

PANADOL SOLUBLE TABLET

Paracetamol (500mg)

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What Panadol Soluble Tablet 500mg is used for

For the relief of fever and the treatment of mild-to-moderate pain including: headache, migraine, period pain, sore throat, muscle and bone pain, fever and pain after vaccination, pain after dental procedures/tooth extraction, toothache and joint pain.

How Panadol Soluble Tablet 500mg works

Paracetamol works by inhibiting the production of compounds in the body called prostaglandin to reduce pain and fever.

Before you use Panadol Soluble Tablet 500mg

- When you must not use it

Do not use if you are allergic to paracetamol or any of the other ingredients in the product. This product contains aspartame. Unsuitable for phenylketonurics.

- Before you start to use it

Check with your doctor before use if you:

- have liver or kidney problems.
- are underweight or malnourished.

- regularly drink alcohol.
- you are pregnant or breastfeeding.
- you have a severe infection as this may increase the risk of metabolic acidosis. Signs of metabolic acidosis include: shallow, rapid, difficult breathing, feeling sick (nausea), being sick (vomiting), loss of appetite. Contact a doctor immediately if you get a combination of these symptoms.

Each soluble tablet contains 427 mg of sodium per tablet (854 mg of sodium per 2 tablet dose). To be taken into consideration if you are on a controlled sodium diet.

- Taking other medicines

Check with your doctor before use if you are taking warfarin or similar medicines used to thin the blood.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop. Some medications and this product can interfere with each other. This preparation contains PARACETAMOL. Do not take any other paracetamol containing medicines at the same time.

How to use Panadol Soluble Tablet 500mg

- How much to use

Adults (including the elderly) and children aged 12 years and over: 1 - 2 tablets dissolved in at least half a glass of water every 4 to 6 hours as required.

Children 9 to 11 years: 1 tablet dissolved in at least half a glass of water.

Children under 9 years: Not recommended.

Maximum daily dose:

Adults (including the elderly) and children aged 12 years and over: 8 tablets.

Children 9 to 11 years: 60mg/kg to be taken in divided doses throughout the 24-hour period (no more than 4 doses in 24 hours).

The lowest dose necessary to achieve efficacy should be used for the shortest duration of treatment.

Oral administration only.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

To be taken every 4 to 6 hours as required.

Do not take more frequent than every 4 hours.

Use as directed by your doctor or pharmacist.

- How long to use it

Take Panadol Soluble Tablet 500mg for the duration as your doctor recommends.

If symptoms persist for more than 3 days, please see your doctor

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

If you take more of the medicine than you should, seek medical advice immediately because of the risk of liver failure which

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may require liver transplant or lead to death. Acute pancreas inflammation has been observed as well.

This product also contains sodium bicarbonate and high doses of sodium bicarbonate may be expected to induce gastrointestinal symptoms including belching and nausea and high sodium level.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you or according to instruction on pack. Tell all the doctors, dentists and pharmacists treating you that you are taking Panadol Soluble Tablet 500mg.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not exceed the stated dose.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Panadol Soluble Tablet 500mg to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

ALLERGY ALERT: Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters and rash. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

This product is unlikely to cause an effect on ability to drive and use machines.

Side Effects

Stop taking this medicine and tell your doctor immediately if:

- you experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- you experience a skin rash or peeling, or mouth ulcers.
- you have previously experienced breathing problems with aspirin or non-steroidal anti-inflammatories, and experience a similar reaction with this product.
- you experience unexplained bruising or bleeding.

These reactions are rare. Skin hypersensitivity reactions including skin rashes, swelling under the skin, Stevens Johnson Syndrome/ Toxic Epidermal Necrolysis have been reported. Like all medicines, Panadol Soluble Tablet 500mg can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) of Vaccines (AEFI)].

Storage and Disposal of Panadol Soluble Tablet 500mg

- Storage

Keep out of the reach and sight of children.

Store below 30°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist on how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A white, flat tablet with bevelled edges, plain on both sides.

- Ingredients

- Active ingredient

Paracetamol 500mg

- Inactive ingredients

Sorbitol, Povidone, Saccharin Sodium, Aspartame, Sodium Bicarbonate, Sodium Lauryl Sulphate, Dimethicone, Citric Acid, Sodium Carbonate, Drydex Imitation Lemon Flavour, Permaseal Lemon Powder Flavour, Imitation Lemon Flavour, Imitation Candied Sugar Flavour.

- MAL number

MAL19930450XRZ

Manufacturer

GlaxoSmithKline Dungarvan Limited, Knockbrack, Dungarvan, Co. Waterford, Ireland.

Product Registration Holder

GlaxoSmithKline Consumer Healthcare Sdn. Bhd. Lot 89, Jalan Enggang, Ampang/ Hulu Kelang Industrial Estate, 68000 Selangor Darul Ehsan, Malaysia.

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