

# BLOPRESS<sup>®</sup> Tablet

Candesartan Cilexetil (8mg and 16mg)

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## What Blopress is used for

Blopress is used to treat high blood pressure.

## How Blopress works

This belongs to a group of medicines called angiotensin II receptor antagonists. It works by making your blood vessels relax and widen. This helps to lower your blood pressure. It also makes it easier for your heart to pump blood to all parts of your body.

## Before you use Blopress

### - When you must not use it

- If you are pregnant
- If you are allergic to any component of Blopress
- you are treated with a blood pressure lowering medicine containing aliskiren.

### - Before you start to use it

Before you take Blopress, tell your doctor if you:

- you are pregnant or planning to get pregnant
- you have kidney problem
- you have liver problem

### - Taking other medicines

Tell your doctor or pharmacist if you are using, have recently used or might

use any other medicines. Blopress can affect the way some other medicines work and some medicines can have an effect on Blopress. If you are using certain medicines, your doctor may need to do blood tests from time to time.

In particular, tell your doctor if you are using any of the following medicines:

- Other medicines to help lower your blood pressure
- Non-steroidal anti-inflammatory drugs (NSAIDs) (medicines to relieve pain and inflammation).
- Potassium supplements or salt substitutes containing potassium (medicines that increase the amount of potassium in your blood).
- Lithium (a medicine for mental health problems).

## How to use Blopress

### - How much to use

- Starting dose of 4mg once daily. The dosage should be increased according to response until 16mg once daily. The maximum antihypertensive effect is attained within 4 weeks of initiation treatment.
- Use in elderly, no dosage adjustment is necessary in patient up to 75 years old. For patient who is 75 years and above, an initial dose of 2mg is recommended. The dose may be adjusted according to response.
- Use in children, the safety and efficacy have not been established in children.
- No dosage adjustment is necessary in patients with mild renal impairment. In the patients with moderate to severe renal

impairment, an initial dose of 2mg once daily is recommended. The dose may be adjusted according to response.

- An initial dose of 2mg once daily is recommended in patients with mild to moderate hepatic impairment. The dose may be adjusted according to response. There is no experience in patients with severe hepatic impairment. Blopress may be administered with other antihypertensive agents.

### - When to use it

Taken daily with or without food.

### - How long to use it

Take Blopress exactly as your doctor tells you to take it.

### - If you forget to use it

Do not take a double dose to make up for a forgotten tablet. Just take the next dose as normal.

### - If you use too much (overdose)

You may experience low blood pressure. You should be placed supine with legs elevated. If this is not sufficient, plasma volume should be increased, for example taking isotonic saline or sympathomimetic drugs.

## While you are using it

### - Things you must do

Talk to your doctor if you think the effect of Blopress is too strong or too weak, or your blood pressure is not stable.

### - Things you must not do

If you stop taking Blopress, your blood pressure may increase again.

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Therefore do not stop taking Blopess without first talking to your doctor.

- Things to be careful of

Tell your doctor if you are going to have an operation. Blopess combined with some anaesthetics, may lower your blood pressure.

**Side effects**

Like all medicines, Blopess can cause side effects, although not everybody will experience them. If you experience any of these effects, or if you get any other unusual or unexpected symptoms, talk to your doctor.

The common side effects may include:

- Lung infection
- Dizziness/ vertigo
- Headache

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website [npra.gov.my](http://npra.gov.my) [Consumers🔗]

Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

**Storage and Disposal of Blopess**

- Storage

Store below 30°C.

Keep Blopess out of the reach of children.

- Disposal

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment

**Product Description**

- What it looks like

Blopess Tablet 8mg is pale pink tablet with score line on both sides.

Blopess Tablet 16mg is light pink tablet with one convex side and one scored flat side, embossing 16 on convex side.

- Ingredients

- Active ingredient(s)

Candesartan cilexetil

- Inactive ingredients

Maize starch, lactose monohydrate, polyethylene glycol,

Hydroxypropyl cellulose, iron oxide red, water purified, magnesium stearate, calcium

carboxymethylcellulose

- MAL number:

MAL22036007ACZ (8mg)

MAL22036008ACZ (16mg)

**Manufacturer**

Delpharm Novara S.r.l .

Via Crosa, 86, 28065, Cerano (NO) Italy

**Product Registration Holder**

DKSH MALAYSIA SDN. BHD.

B-11-01, The Ascent, Paradigm, No. 1, Jalan SS7/26A, Kelana Jaya, 47301 Petaling Jaya, Selangor, Malaysia.

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