

PANADOL EXTEND TABLET

Paracetamol (665mg)

What is in this leaflet

1. What Panadol Extend Tablet is used for
2. How Panadol Extend Tablet works
3. Before you use Panadol Extend Tablet
4. How to use Panadol Extend Tablet
5. While you are using it
6. Side effects
7. Storage and disposal of Panadol Extend Tablet
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Panadol Extend Tablet is used for

It is for the relief of fever and the relief of mild to moderate pain including: headache, migraine, toothache, pain after dental procedures, neuralgia (intense pain along the course of a nerve, especially in the head or face), muscular aches and joint pains, pain of osteoarthritis, rheumatic pain, period pain, pain after vaccination, sore throat and the discomfort from colds and influenza.

How Panadol Extend Tablet works

Paracetamol in Panadol Extend Tablet works to stop the pain message from getting through the brain. Paracetamol also works in the brain to reduce fever. The combination of immediate release and sustained release paracetamol provides prompt pain relief, which may last up to 8 hours.

Before you use Panadol Extend Tablet

- When you must not use it

- a) Do not use if you are allergic to paracetamol or any of the other ingredients in the product.
- b) Do not take Panadol Extend Tablet if you are pregnant, trying to get pregnant or think you may be pregnant.
- c) Do not take Panadol Extend Tablet if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start use it

Check with your doctor before use if:

- you have liver or kidney problems.
- are underweight or malnourished.
- regularly drink alcohol.

You may need to avoid using this product altogether or limit the amount of paracetamol that you take.

Check with your doctor before use if:

- you have a severe infection as this may increase the risk of metabolic acidosis. Signs of metabolic acidosis include: deep, rapid, difficult breathing, feeling sick (nausea), being sick (vomiting), loss of appetite. Contact a doctor immediately if you get a combination of these symptoms.

Please see your doctor if your symptoms do not improve.

ALLERGY ALERT: Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters and rash. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

- Taking other medicines

- a) Check with your doctor before use if you are taking warfarin or similar medicines used to thin the blood.
- b) Do not use this medicine if your child is taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu, or to aid sleep.
- c) Always read and follow the label.
- d) Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop. Some medications and this product can interfere with each other.
- e) This preparation contains PARACETAMOL. Do not take any other paracetamol containing medicines at the same time

How to use Panadol Extend Tablet

- How much to use

Adults and children over 12 years: 2 tablets.

To be taken 3 times daily. Every 6-8 hours when necessary [maximum 6 tablets in 24 hours].

The lowest dose necessary to achieve efficacy should be used.

Do not take more frequently than every 6 hours.

Follow all directions given to you by your doctor and pharmacist carefully.

They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Panadol Extend Tablet for as long as your doctor recommends. If symptoms persist for more than 3 days, please see your doctor

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

If you take more of the medicine than you should seek medical advice immediately because of the risk of liver failure. Paracetamol overdose may cause liver failure.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you or according to instruction on pack.

Tell all the doctors, dentists and pharmacists treating you that you are taking Panadol Extend Tablet. Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- a) Do not take more than 4000mg paracetamol per day.
- b) This tablet must not be chewed or sucked as this destroys the sustained release properties.
- c) Do not exceed the stated dose.
- d) Do not take more frequently than every 6 hours.
- e) Do not take with any other product containing paracetamol.
- f) Not recommended in children under 12 years.
- g) Do not take for more than 3 days without asking your doctor.
- h) Do not stop taking the medicine unless advised by your doctor.
- i) Do not take any new medicines without consulting your doctor.
- j) Do not give Panadol Extend Tablet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters and rash.

Side effects

Stop taking this medicine and tell your doctor immediately if:

- you experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- you experience a skin rash or peeling, or mouth ulcers.
- you have previously experienced breathing problems with aspirin or non-steroidal anti-inflammatories, and experience a similar reaction with this product.
- you experience unexplained bruising or bleeding.

These reactions are rare. Cutaneous hypersensitivity reactions including skin rashes, angioedema, Stevens Johnson Syndrome/Toxic Epidermal Necrolysis have been reported.

Like all medicines, Panadol Extend Tablet can cause side effects, although not everybody gets them. Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835590, or visiting the website npra.moh.gov.my [Public→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Panadol Extend Tablet

- Storage

Keep out of the reach and sight of children.

Store below 30°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A white to off-white capsule shaped film coated tablet debossed with "8" on one side and blank on the other.

- Ingredients

- Active ingredient
Paracetamol

- Inactive ingredients
Hypromellose
Povidone
Pregelatinised starch
Magnesium Stearate
Croscarmellose sodium
Stearic acid
Triacetin
Carnauba wax

- MAL number:

MAL06030845XRZ

Manufacturer

GlaxoSmithKline Consumer Healthcare Australia Pty Ltd,
82 Hughes Avenue, Ermington, NSW
2115, Australia.

Product Registration Holder

GlaxoSmithKline Consumer Healthcare Sdn Bhd (3467-X)
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MALAYSIA

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