

Voltaren Emulgel 1%

Diclofenac diethylamine (11.6mg/g)

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What Voltaren Emulgel 1% is used for
Voltaren Emulgel 1% contains the active substance diclofenac which belongs to a group of medicines called non-steroidal anti-inflammatory drugs (NSAIDs). It is specially formulated for rubbing into the skin. Voltaren Emulgel 1% is used to relieve pain and reduce inflammation and swelling in a number of painful conditions affecting the joints and muscles. It can be used to treat:

- Muscle, joints, tendons, ligaments injuries (e.g. sprains, strains, bruises, backache, sports injuries);
- tendonitis (e.g. tennis elbow);
- mild arthritis of the knee or fingers.

How Voltaren Emulgel 1% works

Diclofenac is a non-steroidal anti-inflammatory drug (NSAID) with pronounced analgesic, anti-inflammatory and antipyretic properties. Inhibition of prostaglandin synthesis is the primary mechanism of action of diclofenac. Voltaren Emulgel 1% is an anti-inflammatory and analgesic preparation designed for topical application in inflammation and pain of traumatic or rheumatic origin. Voltaren Emulgel 1% relieves pain and decreases swelling.

Before you use Voltaren Emulgel 1%

- When you must not use Voltaren Emulgel 1%

- If you are allergic (hypersensitive) to diclofenac or other non-steroidal

anti-inflammatory medicines used to treat pain, fever or inflammation, such as ibuprofen or aspirin (a substance also used to prevent blood clotting), or any of the other ingredients of Voltaren Emulgel 1% listed at the end of this leaflet. If you are not sure, ask your doctor or pharmacist. Symptoms of an allergic reaction to these medicines may include: wheezing or shortness of breath (asthma); skin rash with blisters or hives; swelling of the face or tongue; runny nose.

- If you are in the last 3 months of pregnancy.

Important information about some of the ingredients of Voltaren Emulgel 1%

The gel formulation contains propylene glycol and benzyl benzoate, which may cause mild localised skin irritation in some people.

Children

Do not use Voltaren Emulgel 1% in children under 12 years of age.

Pregnancy and breast-feeding

Use only on advice of your doctor if you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby. Do not use Voltaren Emulgel 1% if you are in the last 3 months of pregnancy, as it could harm your unborn child or cause problems at delivery.

- Before you start to use Voltaren Emulgel 1%

If you have any questions, talk to your doctor or pharmacist before using Voltaren Emulgel 1%.

- Taking other medicines

Please tell your doctor or pharmacist if you are taking, or have recently taken, any regular medication on prescription or over the counter products.

How to use Voltaren Emulgel 1%

1. To remove the seal before first use, unscrew and remove the cap. Use the reverse side of the cap to insert, twist and remove the seal from the tube.

2. Squeeze out a small amount of gel from the tube and gently rub a small amount into the skin where you have pain or swelling. You may notice a slight cooling effect when you rub the gel in.
3. Wash your hands after rubbing in Voltaren Emulgel 1%, unless of course they are the site being treated.

- How much to use

The amount needed will vary depending upon the size of the painful or swollen area; an amount ranging in size from a cherry to a walnut will usually be sufficient.

- When to use it

Apply Voltaren Emulgel 1% 3 to 4 times a day on the painful area.

- How long to use it

Do not use Voltaren Emulgel 1% for more than 2 weeks. Use no more than is required for shortest period of time needed. If the pain and swelling do not improve within 7 days, or if they get worse, tell your doctor. Longer treatment may be recommended by a doctor.

- If you forget to use it

If you miss your application of Voltaren Emulgel 1% at the correct time, apply it when you remember and then carry on as normal. Do not apply a double quantity to make up for the forgotten application.

- If you use too much (overdose)

If you use more gel than you should, wipe off the surplus gel with a tissue. If you or a child accidentally swallows the gel, seek medical advice immediately.

While you are using it

- Things you must do

If you have any further questions on the use of this product, ask your doctor or pharmacist.

- Things you must not do

- Do not apply to skin with conditions such as cuts, open wounds, or on skin that has a rash or eczema.

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Discontinue the treatment if a skin rash develops after applying the product.

- Do not use more product than directed or for a longer period of time than directed, unless told by your doctor.
- Voltaren Emulgel 1% is for topical use only. Do not use it in the mouth. Do not swallow it. Be careful not to get Voltaren Emulgel 1% in your eyes. If this happens, rinse your eyes well with clean water. See your doctor or pharmacist if any discomfort persists.
- A brace or wrap commonly used for injuries like sprains can be used but do not use under airtight (plastic) bandages.

- Things to be careful of

Voltaren Emulgel 1% is unlikely to affect the ability to drive, use machines or carry out other activities that need careful attention.

Side Effects

When using this product you may experience:

- Skin rash with or without blisters; hives; wheezing, shortness of breath or feeling of tightness in the chest (asthma); swelling of the face, lips, tongue or throat; itching or reddening of the skin.
- The skin may be more sensitive to sunlight (sun or tanning booth). Possible signs are sunburn with itching, swelling and blistering.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Voltaren Emulgel 1%

- Storage

- Keep this medicine out of the reach and sight of children.
- Do not use Voltaren Emulgel 1% after the expiry date which is stated

on the outer pack and on the immediate container. The expiry date refers to the last day of that month.

- Do not store above 30°C.

- Disposal

Any unused product or waste material should be disposed of in accordance with local requirements.

Product Description

- What it looks like

Voltaren Emulgel 1% is a white to practically white, cooling, non-greasy, non-staining cream-like gel.
Pack size(s): 10g, 20g, 30g, 50g. Not all pack sizes may be marketed.

- Ingredients

- Active ingredient(s)

The active substance is diclofenac diethylamine. One gram of gel contains 11.6 mg (1.16% w/w) of diclofenac diethylamine, which corresponds to 10 mg (1% w/w) of diclofenac sodium.

- Inactive ingredients

The other ingredients are carbomer, cetomacrogol 1000 ether, cetiol LC, diethylamine, isopropyl alcohol, propylene glycol, liquid paraffin, perfume (containing benzyl benzoate), and purified water.

- MAL number:

MAL05032552ARSZ

Manufacturer

Haleon CH SARL
Route de l'Etraz
1260 Nyon, Switzerland.

Product Registration Holder

Malaysia – Haleon Malaysia

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