabolic acidosis include: deep, rapid, difficult breathing, feeling sick (nausea), being sick (vomiting), loss of appetite. Contact a doctor immediately if you get a combination of these symptoms. Please see your doctor if your symptoms do not improve.

ALLERGY ALERT:

Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters and rash. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

You can take this product with stomach ulcer.

You can take this product whilst breast feeding.

- Taking other medicines

Check with your doctor before use if you are taking warfarin or similar medicines used to thin the blood.

Always read and follow the label.

Keep medicine out of sight and reach of children.

Maximum duration of continued use without medical advice: 3 days.

This product contains 0.2% w/w sodium parabens per caplet, which may cause allergic reactions (possibly delayed).

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop. Some medications and this product can interfere with each other. This preparation contains PARACETAMOL. Do not take any other paracetamol containing medicines at the same time.

How to use Panadol Caplet 500mg Optizorb Formulation

- How much to use

Adults (including the elderly) and children aged 12 years and over: 1 to 2 caplets taken every 4 to 6 hours as required.

Children 6 to 11 years: No more than 4 doses in any 24-hour period.

Maximum duration of continued use without medical advice: 3 days.

Maximum daily dose: 60mg/kg to be administered in divided doses of 10-15 mg/kg throughout the 24-hour period.

Children 6 to 8 years: ½ caplet (250mg).

Children 9 to 11 years: 1 caplet (500mg).

Do not exceed the stated dose. The lowest dose necessary to achieve efficacy should be used.

Do not take more frequently than every 4 hours.

Maximum daily dose: 4000mg.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Taken every 4 to 6 hours as required.

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Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Panadol Caplet 500mg Optizorb Formulation for as long as your doctor recommends.

If symptoms persist for more than 3 days, please see your doctor

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

If you take more of the medicine than you should seek medical advice immediately because of the risk of liver failure. Paracetamol overdose may cause liver failure.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you or according to instruction on pack.

Tell all the doctors, dentists and pharmacists treating you that you are taking Panadol Caplet 500mg Optizorb Formulation.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not exceed the stated dose.

Do not take more than 4000mg paracetamol per day (adults and children over 12 years).

Do not take more than 2000mg paracetamol per day (children, 6 to 11 years).

Not recommended for children under the age of 6 years.

Do not take for more than 3 days without asking your doctor.

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Panadol Caplet 500mg Optizorb Formulation to anyone else, even if they have the same symptoms or condition as you.

Do not take with any other product containing paracetamol.

- Things to be careful of

Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters and rash.

Side effects

Stop taking this medicine and tell your doctor immediately if:

- you experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- you experience a skin rash or peeling, or mouth ulcers.
- you have previously experienced breathing problems with aspirin or non-steroidal anti-inflammatory, and experience a similar reaction with this product.
- you experience unexplained bruising or bleeding.

These reactions are rare. Cutaneous hypersensitivity reactions including skin rashes, angioedema, Stevens Johnson Syndrome/Toxic Epidermal Necrolysis have been reported. Like all medicines, Panadol Caplet 500mg Optizorb Formulation can cause side

effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website

npra.gov.my [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Panadol Caplet 500mg Optizorb Formulation

- Storage

Keep out of the reach and sight of children.

Store below 30°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist on how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White to off-white film-coated capsule-shaped caplet. Circled "P" debossed on one side, breakline on the other.

- Ingredients

Active ingredients

Paracetamol 500mg

Inactive ingredients

Pregelatinised starch
Magnesium stearate
Carnauba wax
Calcium carbonate
Alginic acid
Crospovidone
Povidone (K-25)
Blend of Sodium Parabens (Sodium Methyl Paraben 68 - 76% w/w; Sodium Ethyl Paraben 13 - 18% w/w; Sodium Propyl Paraben 8 - 13% w/w)

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500MG OPTIZORB FORMULATION

Paracetamol 500mg

Colloidal silicon dioxide

Opadry White

Purified water

- MAL numbers

MAL14055166XRZ

Manufacturer

Sterling Drug (Malaya) Sdn.
Bhd.

Lot 89, Jalan Enggang, Ampang
/ Hulu Kelang Industrial Estate,
68000 Selangor Darul Ehsan,
Malaysia

Product Registration Holder

Haleon Malaysia Sdn. Bhd.
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