

PANAFLEX HOT PATCH

Glycol Salicylate/L-Menthol/Nonivamide (2.45% w/w/ 3.85% w/w/ 0.003% w/w)

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What Panaflex Hot Patch is used for the temporary relief of muscular and joint pain e.g. due to simple backache, strains, sprains. Panaflex Hot Patch is for external application onto the skin only.

Before you use Panaflex Hot Patch

- When you must not use it

Do NOT use Panaflex Hot Patch

- on children under 12 years of age, unless prescribed by a doctor. Fits (seizures) may occur in children with a previous history of fits.
- if you have known hypersensitivity to glycol salicylate or other salicylates, menthol, nonivamide, or any of the other ingredients of this product.

- Before you start to use it

- Panaflex Hot Patch is not recommended for use during pregnancy or breast-feeding. Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using this product.
- Check with your doctor before use if you are allergic to aspirin, other salicylates or other non-steroidal anti-inflammatory medicines used to treat pain, fever or inflammation, such as ibuprofen.

- Taking other medicines

Check with your doctor before use if you are taking medicines used to prevent blood-clotting ("blood thinners" or anticoagulants) as it may result in increased risk of bleeding.

How to use Panaflex Hot Patch

- How much to use

For use in adults and children aged 12

years and above: One patch should be applied to the affected area 1 to 2 times a day, as required. Treat only one painful area at one time. For children under 12 years of age: Seek medical advice before use. [Maximum total daily dose is 2 patches, even if there is more than one injured area to be treated. Depending on the size of the painful area, either a patch of 70 cm² (7 cm x 10 cm) or a patch of 48 cm² (6 cm x 8 cm) can be used.]

Instructions to use:

Open the pouch and take out a patch. Peel off protective backing and apply sticky side to affected area. Sweat and dirt may reduce the stickiness of the patch. Clean and dry the affected area to increase the stickiness. After application, wash your hands.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Maximum duration of use without medical advice: 7 days.

If the pain does not improve within 7 days, or if it gets worse, seek medical advice from your doctor or pharmacist.

- If you forget to use it

If you have missed a dose, use the patch as soon as you remember. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Overdose after incorrect topical application or due to accidental ingestion for products containing salicylates and menthol can be associated with a number of symptoms.

Symptoms of overdose include:

- nausea,
- vomiting,
- severe abdominal pain,
- sweating,
- tinnitus
- sensation of your body or environment moving or spinning (vertigo),
- deafness,
- dizziness
- poor body coordination (ataxia) such as eating, writing or

unbuttoning a shirt,

- headache,
- confusion,
- drowsiness,
- coma.

As nonivamide is insoluble, systemic exposure from ingestion is unlikely.

In the event of overdose, supportive care may be required. Further management should be as clinically indicated or as recommended by the national poisons center, where available.

To report overdose cases, you may contact the National Poison Centre (Tel: 04-6570099; website: <http://www.prn.usm.my/>; email: prnnet@usm.my).

While you are using it

- Things you must do

- Apply patch only to intact, non-diseased skin and not to skin wounds.
- Sweat and dirt may reduce the stickiness of the patch. Clean and dry the affected area to increase the stickiness.
- Keep out of the sight and reach of children.

- Things you must not do

- This product should not be applied on or near the eyes, nostrils and mouth. In case of accidental contact, rinse well with water.
- Do not use this product with external heat, such as electric heating pad.

- Things to be careful of

- Some people may experience discomfort, particularly those with sensitive skin, if this product is used after a bath.
- Discontinue the treatment if a skin rash develops after applying the product.

Side Effects

Like all medicines, Panaflex Hot Patch can cause side effects, although not everybody gets them. When using this product, you may experience: application site hypersensitivity, application site reaction, skin burning sensation, skin irritation, rash, and itchiness. You may report any side effects or adverse drug reactions directly to the National Centre for

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Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Serial Number
NPRA (R2) 22/017

Storage and Disposal of Panaflex Hot Patch

- *Storage*
Store below 30°C.
- *Disposal*
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- *What it looks like*
The similar-white medical plaster is coated between non-woven fabric and plastic film.
- *Ingredients*
 - Active ingredients
Glycol Salicylate 2.45% w/w
L-Menthol 3.85% w/w
Nonivamide 0.003% w/w
 - Inactive ingredients
Zinc Oxide
Silicon Dioxide
Aluminium Chlorohydrate
Titanium Dioxide
Adhesive Plaster
Purified Lanolin
Menthol Oil
Paraffin Oil
- *MAL number:*
MAL22076010XR

Manufacturer

Teh Seng Pharmaceutical Mfg. Co., Ltd. Secondary Factory No. 42-1, Huan Gong Road, Yong Kang District, Tainan City, Taiwan, R.O.C.

Product Registration Holder

Haleon Malaysia Sdn. Bhd. Lot 89, Jalan Enggang, Ampang/ Hulu Kelang Industrial Estate, 68000 Ampang, Selangor, Malaysia.

Date of Revision

25/08/2025
