

# PANADOL ACTIFAST TABLET

Paracetamol 500mg

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## What Panadol Actifast Tablet is used for

Relief of fever and the relief from mild to moderate pain including: headache, migraine, backache, musculoskeletal pain, period pain, pain of osteoarthritis, toothache, pain after dental procedures/ tooth extraction, pain after vaccination and the discomfort from colds, influenza and sore throats.

## How PANADOL ACTIFAST TABLET works

Paracetamol is an analgesic and antipyretic. Its mechanism of action is believed to include inhibition of prostaglandin synthesis, primarily within the central nervous system.

## Before you use Panadol Actifast Tablet

### - When you must not use it

Do not use if you are allergic to paracetamol or any of the other ingredients in the product. Do not take Panadol Actifast Tablet if you are pregnant, trying to get pregnant or think you may be pregnant. Ask your doctor or pharmacist for advice before taking any medicine.

### - Before you start to use it

Check with your doctor before use if:

- you have liver or kidney problems.
  - are underweight or malnourished.
  - regularly drink alcohol.
- You may need to avoid using this product altogether or limit the amount of paracetamol that you take. Check with your doctor before use if:

- you have a severe infection as this may increase the risk of metabolic acidosis. Signs of metabolic acidosis include: deep, rapid, difficult breathing, feeling sick (nausea), being sick (vomiting), loss of appetite. Contact a doctor immediately if you get a combination of these symptoms.

Please see your doctor if your symptoms do not improve.

### ALLERGY ALERT:

Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters and rash. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

You can take this product with stomach ulcer.

You can take this product whilst breast feeding.

Each actifast tablet contains 173 mg of sodium per tablet (346 mg of sodium per 2 tablet dose). To be taken into consideration by patients on a controlled sodium diet.

### - Taking other medicines

Check with your doctor before use if you are taking warfarin or similar medicines used to thin the blood.

Do not use this medicine if you are taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu, or to aid sleep. Always read and follow the label.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop. Some medications and this product can interfere with each other. This preparation contains PARACETAMOL. Do not take any other paracetamol containing medicines at the same time.

## How to use Panadol Actifast Tablet

### - How much to use

Adults (including the elderly) and children aged 12 years and over: 1 - 2 tablets (500mg - 1000mg) taken every 4 to 6 hours as required.

Do not exceed the stated dose. The lowest dose necessary to achieve efficacy should be used.

Do not take more frequently than every 4 hours.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### - When to use it

Taken every 4 to 6 hours as required.

Adults (including the elderly) and children aged 12 years and over: Maximum daily dose 4000mg (8 tablets in 24 hours). Minimum dosing interval: 4hours.

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Use as directed by your doctor or pharmacist.

**- How long to use it**

Continue taking Panadol Actifast Tablet for as long as your doctor recommends. If symptoms persist for more than 3 days, please see your doctor

**- If you forget to use it**

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

**- If you use too much (overdose)**

If you take more of the medicine than you should seek medical advice immediately because of the risk of liver failure. Paracetamol overdose may cause liver failure. High doses of sodium bicarbonate may be expected to induce gastrointestinal symptoms including belching and nausea. In addition, high doses of sodium bicarbonate may cause hypernatraemia; electrolytes should be monitored and patients managed accordingly. Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

**While you are using it**

**- Things you must do**

Take your medicine exactly as your doctor has told you or

according to instruction on pack.

Tell all the doctors, dentists and pharmacists treating you that you are taking Panadol Actifast Tablet.

Tell your doctor immediately if you become pregnant while taking this medication.

**- Things you must not do**

Do not exceed the stated dose. Do not take more than 4000mg paracetamol per day (adults and children over 12 years). Not recommended for children under the age of 12 years. Do not take for more than 3 days without asking your doctor.

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor. Do not give Panadol Actifast Tablet to anyone else, even if they have the same symptoms or condition as you. Do not take with any other product containing paracetamol.

**- Things to be careful of**

Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters and rash.

**Side effects**

Stop taking this medicine and tell your doctor immediately if:

- you experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- you experience a skin rash or peeling, or mouth ulcers.
- you have previously experienced breathing problems with aspirin or non-steroidal anti-

inflammatories, and experience a similar reaction with this product.

- you experience unexplained bruising or bleeding.

These reactions are rare.

Cutaneous hypersensitivity reactions including skin rashes, angioedema, Stevens Johnson Syndrome/Toxic Epidermal Necrolysis have been reported. Like all medicines, Panadol Actifast Tablet can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

**Storage and Disposal of Panadol Actifast Tablet**

**- Storage**

Keep out of the reach and sight of children. Store below 30°C.

**- Disposal**

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist on how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

**- What it looks like**

White to off white film coated capsule shape tablets with flat edges, debossed with a "P" and "--" on the other side.

# PANADOL ACTIFAST TABLET

Paracetamol 500mg

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**- Ingredients**

**Active ingredients**

Paracetamol 500mg

**Inactive ingredients**

Sodium bicarbonate  
Maize starch  
Pregelatinized starch  
Povidone  
Sodium starch glycolate  
Colloidal anhydrous silica  
Magnesium stearate  
Microcrystalline cellulose  
Carnauba wax  
Opadry II white

**- MAL numbers**

MAL20033521XRZ  
MAL24076028XRSZ

**Date of revision**

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**Manufacturer**

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**Product Registration Holder**

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