

PANAFLEX PAIN RELIEF PATCH

Glycol Salicylate/L-Menthol/DL-Camphor/DL- α -Tocopherol Acetate/DL- α -Tocopherol Acetate (1.5% w/w / 1.0% w/w / 0.5% w/w / 0.3% w/w)

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What Panaflex Pain Relief Patch is used for

Relief of muscular and joint pain in various parts of the body such as shoulder, neck, waist, back, elbow and knee. Panaflex Pain Relief Patch is for external application onto the skin only.

How Panaflex Pain Relief Patch works

- Penetrates through skin to help relief.
- Soothes back, neck and muscle pain.
- Provides immediate cooling effect.

Before you use Panaflex Pain Relief Patch

- When you must not use it

Do NOT use Panaflex Pain Relief Patch

- on infants under 2 years of age.
- on children under 12 years old, unless directed by a healthcare professional. Fits (seizures) may occur in children with a previous history of fits.
- if you are allergic to glycol salicylate, menthol, camphor, tocopherol acetate (Vitamin E), or any of the other ingredients in this product.
- if you are allergic to acetylsalicylic acid or other nonsteroidal anti-inflammatory medicines. Ask your doctor or pharmacist if you are unsure of

these medicines or if you are currently taking any other medications.

- Before you start to use it

Panaflex Pain Relief Patch is not recommended for use during pregnancy and breast-feeding. Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using this product.

- Taking other medicines

Consult your doctor or pharmacist if you are taking medicines used to prevent blood-clots ("blood thinners" and anticoagulants) as it may result in increased risk of bleeding.

How to use Panaflex Pain Relief Patch

- How much to use

For topical use only.

For use in adults and children aged 12 years and above: Apply to the affected area 3 or 4 times a day. Use one patch at a time. (Maximum dose: 4 patches in a day).

Instructions to use:

Sweat and dirt may reduce the adhesion of the patch. Clean and dry the affected area to increase the adhesiveness

1. Open the pouch and take out a patch. Peel off protective backing.
2. Apply sticky side to affected area.
3. Adhesive sheet is readily cut into 6 small pieces.
4. Peel off 2 small pieces of adhesive sheet, stick at the edge of patch to prevent patch from moving.

After application, wash your hands.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Maximum duration of use without medical advice: 7 days.

If the pain does not improve within 7 days of starting treatment, or if it gets worse, seek medical advice from your doctor or pharmacist.

- If you forget to use it

If you have missed a dose, use the patch as soon as you remember. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Stop use and consult your doctor or pharmacist immediately or go to the Emergency Department of your nearest hospital, if you have used the medicine more than you should. Symptoms of overdose include:

- severe abdominal pain,
- nausea,
- vomiting,
- sweating,
- constant ringing sound in the ear (tinnitus),
- sensation of your body or environment moving or spinning (vertigo),
- deafness,
- dizziness,
- poor body coordination (ataxia) such as eating, writing or unbuttoning a shirt,
- headache,
- confusion,
- drowsiness,
- coma.

Overdose from camphor can in addition be associated with:

- oropharyngeal burning,
- muscle twitching,
- depression of the CNS
- epileptiform convulsions.

Relatively large amounts of vitamin E usually cause no harm but occasionally muscle weakness, fatigue, nausea, and diarrhoea occur.

To report overdose cases, you may contact the National Poison Centre (Tel: 04-6570099; website: <http://www.prn.usm.my/>; email: prnnet@usm.my).

While you are using it

- Things you must do

- Apply patch only to intact, non-diseased skin and not to skin wounds.
- Keep out of the sight and reach of children.

- Things you must not do

- This product should not come into contact with the eyes, nostrils, mouth, other inner parts of the body. In case of accidental contact, rinse well with water.
- Do not use this product with external heat, such as electric heating pad.
- Avoid this product from getting in contact with the nostrils of infants and children. Small amounts of camphor exposed to infants and children may cause immediate collapse.

- Things to be careful of

- Some people may experience discomfort, particularly those with sensitive skin, if this product is used after a bath.
- Discontinue the treatment if excessive skin irritation occurs.

Side Effects

Like all medicines, Panaflex Pain Relief Patch can cause side effects, although not everybody gets them. Side effects that have been reported are: application site hypersensitivity, application site reaction such as skin redness, swelling, burning sensation, rash, and itchiness. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Panaflex Pain Relief Patch

- Storage

Store below 30°C.

- Disposal

Medicines should not be disposed via wastewater or household waste. Ask your pharmacist how to dispose medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White, rectangular adhesive patches with a characteristic menthol odour.

- Ingredients

- Active ingredients

Glycol Salicylate
L-Menthol
DL-Camphor
DL- α -Tocopherol Acetate

- Inactive ingredients

Glycerin
Tartaric acid
Sorbitol solution
Kaolin
Titanium dioxide
Purified water
Sodium polyacrylate
Silicon dioxide
Polyvinylpyrrolidone
Polysorbate 80
Sorbitan monooleate
Carboxymethylcellulose sodium
Sodium polyacrylate starch
PVA solution

- MAL number:

MAL09032037XR

Manufacturer

Teh Seng Pharmaceutical Mfg. Co., Ltd.
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Huan Gong Road, Yong Kang District,
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Product Registration Holder

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Date of Revision

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